

PERSONALIZED PSALMS
150 DECLARATIONS OF FAITH

BOOK ONE

1. I am blessed
2. I am anointed
3. I have victory in the face of defeat
4. You hear my prayer for deliverance
5. You hear my cry
6. You show mercy in my weakness
7. You are a righteous judge
8. You give me dominion
9. I rejoice in Your salvation
10. You execute justice in my behalf
11. You are my righteousness
12. Your words preserve me
13. You deal bountifully with me
14. You reverse my captivity
15. I have access to Your holy hill
16. I have an eternal inheritance
17. You hide me under Your wings
18. You light my lamp in darkness
19. Your works and words are my meditations
20. I will fulfill my purpose
21. You give me my heart's desire
22. I will declare Your Name in affliction
23. You are my shepherd
24. You are the King of Glory
25. You teach me Your paths
26. My foot stands in an even place
27. I will trust in You and not be afraid
28. You answer my prayers
29. Your voice is powerful in my behalf
30. My foes will not rejoice over me
31. I will not be ashamed
32. My sin is forgiven
33. I am Your chosen inheritance
34. You deliver me from my fears
35. You will vindicate me
36. I drink from the river of Your pleasures
37. I delight myself in an abundance of peace
38. You make haste to help me

39. My hope is in You
40. I delight to do Your will
41. You sustain me in illness

BOOK TWO

42. Your song is with me in the night
43. Your light and truth lead me
44. You redeem me in mercy
45. I will declare Your name to all generations
46. You are my refuge and strength
47. You subdue nations under my feet
48. You are my guide to death
49. You redeem my soul from the power of the grave
50. You deliver me in trouble
51. You wash me whiter than snow
52. I am planted in Your house
53. My enemies are ashamed
54. You are my helper
55. You will sustain me
56. I trust You when I am afraid
57. My heart is steadfast
58. The arrows of the enemy are broken
59. I will sing of Your power
60. I will do valiantly through You
61. I will abide in Your tabernacle forever
62. I shall not be moved
63. My soul shall be satisfied
64. You make my enemy stumble
65. You crown my year with goodness
66. You have heard me
67. Your face shines upon me
68. You bring me into prosperity
69. Your salvation sets me on high
70. You are my help and deliverer
71. You will not cast me off in old age
72. You have dominion from sea to sea

BOOK THREE

73. You guide me with Your counsel
74. I am part of the redeemed
75. My horn shall be exalted

76. You deliver the oppressed
77. You are a great God
78. You have chosen me
79. I will show Your praise to all generations
80. I shall be saved
81. You feed me and I am satisfied
82. You are a just judge
83. You are Most High over all the earth
84. You withhold no good thing from me
85. My land will yield its increase
86. You are abundant in mercy
87. All my springs are in You
88. My prayer comes before You daily
89. I walk in the light of Your countenance

BOOK FOUR:

90. You establish the work of my hands
91. I abide in the shadow of Your presence
92. I flourish in Your courts
93. Your testimonies are sure
94. Your comforts delight my soul
95. I will shout joyfully with psalms
96. I will declare Your glory among the nations
97. You preserve my soul
98. I will sing a new song
99. You are the God who forgives
100. I will serve You with gladness
101. I will walk within my house with a perfect heart
102. You will not despise my prayer
103. Your mercy is from everlasting to everlasting
104. You send springs in the valley
105. I will remember Your marvelous works
106. I will triumph in Your praise

BOOK FIVE

107. You send Your Word and heal me
108. I will do valiantly through You
109. My accusers are clothed with shame
110. You rule in the midst of Your enemies
111. You remember Your covenant
112. I will never be shaken

113. You lift me out of the ash heap
114. You turn flint into fountains
115. I will bless You forevermore
116. You have loosed my bonds
117. Your truth endures forever
118. I shall not die, but live
119. Your Word has given me life
120. You deliver me from a deceitful tongue
121. My help comes from You
122. I am glad to go to Your house
123. My eyes look to You
124. My help is in Your name
125. I cannot be moved
126. I shall reap in joy
127. You build my house
128. I will eat the labor of my hands
129. You have cut the cords of the wicked
130. You redeem me from all my iniquities
131. I have a calm and quiet soul
132. I will worship at Your footstool
133. I dwell with Your people in unity
134. I lift up my hands and bless You
135. Your name endures forever
136. Your mercy endures forever
137. I will not sing in a foreign land
138. You will perfect that which concerns me
139. I cannot flee from Your presence
140. You cover my head in the day of battle
141. You will not leave my soul destitute
142. You know my path
143. You will revive me
144. You train my hands for battle
145. You uphold me when I fall
146. I am happy because I have you
147. You heal my broken heart
148. You have established me forever
149. You beautify me with salvation
150. I will praise You Lord!

BOOK ONE

Psalm 1-41

I Am Blessed

Psalm 1

- 1 I am blessed because I do not walk in the counsel of the ungodly, nor loiter in the path of sinners, nor sit in the seat of the scornful;
- 2 My delight is in Your law, O Lord, and in Your law I will meditate day and night.
- 3 I am like a tree planted by the rivers of water, that brings forth its fruit at the proper season; my leaf also shall not wither; and whatever I do shall prosper.
- 4 The ungodly are not so, but are like the chaff--dead and without substance--which the wind drives away.
- 5 Therefore the ungodly shall not stand when judgment comes, nor sinners in the congregation of the righteous.
- 6 For Lord, You know my way, but the way of the ungodly shall perish.

I Am Anointed

Psalm 2

- 1 Why do the nations rage, and evil people plot in vain?
- 2 The kings of the earth set themselves, and the rulers conspire together, against You, O Lord and against Your Anointed One saying,
- 3 "Let us break their bonds in pieces and cast away their restraining cords from us."
- 4 You who sit in the heavens shall laugh at their threats; O Lord, You shall mock at them.
- 5 You shall speak to them in Your wrath, and distress them in Your deep displeasure:
- 6 "Truly, it is I who have established My King on My holy hill of Zion."
- 7 Lord, You have said to me, "You are My Child, today I have become your Father."
- 8 You tell me, "Ask and I will give You the nations for Your inheritance, and the ends of the earth for Your possession.
- 9 You shall break them with a rod of iron; You shall dash them to pieces like a potter's vessel."
- 10 Now hear this decree and, be wise, O kings; be instructed, you judges of the earth:
- 11 "Serve the Lord with fear, and rejoice with trembling awe.
- 12 Kiss the Son--pay homage to Him--lest He be angry, and you perish in the way, when His wrath is kindled suddenly." I am blessed because I have put my trust and found refuge in You, O God.

I Have Victory In The Face Of Defeat
Psalm 3

1 Lord, my enemies have increased and trouble me! Many are rising up against me.
2 Many say of me, “There is no help for him in God.” Selah. (I will pause and meditate on this.)
3 But You, O Lord, are a shield for me, my glory and the One who lifts up my head.
4 I cried to You, Lord, with my voice, and You heard me from Your holy hill. Selah. (I will pause and meditate on this.)
5 I lay down and slept; I awoke, for You sustained me.
6 I will not be afraid of ten thousand people who have arrayed themselves against me all around.
7 Arise, O Lord; save me, O my God! For You have struck all my enemies on the cheekbone; You have shut their mouths!
8 Salvation belongs to You, Lord, and Your blessing is upon me. Selah. (I will pause and meditate on this.)

You Hear My Prayer For Deliverance
Psalm 4

1 Hear me when I call, O God of my righteousness! In times past, You have relieved me in my distress; once again, have mercy on me, and hear my prayer.
2 How long, O you sons of men, will you turn my glory to shame? How long will you love foolish and false things? Selah. (I will pause and meditate on this.)
3 Lord, I know that You have set me apart for Yourself; You will hear when I call You.
4 Even when I am angry, I will not sin. I will meditate within my heart on my bed, and be still. Selah. (I will pause and meditate on this.)
5 I will offer the sacrifices of righteousness, and put my trust in You, O Lord.
6 There are many who say, “Who will show us any good?” Lord, prove them wrong by lifting up the light of Your countenance upon me.
7 You have put joy and gladness in my heart, more than in the season when grain and wine increase.
8 I will both lie down in peace, and sleep; for You alone, O Lord, make me dwell in safety.

You Hear My Cry
Psalm 5

1 Listen to my words, O Lord, consider my meditation.
2 Hear the voice of my cry, my King and my God, for to You I will pray.
3 My voice You shall hear in the morning, O Lord; in the morning I will direct it to You, and I will look up and wait for You to speak to my heart.
4 For You are not a God who takes pleasure in wickedness, nor shall evil dwell with You.
5 The boastful shall not stand in Your sight; You hate all workers of iniquity.

- 6 You shall destroy those who speak lies; You abhor the bloodthirsty and deceitful man--murderers and frauds.
- 7 But as for me, I will come into Your house in the multitude of Your mercy; in reverential fear I will worship toward Your holy temple.
- 8 Lead me, O Lord, in Your righteousness because of my enemies; make Your way straight before my face.
- 9 For there is no sincerity in their mouth; their motive is destruction; their mouth is an open tomb; they flatter with their tongue.
- 10 Declare them guilty, O God! Let them fall by their own counsel; cast them out in the multitude of their transgressions, for they have rebelled against You.
- 11 But I will rejoice because I have put my trust in You; I will shout for joy, because You defend me; I am joyful in You because I love Your name.
- 12 For You, O Lord, will bless me with favor; You will surround me as with a shield.

You Show Mercy In My Weakness
Psalm 6

- 1 O Lord, do not rebuke me in Your anger, nor chasten me in Your hot displeasure.
- 2 Have mercy on me, O Lord, for I am weak; O Lord, heal me, for my bones are troubled.
- 3 My inner self as well as my outward body is also greatly troubled; O Lord--how long?
- 4 Return, O Lord, deliver me! Oh, save me for Your mercies' sake!
- 5 For in death there is no remembrance of You; in the grave who will give You thanks?
- 6 I am weary with my groaning; all night I soak my pillow and drench my bed with my tears.
- 7 My eye grows dim because of grief; it grows old because of all my enemies.
- 8 Depart from me, all you workers of iniquity; for the Lord has heard the voice of my weeping.
- 9 The Lord has heard my supplication; the Lord will receive my prayer.
- 10 Let all my enemies be ashamed and greatly troubled; let them turn back and be put to shame suddenly.

You Are A Righteous Judge
Psalm 7

- 1 O Lord my God, in You I put my trust; save me from all those who persecute me; and deliver me,
- 2 Lest they attack me like a lion, tearing me in pieces with their mouths, while there is none to deliver.
- 3 O Lord my God, if I have sinned: if there is iniquity in my hands,
- 4 If I have repaid evil to him who was at peace with me, or have robbed my enemy without cause,
- 5 Let the enemy pursue me and overtake me; yes, let him trample my life to the earth, and lay my honor in the dust. Selah. (I will pause and meditate on this.)
- 6 Arise, O Lord, in Your anger; lift Yourself up against the rage of my enemies; rise up for

me in the judgment You have commanded!
7 So the congregation of the peoples shall surround You; for their sakes, therefore, return on high to rule over them.
8 You will judge the peoples; judge me, O Lord, according to my righteousness, and according to my integrity within me.
9 Oh, let the wickedness of the wicked come to an end, but establish me; for Your righteousness tests my heart and mind.
10 My defense is in You, O God, who saves the upright in heart.
11 You are a just judge and are angry with the wicked every day.
12 If he does not turn back, You will sharpen Your sword; You bend Your bow and make it ready.
13 You also prepare deadly weapons; You make Your arrows into fiery shafts.
14 Yes, the wicked births iniquity; he conceives trouble and brings forth falsehood.
15 He made a pit and dug it out, and has fallen into his own trap.
16 His trouble shall return upon his own head, and his violent dealing shall come down on his own crown.
17 I will praise You, O Lord, according to Your righteousness, and will sing praise to Your name, O Lord Most High.

You Give Me Dominion
Psalm 8

1 O Lord, our Lord, how excellent is Your name in all the earth, who sets Your glory above the heavens!
2 Out of the mouth of babes and nursing infants You have ordained strength, because of Your enemies, that You may silence the enemy and the avenger.
3 When I consider Your heavens, the work of Your fingers, the moon and the stars, which You have ordained,
4 What am I that You are mindful of me and that You care for me?
5 You have crowned me with glory and honor.
6 You have given me dominion over the works of Your hands; You have put all things under my feet,
7 All sheep and oxen--even the beasts of the field,
8 The birds of the air, and the fish of the sea that pass through the paths of the seas.
9 O Lord, our Lord, how excellent is Your name in all the earth!

I Rejoice In Your Salvation
Psalm 9

1 I will praise You, O Lord, with my whole heart; I will tell of all Your marvelous works.
2 I will be glad and rejoice in You; I will sing praise to Your name, O Most High.
3 When my enemies turn back, they shall fall and perish at Your presence.
4 For You have maintained my right and my cause; You sat on the throne judging in

righteousness.
5 You have rebuked the nations, You have destroyed the wicked; You have blotted out their name forever and ever.
6 The enemy has been cut off forever! And You have destroyed their cities; even their memory has perished.
7 O Lord, You shall endure forever; You have prepared Your throne for judgment.
8 You shall judge the world in righteousness and administer judgment for the people in uprightness.
9 Lord, You will also be a refuge for the oppressed in times of trouble.
10 And those who know Your name will put their trust in You; for You, Lord, have not forsaken those who seek You.
11 I will sing praises to You, O Lord who dwells in Zion! I will declare Your deeds among the people.
12 When You avenge injustice, You remember us; You do not forget the cry of the humble.
13 Have mercy on me, O Lord! Consider my trouble from those who hate me, You who lift me up from the gates of death,
14 That I may tell of Your praise in the gates of the daughter of Zion. I will rejoice in Your salvation.
15 The nations have sunk down in the pit which they made; in the net which they hid, their own foot is caught.
16 Lord, You are known by the judgment You execute; the wicked is snared in the work of his own hands. Selah. (I will pause and meditate on this.)
17 The wicked shall be turned into hell, and all the nations that forget You, O God.
18 For the needy shall not always be forgotten; the expectation of the poor shall not perish forever.
19 Arise, O Lord, do not let man prevail; let the nations be judged in Your sight.
20 Put them in fear, O Lord, that the nations may know themselves to be but men. Selah. (I will pause and meditate on this.)

You Execute Justice In My Behalf
Psalm 10

1 Why do You stand afar off, O Lord? Why do You hide Yourself in times of trouble when I need You most?
2 The wicked in his pride persecutes me; let them be caught in the plots which they have devised.
3 For the wicked boasts of his heart's desire; he blesses the greedy and renounces You, O Lord.
4 The wicked in his proud countenance does not seek You; You are in none of his thoughts.
5 His ways are always prospering; but Your judgments are far above, out of his sight; as for all his enemies, he sneers at them.
6 He has said in his heart, "I shall not be moved; I shall never be in adversity."
7 His mouth is full of cursing and deceit and oppression; under his tongue is trouble and

iniquity.
8 He sits in the lurking places of the villages; in the secret places he murders the innocent;
his eyes are secretly fixed on the helpless.
9 He lies in wait secretly, as a lion in his den; he lies in wait to catch me and draw me into
his net.
10 So he crouches, he lies low to try to make me fall by his strength.
11 He has said in his heart, "God has forgotten; He hides His face; He will never see."
12 Arise, O Lord! O God, lift up Your hand! Do not forget me.
13 Why does the wicked man renounce You, God? He has said in his heart, "You will not
require an account."
14 But You have seen, for You observe trouble and grief, to repay it by Your hand. I am
helpless--but I commit myself to You; You are my helper.
15 Break the strength of the wicked and the evil man; seek out his wickedness until You find
none.
16 Lord, You are King forever and ever; the nations will perish out of Your land.
17 Lord, You have heard my desire; You will prepare and strengthen my heart; You will
hear,
18 To do justice on my behalf, that men of the earth may oppress me no more.

You Are My Righteousness
Psalm 11

1 In, You O Lord, I put my trust; even though men say to my soul, "Flee as a bird to your
mountain."
2 The wicked bend their bow, they make ready their arrow on the string, that they may
shoot secretly at me.
3 If the foundations are destroyed, what can I do?
4 You, Oh Lord, are in Your holy temple, Your throne is in heaven; Your eyes behold,
Your eyelids test me.
5 Lord, You test me because I am righteous, but the wicked and the one who loves
violence, Your soul hates.
6 Upon the wicked You will rain burning snares, coals, fire, brimstone and scorching wind.
7 For Lord, You are righteous, You love righteousness and the upright.

Your Words Preserve Me
Psalm 12

1 Help, Lord, for principled, godly men cease! For the faithful disappear from among the
sons of men.
2 They speak idly everyone with his neighbor; with flattering lips and deceit they speak.
3 Lord, cut off all flattering lips, and the tongue that speaks proud things,
4 Who have said, "With our tongue we will prevail; our lips are our own; who is Lord over

us?"

- 5 Lord, You have declared: "For the oppression of the poor, for the sighing of the needy, now I will arise; I will set him in the safety and salvation for which he yearns."
6 Your words, Lord, are pure words, like silver tried in a furnace of earth, purified seven times.
7 You shall keep Your word, O Lord, You shall preserve me from this generation forever.
8 The wicked prowled on every side when vileness is exalted among the sons of men.

You Deal Bountifully With Me Psalm 13

- 1 How long, O Lord? Will You forget me forever? How long will You hide Your face from me?
2 How long shall I take counsel in my soul, having sorrow in my heart daily? How long will my enemy be exalted over me?
3 Consider and hear me, O Lord my God; Enlighten my eyes, lest I sleep the sleep of death;
4 Lest my enemy say, "I have prevailed against him"; lest those who trouble me rejoice when I am moved.
5 But I have trusted in Your mercy; my heart shall rejoice in Your salvation.
6 I will sing to You, Lord, because You have dealt bountifully with me.

You Reverse My Captivity Psalm 14

- 1 The fool has said in his heart, "There is no God" and they deny Your existence by the way they live. They are corrupt, they have done abominable works, there is none who does good.
2 Lord, You look down from heaven upon the children of men, to see if there are any who understand, who seek You, requiring You as a vital necessity.
3 They have all turned aside, they have together become corrupt; there is none who does good, no, not one.
4 Have all the workers of iniquity no knowledge, who eat up Your people as they eat bread, and do not call upon You, O Lord?
5 They are in great fear, for You are with the righteous.
6 Evil doers try to shame me, but You are my refuge.
7 My salvation comes out of Zion! Lord, You will reverse my captivity and I will rejoice and be glad.

I Have Access To Your Holy Hill Psalm 15

- 1 Lord, who may dwell temporarily in Your tabernacle? Who may dwell permanently in Your holy hill?

2 He who walks uprightly, works righteousness, and speaks the truth in his heart;
3 He who does not slander with his tongue, nor does evil to his neighbor, nor takes up a reproach against his friend;
4 In whose eyes a vile person is despised and who honors those who fear You, Lord; he who swears to his own hurt and does not change;
5 He who does not put out his money for interest to one of his own people and he who does not take a bribe against the innocent. He who does these things shall never be moved.

So I boldly declare...

- I will walk uprightly
- I will work righteousness
- I will speak the truth in my heart;
- I will not slander with my tongue, do evil to my neighbor, or take up a reproach against my friend;
- I will despise a vile person and honor those who fear the Lord.
- If I swear to my own hurt, I will not change.
- I will not lend money for interest to one of my own people, nor take a bribe against the innocent.

Therefore...

- I will abide in Your tabernacle
- I will dwell in Your holy hill
- I will never be moved.

I Have An Eternal Inheritance Psalm 16

1 Preserve me, O God, for in You I put my trust.
2 I will say of the Lord, "You are my Lord, my goodness is nothing apart from You."
3 As for the godly who are on the earth, they are the excellent ones, in whom is God's delight.
4 Sorrows shall be multiplied to those who hasten after another god; their drink offerings of blood I will not offer, nor take up their names on my lips.
5 O Lord, You are the portion of my inheritance and my cup; You maintain my lot.
6 The lines have fallen to me in pleasant places; yes, I have a good inheritance.
7 I will bless You, Lord, because You have given me counsel; my heart also instructs me in the night seasons.
8 I have set You always before me, O Lord; because You are at my right hand I shall not be moved.
9 Therefore my heart is glad, and my glory rejoices; my flesh also will rest in hope.
10 For You will not leave my soul in Sheol (the place of the dead), nor will You allow Your Holy One to see corruption.

11 You will show me the path of life; in Your presence is fullness of joy; at Your right hand are pleasures forevermore.

You Hide Me Under Your Wings
Psalm 17

1 Hear a just cause, O Lord, attend to my cry; give ear to my prayer which is not from deceitful lips.
2 Let my vindication come from Your presence; let Your eyes look on the things that are upright.
3 You have tested my heart; You have visited me in the night; You have tried me and have found nothing; I have purposed that my mouth shall not transgress.
4 Concerning the works of men, by the word of Your lips, I have kept away from the paths of the destroyer.
5 Uphold my steps in Your paths, that my footsteps may not slip.
6 I have called upon You, for You will hear me, O God; incline Your ear to me, and hear my speech.
7 Show Your marvelous loving kindness by Your right hand. O Lord, You save those who trust in You from those who rise up against them.
8 Keep me as the apple of Your eye; hide me under the shadow of Your wings,
9 From the wicked who oppress me, from my deadly enemies who surround me.
10 They are enclosed in their own prosperity and have shut up their hearts to pity; with their mouths they make exorbitant claims and proudly and arrogantly speak.
11 They track me down. Each step I take they surround me; they set their eyes to cast me to the ground.
12 They are like a lion, eager to tear his prey, and like a young lion lurking in secret places.
13 Arise, O Lord, confront them, cast them down; deliver my life from the wicked with Your sword.
14 Deliver me from men of the world who have their portion in this life, who are filled with Your treasures yet they are satisfied with children, and leave their possession for their babes.
15 As for me, contentment is not in wealth, but in seeing and knowing You. I shall be satisfied when I awake in Your likeness.

You Light My Lamp In Darkness
Psalm 18

1 I love You, O Lord, my strength.
2 You are my rock and my fortress and my deliverer; my God, my strength, in whom I will trust; my shield and the horn of my salvation, my stronghold.
3 I will call upon You Lord, because You are worthy to be praised; and You will saved me from my enemies.
4 The pangs of death surrounded me, and the floods of ungodliness made me afraid.

5 The sorrows of Sheol (the place of the dead) surrounded me; the snares of death confronted me.

6 In my distress I called upon You, Lord; I cried out to You God; You heard my voice from Your temple, and my cry came before You, even to Your ears.

7 Then the earth shook and trembled; the foundations of the hills also quaked and were shaken, because You were angry.

8 Smoke went up from Your nostrils, and devouring fire from Your mouth; coals were kindled by it.

9 You bowed the heavens also, and came down with darkness under Your feet.

10 You rode upon a cherub, and flew; You flew upon the wings of the wind.

11 You made darkness Your secret place; Your canopy around was dark waters and thick clouds of the skies.

12 The brightness of Your presence made thick clouds pass with hailstones and coals of fire.

13 You also thundered from heaven and uttered Your voice, Most High, with hailstones and coals of fire.

14 You sent out Your arrows and lightning in abundance and scattered the foe and vanquished them.

15 Then the channels of the sea were seen, the foundations of the world were uncovered at Your rebuke, O Lord, at the blast of the breath of Your nostrils.

16 You sent from above, You took me; You drew me out of many waters.

17 You delivered me from my strong enemy, from those who hated me, for they were too strong for me.

18 They confronted me in the day of my calamity, but Lord, You were my support.

19 You also brought me out into a broad place of peace and liberty; You delivered me because You delighted in me.

20 Lord, You rewarded me according to my righteousness; according to the cleanness of my hands You recompensed me.

21 For I have kept Your ways, Oh Lord, and have not wickedly departed from You.

22 For all Your judgments were before me, and I did not put away Your statutes.

23 I was also blameless before You, and I kept myself from iniquity.

24 Therefore, Lord, You have recompensed me according to my righteousness, according to the cleanness of my hands in Your sight.

25 With the merciful You will show Yourself merciful; with a blameless man You will show Yourself blameless;

26 With the pure You will show Yourself pure; and with the devious You will show Yourself shrewd.

27 For You will save the humble, but will bring down the haughty.

28 For You will light my lamp; O Lord my God, You will enlighten my darkness.

29 For by You I can run against a troop. By You, O God, I can leap over a wall.

30 As for You, O God, Your way is perfect; Your Word is proven; You are a shield to all who trust in You.

31 For who is God, except You, O Lord? And who is a rock, except You, O God?

32 It is You, O God, who arms me with strength, and makes my way perfect.

33 You make my feet like the feet of deer, and set me on my high places.
34 You teach my hands to make war, so that my arms can bend a bow of bronze.
35 You have also given me the shield of Your salvation; Your right hand has held me up,
Your discipline has made me great.
36 You enlarged my path under me; so my feet did not slip.
37 I have pursued my enemies and overtaken them and didn't turn back again till they were
destroyed.
38 I wounded them so that they could not rise; they have fallen under my feet.
39 For You have armed me with strength for the battle; You have subdued under me those
who rose up against me.
40 You have also given me the necks of my enemies, so that I conquered those who hated
me.
41 They cried out to You, but there was none to save; You did not answer them.
42 They became as the dust before the wind, scattered like the dust.
43 You have delivered me from the striving of the people; You have made me a victor over
the nations; a people I have not known shall serve me.
44 As soon as they hear of me, they obey; foreigners submit to me.
45 The foreigners fade away, and come frightened from their hideouts.
46 You live, O Lord! Blessed be my Rock! O God of my salvation, be exalted!
47 It is You, O God, who avenges me, and subdues people under me.
48 You deliver me from my enemies. You also lift me up above those who rise against me;
You have delivered me from the violent man.
49 Therefore I will give thanks to You, O Lord, among the nations, and sing praises to Your
name.
50 You give me great deliverance and show mercy to my descendants forevermore.

Your Works And Words Are My Meditations
Psalm 19

1 The heavens declare Your glory, O God; and the firmament shows Your handiwork.
2 Day unto day they speak, and night unto night they reveal knowledge.
3 There is no speech nor language where their voice is not heard.
4 Their range goes through all the earth, and their words to the end of the world. In the
midst of them You have set a tabernacle for the sun,
5 Which is like a bridegroom coming out of his chamber, rejoicing like a strong man to run
its race.
6 Its rising is from one end of heaven, and its circuit to the other end; and there is nothing
hidden from its heat.
7 Your law, O Lord is perfect, converting the soul; Your testimony, O Lord is sure, making
wise the simple;
8 Your statutes are right, rejoicing the heart; Your commandment is pure, enlightening the
eyes;
9 The fear of You, O Lord, is pure, enduring forever; Your judgments are true and

- righteous altogether.
- 10 More to be desired are they than gold, than much fine gold; sweeter also than honey and the honeycomb.
- 11 By them I am warned, and in keeping them there is great reward.
- 12 Who can understand his errors? Cleanse me from secret faults.
- 13 Keep me from presumptuous sins; let them not have dominion over me. Then I shall be blameless, and I shall be innocent of great transgression.
- 14 Let the words of my mouth and the meditation of my heart be acceptable in Your sight, O Lord, my strength and my Redeemer.

I Will Fulfill My Purpose
Psalm 20

- 1 O Lord, You will answer me in the day of trouble; Your name will defend me;
- 2 You will send help from the sanctuary, and strengthen me out of Zion;
- 3 You will remember my offerings, and accept my sacrifice. Selah. (I will pause and meditate on this.)
- 4 You will grant me my heart's desire; I will fulfill all my purpose.
- 5 I will rejoice in my salvation, and in Your name, Oh God, I will set up my banners! O Lord, You will fulfill all my petitions.
- 6 I know that You will save me; You answer me from Your holy heaven with the saving strength of Your right hand.
- 7 Some trust in chariots, and some in horses; but I will remember Your name, O Lord my God.
- 8 They have collapsed and fallen; but I have risen and stand upright.
- 9 You will save me, Lord! You will answer me when I call.

You Give Me My Heart's Desire
Psalm 21

- 1 I joy in Your strength, O Lord; and in Your salvation--how greatly I will rejoice!
- 2 You have given me my heart's desire, and have not withheld the request of my lips. Selah. (I will pause and meditate on this.)
- 3 For You meet me with the blessings of goodness; You set a crown of pure gold upon my head.
- 4 I asked life from You, and You gave it to me--length of days forever and ever.
- 5 My glory is great in Your salvation; the honor and majesty You have placed upon me.
- 6 For You have made me most blessed forever; You have made me exceedingly glad with Your presence.
- 7 For I trust in You, Lord, and through Your mercy I shall not be moved.
- 8 Your hand will find all Your enemies; Your right hand will find those who hate You.
- 9 You shall make them as a fiery oven in the time of Your anger; You will swallow them up in wrath, and the fire shall devour them.

- 10 You will destroy their offspring from the earth, and their descendants from among the sons of men.
11 For they intended evil against You; they devised a plot which they are not able to perform.
12 Therefore You will make them turn back; You will make ready Your arrows on Your string toward them.
13 Be exalted, O Lord, in Your own strength! I will sing and praise Your power.

I Will Declare Your Name In Affliction
Psalm 22

- 1 My God, My God, why have You forsaken Me? Why are You so far from helping Me, and from the words of My groaning?
2 O My God, I cry in the daytime, but You do not hear; and in the night season, and am not silent.
3 But You are holy, enthroned in the praises of Israel.
4 Our fathers trusted in You and You delivered them.
5 They cried to You, and were delivered; they trusted in You, and were not ashamed.
6 But I feel like a worm, a reproach to men, and despised of the people.
7 All those who see me ridicule me; they mock me, they shake their heads, saying,
8 “He trusted in the Lord, let Him rescue him; let Him deliver him, since he delights in Him!”
9 But You are He who took me out of the womb; You made me trust while on my mother’s breasts.
10 I was cast upon You from birth. From my mother’s womb You have been my God.
11 Be not far from me, for trouble is near; for there is none to help.
12 I am surrounded by enemies as strong as giant bulls.
13 They gape at me with their mouths, like a raging and roaring lion.
14 I am poured out like water, and all my bones are out of joint; my heart is like wax and it has melted within me.
15 My strength is dried up like a fragment of clay pottery, and my tongue clings to my jaws; You have brought me to the dust of death.
16 Like a pack of wild dogs, they have surrounded me; the congregation of the wicked has enclosed me. They pierced my hands and my feet;
17 I can count all my bones. They look and stare at me.
18 I am stripped spiritually, as when they divided Your garments and cast lots for Your clothing.
19 O Lord, do not be far from Me; O My Strength, hasten to help Me!
20 Deliver me from the sword, my precious life from the power of the vicious beast.
21 Save me from the lion’s mouth and from the horns of the wild oxen! You have answered me.
22 I will declare Your name to my brethren; in the midst of the assembly I will praise You.
23 You who fear the Lord, praise Him! All you descendants of Jacob, glorify Him, and fear

Him, all you offspring of Israel!
24 For Lord, You have not despised nor abhorred the affliction of the afflicted; nor have You hidden Your face from him; but when he cried to You, You heard.
25 My praise shall be of You in the great assembly; I will pay my vows before those who fear You.
26 The poor shall eat and be satisfied; those who seek You will praise You, Lord. Let my heart live forever!
27 All the ends of the world shall remember and turn to You, Lord, and all the families of the nations shall worship before You.
28 For the kingdom is Yours, Lord, and You rule over the nations.
29 All the mighty ones upon the earth shall eat and worship; all those who go down to the dust shall bow before You, even he who cannot keep himself alive.
30 My offspring shall serve You, Lord, and it will be recounted to the next generation,
31 They will declare Your righteousness to a people who will be born. You, O Lord, have done this.

You Are My Shepherd
Psalm 23

1 Lord, You are my shepherd; I shall not want.
2 You make me to lie down in green pastures; You lead me beside the still waters.
3 You restore my soul; You lead me in the paths of righteousness for Your name's sake.
4 Yea, though I walk through the valley of the shadow of death, I will fear no evil; for You are with me; Your rod and Your staff, they comfort me.
5 You prepare a table before me in the presence of my enemies; You anoint my head with oil; my cup runs over.
6 Surely Your goodness and mercy shall follow me all the days of my life; and I will dwell in Your house forever.

You Are The King Of Glory
Psalm 24

1 The earth is Yours, O Lord, and all its fullness, the world and those who dwell therein.
2 For You have founded it upon the seas, and established it upon the waters.
3 Who may ascend into Your hill, O Lord? Or who may stand in Your holy place?
4 He who has clean hands and a pure heart, who has not lifted up his soul to an idol, nor sworn deceitfully.
5 He shall receive blessing and righteousness from, You, O God of salvation.
6 I am of the generation of those who seek Your face. Selah. (I will pause and meditate on this.)
7 Lift up your heads, O you gates! And be lifted up, you everlasting doors! And the King of glory shall come in.
8 Who is this King of glory? The Lord strong and mighty, the Lord mighty in battle.

- 9 Lift up your heads, O you gates! Lift up, you everlasting doors! And the King of glory shall come in.
- 10 Who is this King of glory? You, O Lord of hosts; You are the King of glory. Selah. (I will pause and meditate on this.)

You Teach Me Your Paths
Psalm 25

- 1 To You, O Lord, I lift up my soul.
- 2 O my God, I trust in You; let me not be ashamed; let not my enemies triumph over me.
- 3 Indeed, let no one who waits on You be ashamed; let those be ashamed who deal treacherously without cause.
- 4 Show me Your ways, O Lord; teach me Your paths.
- 5 Lead me in Your truth and teach me, for You are the God of my salvation; on You I wait all the day.
- 6 Remember, O Lord, Your tender mercies and Your loving kindness, for they are from of old.
- 7 Do not remember the sins of my youth, nor my transgressions; according to Your mercy remember me, for Your goodness' sake, O Lord.
- 8 Lord, You are good and upright; therefore You teach sinners in the way.
- 9 The humble You guide in justice and teach Your way.
- 10 All Your paths are mercy and truth, to such as keep Your covenant and Your testimonies.
- 11 For Your name's sake, O Lord, pardon my iniquity, for it is great.
- 12 Who is the man that fears You, Lord? You shall teach Him in the way You choose.
- 13 He himself shall dwell in prosperity, and his descendants shall inherit the earth.
- 14 Your secret, O Lord, is with those who fear You, and You will show them Your covenant.
- 15 My eyes are ever toward You, Lord, for You shall pluck my feet out of the net.
- 16 Lord, turn to me, and have mercy on me, for I am desolate and afflicted.
- 17 The troubles of my heart have enlarged; bring me out of my distresses!
- 18 Look on my affliction and my pain, and forgive all my sins.
- 19 Consider my enemies, for they are many; and they hate me with cruel hatred.
- 20 Keep my soul, and deliver me; let me not be ashamed, for I put my trust in You.
- 21 Let integrity and uprightness preserve me, for I wait for You.
- 22 Redeem me, O God, out of all my troubles!

My Foot Stands In An Even Place
Psalm 26

- 1 Vindicate me, O Lord, for I have walked in my integrity. I have also trusted in You; I shall not slip.
- 2 Examine me, O Lord, and prove me; try my mind and my heart.
- 3 For Your loving kindness is before my eyes, and I have walked in Your truth.

4 I have not sat with idolatrous mortals, nor will I go in with hypocrites.
5 I have hated the assembly of evildoers, and will not sit with the wicked.
6 I will wash my hands in innocence; so I will go about Your altar, O Lord,
7 That I may proclaim with the voice of thanksgiving, and tell of all Your wondrous works.
8 Lord, I have loved the habitation of Your house, and the place where Your glory dwells.
9 Do not let my soul share the fate of sinners, nor my life with bloodthirsty men,
10 In whose hands is a sinister scheme, and whose right hand is full of bribes.
11 But as for me, I will walk in my integrity; redeem me and be merciful to me.
12 My foot stands on sure ground. Where Your people gather, there I will bless You, O Lord.

I Will Trust In You And Not Be Afraid
Psalm 27

1 Lord, You are my light and my salvation; whom shall I fear? You are the strength of my life; of whom shall I be afraid?
2 When the wicked came against me with malicious slander, my enemies and foes, they stumbled and fell.
3 Though an army may encamp against me, my heart shall not fear; though war should rise against me, in this I will be confident.
4 One thing I have desired of You, O Lord, that will I seek: that I may dwell in Your house all the days of my life, to behold Your beauty, and to inquire in Your temple.
5 For in the time of trouble You shall hide me in Your pavilion; in the secret place of Your tabernacle You shall hide me; You shall set me high upon a rock.
6 And now my head shall be lifted up above my enemies all around me; therefore I will offer sacrifices of joy in Your tabernacle; I will sing praises to You, O Lord.
7 Hear, O Lord, when I cry with my voice! Have mercy also upon me, and answer me.
8 When You said, "Seek My face," my heart said, "Your face, Lord, I will seek."
9 Do not hide Your face from me; do not turn Your servant away in anger; You have been my help; do not leave me nor forsake me, O God of my salvation.
10 When my father and my mother forsake me, then You, O Lord, will take care of me.
11 Teach me Your way, O Lord, and lead me in a smooth path, because of my enemies.
12 Do not deliver me to the will of my adversaries; for false witnesses have risen against me, and such as breathe out violence.
13 I would have lost heart, unless I had believed that I would see Your goodness to me once again in this present life.
14 I will wait on You, Lord; I will be of good courage, and You shall strengthen my heart; I will wait, I say, on You, Lord!

You Answer My Prayers
Psalm 28

- 1 To You I will cry, O Lord my Rock: do not be silent to me, lest, if You are silent to me, I become like those who go down to the pit.
- 2 Hear the voice of my supplications when I cry to You, when I lift up my hands toward Your holy sanctuary.
- 3 Do not take me away with the wicked and with the workers of iniquity, who speak peace to their neighbors, but evil is in their hearts.
- 4 Give to them according to their deeds, and according to the wickedness of their endeavors; give them according to the work of their hands; render to them what they deserve.
- 5 Because they do not regard Your works, nor the operation of Your hands, You shall destroy them and not build them up.
- 6 I bless You, O Lord, because You have heard the voice of my supplications!
- 7 Lord, You are my strength and my shield; my heart trusted in You, and I am helped; therefore my heart greatly rejoices, and with my song I will praise You.
- 8 You are my strength and my saving refuge.
- 9 Save Me, Lord; bless Your inheritance; shepherd me also, and bear me up forever.

Your Voice Is Powerful In My Behalf
Psalm 29

- 1 I will give You glory and strength, O Lord.
- 2 I will give unto You the glory due to Your name; I will worship You in the beauty of holiness.
- 3 Your voice is over the waters; Your voice thunders in glory; You are over many waters.
- 4 Your voice is powerful and full of majesty.
- 5 Your voice breaks the cedars, Lord, it splinters the cedars of Lebanon.
- 6 You make them also skip like a calf, Lebanon and Sirion like a young wild ox.
- 7 Your voice divides the flames of fire.
- 8 Your voice shakes the wilderness; Your voice shakes the Wilderness of Kadesh.
- 9 Your voice makes the deer give birth, and strips the forests bare; and in Your temple everyone says, "Glory!"
- 10 Lord, You sat enthroned at the flood and You sit as King forever.
- 11 You will give strength to me and bless me with peace.

My Foes Will Not Rejoice Over Me
Psalm 30

- 1 I will extol You, O Lord, for You have lifted me up, and have not let my foes rejoice over me.
- 2 O Lord my God, I cried to You, and You healed me.

3 O Lord, You brought my soul up from the grave; You have kept me alive, that I should not go down to the pit.
4 I will sing praise to You, Lord, and give thanks at the remembrance of Your holy name.
5 For Your anger is but for a moment, Your favor is for life; weeping may endure for a night, coming as a guest temporarily; but joy comes in the morning to stay.
6 In my prosperity I said, "I shall never be moved."
7 Lord, by Your favor You have made my mountain stand strong; You hid Your face, and I was troubled.
8 I cried out to You, O Lord, and made supplication:
9 "What profit is there in my blood, when I go down to the pit? Will the dust praise You? Will it declare Your truth?
10 Hear, O Lord, and have mercy on me; Lord, be my helper!"
11 You have turned my mourning into dancing; You have put off my sackcloth and clothed me with gladness,
12 To the end that my soul may sing praise to You and not be silent. O Lord my God, I will give thanks to You forever.

I Will Not Be Ashamed
Psalm 31

1 In You, O Lord, I put my trust; let me never be ashamed; deliver me in Your righteousness.
2 Bow down Your ear to me, deliver me speedily; be my rock of refuge, a fortress of defense to save me.
3 For You are my rock and my fortress; therefore, for Your name's sake, lead me and guide me.
4 Pull me out of the net which they have secretly laid for me, for You are my strength.
5 Into Your hand I commit my spirit; You have redeemed me, O Lord God of truth.
6 I have hated those who regard useless idols; but I trust in You, Lord.
7 I will be glad and rejoice in Your mercy, for You have considered my trouble; You have known my soul in adversities,
8 You have not shut me up into the hand of the enemy; You have set my feet in a wide place.
9 Have mercy on me, O Lord, for I am in trouble; my eye wastes away with grief, yes, my soul and my body!
10 For my life is spent with grief, and my years with sighing; my strength fails because of my iniquity, and my bones waste away.
11 I am a reproach among all my enemies, but especially among my neighbors, and am repulsive to my acquaintances; those who see me outside flee from me.
12 I am forgotten like a dead man, out of mind; I am like a broken vessel.
13 For I hear the slander of many; fear is on every side; while they take counsel together against me, they scheme to take away my life.
14 But as for me, I trust in You, O Lord; I say, "You are my God."

- 15 My times are in Your hand; deliver me from the hand of my enemies, and from those who persecute me.
- 16 Make Your face shine upon Your servant; save me for Your mercies' sake.
- 17 Do not let me be ashamed, O Lord, for I have called upon You; let the wicked be ashamed; let them be silent in the grave.
- 18 Let the lying lips be put to silence, which speak insolent things proudly and contemptuously against the righteous.
- 19 Oh, how great is Your goodness, which You have laid up for those who fear You, which You have prepared for those who trust in You in the presence of the sons of men!
- 20 You shall hide me in the secret place of Your presence from the plots of man; You shall keep me secretly in a pavilion from the strife of tongues.
- 21 I bless You, Lord, for You have shown me Your marvelous kindness by protecting me like the walls of a strong city!
- 22 For I said in my haste, "I am cut off from before Your eyes"; nevertheless You heard the voice of my supplications when I cried out to You.
- 23 Oh, Lord, I love You! You preserve the faithful, and fully repay the proud.
- 24 I take courage! You strengthen my heart because I hope in You.

My Sin Is Forgiven
Psalm 32

- 1 I am blessed because my transgression is forgiven, my sin is covered.
- 2 I am blessed because You do not impute iniquity to me and there is no deceit in my spirit.
- 3 When I kept silent about my sin, my bones grew old through my groaning all the day long.
- 4 For day and night Your hand was heavy upon me; my vitality was turned into the drought of summer. Selah. (I will pause and meditate on this.)
- 5 I acknowledged my sin to You, and my iniquity I have not hidden. I said, "I will confess my transgressions to the Lord," and You forgave the iniquity of my sin. Selah. (I will pause and meditate on this.)
- 6 For this cause everyone who is godly shall pray to You in a time when You may be found; surely in a flood of great waters it shall not come near him.
- 7 You are my hiding place; You shall preserve me from trouble; You shall surround me with songs of deliverance. Selah. (I will pause and meditate on this.)
- 8 You have promised: "I will instruct you and teach you in the way you should go; I will guide you with My eye. "
- 9 I will not be like the horse or like the mule, which have no understanding and must be harnessed with bit and bridle, else they will not come with You.
- 10 Many sorrows shall be to the wicked; but because I trust in You, O Lord, mercy shall surround me.
- 11 I am glad and rejoice in You, O Lord; I shout for joy because my sin is forgiven and I am upright in heart!

I Am Your Chosen Inheritance
Psalm 33

1 I will rejoice in You, O Lord, because praise from the upright is beautiful.
2 I will praise You with the harp and make melody to You with an instrument of ten strings.
3 I will sing to You a new song and play skillfully with a shout of joy.
4 For Your word is right, and all Your work is done in truth.
5 You love righteousness and justice; the earth is full of Your goodness, O Lord.
6 By Your word the heavens were made, and all the host of them by the breath of Your mouth.
7 You gather the waters of the sea together as a heap; You lay up the deep in storehouses.
8 I fear You, O Lord; I stand in awe of You.
9 For You spoke, and it was done; You commanded, and it stood fast.
10 Lord, You bring the counsel of the nations to nothing; You make peoples' plans of no effect.
11 Your counsel, O Lord, stands forever, the plans of Your heart to all generations.
12 I am blessed because You are my God and I have been chosen as Your inheritance.
13 You look from heaven and see me.
14 From the place of Your dwelling You look on all the inhabitants of the earth;
15 You fashion my heart individually; You consider all my works.
16 I am not saved by the multitude of an army or delivered by great might or strength.
17 A horse is a vain hope for safety; neither shall it deliver by its great strength.
18 Behold, Your eyes, O Lord, are upon me because I fear You and hope in Your mercy,
19 To deliver my soul from death, and to keep me alive in famine.
20 My soul waits for You, O Lord; You are my help and shield.
21 My heart shall rejoice in You, because I have trusted in Your holy name.
22 Let Your mercy, O Lord, be upon me, just as I hope in You.

You Deliver Me From My Fears
Psalm 34

1 I will bless You at all times, Lord; Your praise shall continually be in my mouth.
2 My soul shall make its boast in You, Lord; the humble shall hear of it and be glad.
3 I will magnify You and exalt Your name.
4 I sought You and You heard me, and delivered me from all my fears.
5 I looked to You and was radiant, and I was not ashamed.
6 This poor man cried out, and You heard me, Lord, and saved me out of all my troubles.
7 Your angel encamps around me and delivers me because I fear You.
8 I have tasted and seen that You are good, Lord; I am blessed because I trust in You!
9 I fear You, Lord, and there is no want to those who fear You.
10 The young lions lack and suffer hunger; but because I seek You I will not lack any good thing.

11 Come, children, listen to me; I will teach you the fear of the Lord.
12 Who is the man who desires life, and loves many days, that he may see good?
13 Keep your tongue from evil, and your lips from speaking deceit.
14 Depart from evil and do good; seek peace and pursue it.
15 Your eyes are on me, O Lord, and Your ears are open to my cry.
16 Your face is against those who do evil, to cut off the remembrance of them from the earth.
17 But I cry out to You, Lord, and You hear and deliver me out of all my troubles.
18 You are near to me when my heart is broken, You save me because my spirit is contrite.
19 Even though I am righteous, I have afflictions, but You deliver me out of them all.
20 You guard all my bones; not one of them is broken.
21 Evil shall slay the wicked, and those who hate the righteous shall be condemned.
22 Lord, You redeem my soul and because I trust in You, I shall not be condemned.

You Will Vindicate Me **Psalm 35**

1 Plead my cause, O Lord, with those who strive with me; fight against those who fight against me.
2 Take hold of shield and buckler, and stand up for my help.
3 Also draw out the spear, and stop those who pursue me. Say to my soul, "I am your salvation."
4 Let those be put to shame and brought to dishonor who seek after my life; let those be turned back and brought to confusion who plot my hurt.
5 Let them be like chaff before the wind, and let Your angels chase them.
6 Let their way be dark and slippery, and let Your angels pursue them.
7 For without cause they have hidden their net for me in a pit, which they have dug for me.
8 Let destruction come upon him unexpectedly, and let the net that he has hidden catch himself; into that destruction let him fall.
9 My soul shall be joyful in You, O Lord; it shall rejoice in Your salvation.
10 All my bones shall say, "Lord, who is like You, delivering the poor from him who is too strong for him, yes, the poor and the needy from him who plunders him?"
11 Fierce witnesses rise up; they ask me things that I do not know.
12 They reward me evil for good, to the sorrow of my soul.
13 But as for me, when they were sick, my clothing was sackcloth; I humbled myself with fasting; and I prayed with a bowed head.
14 I behaved as though he were my friend or brother; I bowed down heavily, as one who mourns for his mother.
15 But in my adversity they rejoiced and gathered together; attackers gathered against me, and I did not know it; they tore at me and did not cease;
16 With ungodly mockers at feasts they devoured me with their mouths.
17 Lord, how long will You look on? Rescue me from their destructions, my precious life from those who attack like lions.

18 I will give You thanks in the great assembly; I will praise You among many people.
19 Let them not rejoice over me who are wrongfully my enemies; nor let them wink who hate me without a cause.
20 For they do not speak peace, but they devise deceitful matters against those who are quiet in the land.
21 They also open their mouth wide against me, and say, "Aha, aha! Our eyes have seen it."
22 This You have seen, O Lord; do not keep silence. O Lord, do not be far from me.
23 Stir Yourself and awake to my vindication, to my cause, my God and my Lord.
24 Vindicate me, O Lord my God, according to Your righteousness; and let them not rejoice over me.
25 Let them not say in their hearts, "Ah, so we would have it!" Let them not say, "We have swallowed him up."
26 Let them be ashamed and brought to mutual confusion who rejoice at my hurt; let them be clothed with shame and dishonor who exalt themselves against me.
27 Let them shout for joy and be glad, who favor my righteous cause; and let them say continually, "Let the Lord be magnified, who has pleasure in the prosperity of His servant."
28 And my tongue shall speak of Your righteousness and Your praise all the day long.

I Drink From The River Of Your Pleasures
Psalm 36

1 An oracle within my heart concerning the transgression of the wicked: There is no fear of You, O God, before his eyes.
2 For he flatters himself in his own eyes in his iniquity and hatred.
3 The words of his mouth are wickedness and deceit; he has ceased to be wise and to do good.
4 He devises wickedness on his bed; he sets himself in a way that is not good; he does not abhor evil.
5 Your mercy, O Lord, is in the heavens; Your faithfulness reaches to the clouds.
6 Your righteousness is like the great mountains; Your judgments are deep; O Lord, You preserve man and beast.
7 How precious You are, O God! Therefore I put my trust under the shadow of Your wings.
8 I am abundantly satisfied with the fullness of Your house, and You give me drink from the river of Your pleasures.
9 For with You is the fountain of life; in Your light I see light.
10 Oh, continue Your loving kindness to those who know You, and Your righteousness to the upright in heart.
11 Let not the foot of pride come against me, and let not the hand of the wicked drive me away.
12 There the workers of iniquity have fallen; they have been cast down and are not able to rise.

I Delight Myself In An Abundance Of Peace
Psalm 37

- 1 I will not fret because of evildoers, nor be envious of the workers of iniquity.
- 2 For they shall soon be cut down like the grass, and wither as the green herb.
- 3 I will trust in You, Lord, and do good; I will dwell in the land, and feed on Your faithfulness.
- 4 I will delight myself also in You and You will give me the desires of my heart.
- 5 I commit my way to You, Lord, I trust also in You, and I know You will bring it to pass.
- 6 You will bring forth my righteousness as the light, and my justice as the noonday.
- 7 I will rest in You, Lord, and wait patiently for You; I will not fret because of him who prospers in his way, because of the man who brings wicked schemes to pass.
- 8 I will cease from anger, and forsake wrath; I will not fret--because it only causes harm.
- 9 For evildoers shall be cut off; but if I wait on You, Lord, I shall inherit the earth.
- 10 For yet a little while and the wicked shall be no more; indeed, I will look carefully for his place, but it shall be no more.
- 11 You have promised that if I am meek, I will inherit the earth, and delight myself in the abundance of peace.
- 12 The wicked plot against me and speak against me.
- 13 Lord, You laugh at him, for You see that his day is coming.
- 14 The wicked have drawn the sword and have bent their bow, to cast me down, to slay me because of my upright conduct.
- 15 Their sword shall enter their own heart, and their bows shall be broken.
- 16 A little that a righteous man has is better than the riches of many wicked.
- 17 For the arms of the wicked shall be broken, but You uphold me.
- 18 Lord, You know my days, and my inheritance shall be forever.
- 19 I will not be ashamed in evil times and in the days of famine I will be satisfied.
- 20 But the wicked shall perish; and Your enemies, O Lord, like the splendor of the meadows, shall vanish away into smoke.
- 21 The wicked borrows and does not repay, but I will show mercy and give.
- 22 Because I am blessed by You, I shall inherit the earth; but those cursed by You shall be cut off.
- 23 You order my steps, O Lord, and You delight in my way.
- 24 Though I fall, I shall not be utterly cast down; for You uphold me with Your hand.
- 25 I have been young, and now I am old; yet I have not seen the righteous forsaken, nor his descendants begging bread.
- 26 Because I am merciful and give to the poor, even my descendants are blessed.
- 27 Because I depart from evil and do good, I will dwell securely forever.
- 28 Lord, You love justice, and will not forsake me; I am preserved forever, but the descendants of the wicked shall be cut off.
- 29 I will inherit the land, and dwell in it forever.
- 30 My mouth speaks wisdom, and my tongue talks of justice.
- 31 Your law, O God, is in my heart; none of my steps shall slide.

32 The wicked watch me and seek to slay me.
33 Lord, You will not leave me in his hand, nor condemn me when I am judged.
34 I will wait on You, Lord, and keep Your way, and You shall exalt me to inherit the land;
when the wicked are cut off, I shall see it.
35 I have seen the wicked in great power, and spreading himself like a native green tree.
36 Yet he passed away, and behold, he was no more; indeed I sought him, but he could not
be found.
37 Mark the blameless man, and observe the upright; for the future of that man is peace.
38 But transgressors shall be destroyed together; the future of the wicked shall be cut off.
39 But my salvation is from You, O Lord; You are my strength in the time of trouble.
40 Lord, You shall help me and deliver me; You shall deliver me from the wicked, and save
me, because I trust in You.

You Make Haste To Help Me
Psalm 38

1 O Lord, do not rebuke me in Your wrath, nor chasten me in Your hot displeasure!
2 For Your arrows pierce me deeply, and Your hand presses me down.
3 There is no soundness in my flesh because of Your anger, nor any health in my bones
because of my sin.
4 For my iniquities have gone over my head; like a heavy burden they are too heavy for me.
5 My wounds are foul and festering because of my foolishness.
6 I am troubled, I am bowed down greatly; I go mourning all the day long.
7 For my loins are full of inflammation, and there is no soundness in my flesh.
8 I am feeble and severely broken; I groan because of the turmoil of my heart.
9 Lord, all my desire is before You; and my sighing is not hidden from You.
10 My heart pants, my strength fails me; as for the light of my eyes, it also has gone from
me.
11 My loved ones and my friends stand aloof from my plague, and my relatives stand afar
off.
12 Those who seek my life lay snares for me; those who seek my hurt speak of destruction,
and plan deception all the day long.
13 But I, like a deaf man, do not hear; and I am like a mute who does not open his mouth.
14 Thus I am like a man who does not hear, and in whose mouth is no response.
15 For in You, O Lord, I hope; You will hear, O Lord my God.
16 For I said, "Hear me, lest they rejoice over me, lest, when my foot slips, they exalt
themselves against me."
17 For I am ready to fall, and my sorrow is continually before me.
18 For I will declare my iniquity; I will be in anguish over my sin.
19 But my enemies are vigorous, and they are strong; and those who hate me wrongfully
have multiplied.
20 Those also who render evil for good, they are my adversaries, because I follow what is
good.

- 21 Do not forsake me, O Lord; O my God, be not far from me!
22 Make haste to help me, O Lord, my salvation!

My Hope Is In You
Psalm 39

- 1 I said, "I will guard my ways, lest I sin with my tongue; I will restrain my mouth with a muzzle, while the wicked are before me."
2 I was mute with silence, I held my peace even from good; and my sorrow was stirred up.
3 My heart was hot within me; while I was musing, the fire burned. Then I spoke with my tongue:
4 "Lord, make me to know my end, and what is the measure of my days, that I may know how frail I am.
5 Indeed, You have made my days as handbreadths, and my age is as nothing before You; certainly every man at his best state is but vapor. Selah. (I will pause and meditate on this.)
6 Surely every man walks about like a shadow; surely they busy themselves in vain; he heaps up riches, and does not know who will gather them.
7 And now, Lord, what do I wait for? My hope is in You.
8 Deliver me from all my transgressions; do not make me the reproach of the foolish.
9 I was mute, I did not open my mouth, because it was You who did it.
10 Remove Your plague from me; I am consumed by the blow of Your hand.
11 When with rebukes You correct man for iniquity, You make his beauty melt away like a moth; surely every man is vapor. Selah. (I will pause and meditate on this.)
12 Hear my prayer, O Lord, and give ear to my cry; do not be silent at my tears; for I am a strange and a sojourner, as all my fathers were.
13 Turn Your gaze from me, that I may regain strength, before I go away and am no more."

I Delight To Do Your Will
Psalm 40

- 1 I waited patiently for You, Lord; and You inclined to me, and heard my cry.
2 You also brought me up out of a horrible pit, out of the miry clay, and set my feet upon a rock, and established my steps.
3 You have put a new song of praise in my mouth, O God; many will see it and fear, and will trust in You.
4 I am blessed because I have made You my trust and I do not respect the proud, nor such as turn aside to lies.
5 Many, O Lord my God, are Your wonderful works which You have done; and Your thoughts toward me cannot be recounted; if I would declare and speak of them, they are more than can be numbered.
6 Sacrifice and offering You did not desire; You have opened my ears; burnt offering and sin offering You did not require.

7 Then I said, "Behold, I come; in the scroll of the book it is written.
8 I delight to do Your will, O my God, and Your law is within my heart."
9 I have proclaimed the good news of righteousness in the great assembly; indeed, I do not
restrain my lips. O Lord, You, Yourself, know.
10 I have not hidden Your righteousness within my heart; I have declared Your faithfulness
and Your salvation; I have not concealed Your loving kindness and Your truth from the
great assembly.
11 Do not withhold Your tender mercies from me, O Lord; let Your loving kindness and
Your truth continually preserve me.
12 For innumerable evils have surrounded me; my iniquities have overtaken me, so that I am
not able to look up; they are more than the hairs of my head; therefore my heart fails me.
13 Be pleased, O Lord, to deliver me; O Lord, make haste to help me!
14 Let them be ashamed and brought to mutual confusion who seek to destroy my life; let
them be driven backward and brought to dishonor who wish me evil.
15 Let them be confounded because of their shame, who say to me, "Aha, aha!"
16 Let all those who seek You rejoice and be glad in You; let such as love Your salvation
say continually, "The Lord be magnified!"
17 I am poor and needy; yet You think upon me. You are my help and my deliverer; do not
delay, O my God.

You Sustain Me In Illness
Psalm 41

1 I am blessed! Because I have considered the poor; You, O Lord, will deliver me in time
of trouble.
2 You will preserve me and keep me alive, and I will be blessed on the earth; You will not
deliver me to the will of my enemies.
3 O Lord, You, will strengthen me on the bed of illness; You will sustain me on my
sickbed.
4 I said, "Lord, be merciful to me; heal my soul, for I have sinned against You."
5 My enemies speak evil of me: "When will he die, and his name perish?"
6 And if he comes to see me, he speaks lies; his heart gathers gossip; when he goes out, he
tells it.
7 All who hate me whisper together against me; against me they devise my hurt.
8 "An evil disease," they say, "clings to him. And now that he lies down, he will rise up no
more."
9 Even my own familiar friend in whom I trusted, who ate my bread, has lifted up his heel
against me.
10 O Lord, be merciful to me, and raise me up, that I may repay them.
11 By this I know that You are well pleased with me, because my enemy does not triumph
over me.
12 As for me, You uphold me in my integrity, and set me before Your face forever.
13 Blessed are You, O Lord God of Israel from everlasting to everlasting! Amen and Amen.

BOOK TWO
Psalms 42-72

Your Song Is With Me In The Night
Psalm 42

- 1 As the deer pants for the water brooks, so my soul pants for You, O God.
- 2 My soul thirsts for You, O living God. When shall I come and appear before You?
- 3 My tears have been my food day and night, while they continually say to me, “Where is your God?”
- 4 When I remember these things, I pour out my soul within me. For I used to go with the multitude; I went with them to Your house, O God, with the voice of joy and praise, with a multitude that kept a feast.
- 5 Why are you cast down, O my soul? And why are you disquieted within me? Hope in God, for I shall yet praise Him for the help of His countenance.
- 6 O my God, my soul is cast down within me; therefore I will remember You from the land of the Jordan, and from the heights of Hermon, from the Mizar Hill.
- 7 Deep calls unto deep at the noise of Your waterfalls; all Your waves and billows have gone over me.
- 8 You will command Your loving kindness in the daytime, and in the night Your song shall be with me—Here is my prayer to You, the God of my life:
- 9 I will say to You, my Rock, “Why have You forgotten me? Why do I go mourning because of the oppression of the enemy?”
- 10 As with a breaking of my bones, my enemies reproach me, while they say to me all day long, “Where is your God?”
- 11 Why are you cast down, O my soul? And why are you disquieted within me? Hope in God; for I shall yet praise You, O Lord, for You are the help of my countenance and my God.

Your Light And Truth Lead Me
Psalm 43

- 1 Vindicate me, O God, and plead my cause against an ungodly nation; Oh, deliver me from the deceitful and unjust man!
- 2 For You are the God of my strength; why do You cast me off? Why do I go mourning because of the oppression of the enemy?
- 3 Oh, send out Your light and Your truth! Let them lead me; let them bring me to Your holy hill and to Your tabernacle.
- 4 Then I will go to Your altar, O God, my exceeding joy; and on the harp I will praise You.
- 5 Why are you cast down, O my soul? And why are you disquieted within me? I will hope in You, O God; I shall praise You, for You are the help of my countenance and my God.

You Redeem Me In Mercy
Psalm 44

- 1 We have heard with our ears, O God, our fathers have told us, the deeds You did in their days, in days of old:
- 2 You drove out the nations with Your hand, You planted them; You afflicted the enemy and cast them out.
- 3 For Your people did not gain possession of the land by their own sword, nor did their own arm save them; but it was Your right hand, Your arm, and the light of Your countenance, because You favored them.
- 4 You are my King, O God; command similar victories for me.
- 5 Through You I will push down my enemies; through Your name I will trample those who rise up against me.
- 6 For I will not trust in my bow, nor shall my sword save me.
- 7 But You have saved me from my enemies, and have put to shame those who hated me.
- 8 In You I will boast all day long, and praise Your name forever. Selah. (I will pause and meditate on this.)
- 9 Yet, at times I feel like You have cast me off, put me to shame, and no longer go out with me.
- 10 You make me turn back from the enemy, and those who hate me have taken spoil for themselves.
- 11 You have given me up like sheep intended for food, and have scattered me among the nations.
- 12 You sell Your people for next to nothing, and are not enriched by selling them.
- 13 You make me a reproach to my neighbors, a scorn and a derision to those all around me.
- 14 You make me a byword among the nations, a shaking of the head among the peoples.
- 15 My dishonor is continually before me, and the shame of my face has covered me,
- 16 Because of the voice of him who reproaches and reviles, because of the enemy and the avenger.
- 17 All this has come upon me; but I have not forgotten You, nor have I been disloyal to Your covenant.
- 18 My heart has not turned back, nor have my steps departed from Your way;
- 19 But You have severely broken me in a deserted place and covered me with the shadow of death.
- 20 If I have forgotten Your name or stretched out my hands to a foreign god,
- 21 Would not You search this out? For You know the secrets of the heart.
- 22 Yet for Your sake I am killed all day long; I am accounted as sheep for the slaughter.
- 23 Awake! Why do You sleep, O Lord? Arise! Do not cast me off forever.
- 24 Why do You hide Your face, and forget my affliction and my oppression?
- 25 For my soul is bowed down to the dust; my body clings to the ground.
- 26 Arise--help and redeem me for Your mercies' sake.

I Will Declare Your Name To All Generations
Psalm 45

1 My heart is overflowing with a good theme; I address my composition to You, my King; my tongue is the pen of a ready writer.
2 You are fairer than the sons of men; grace is poured upon Your lips; You are blessed forever.
3 Gird Your sword upon Your thigh, O Mighty One, with Your glory and Your majesty.
4 And in Your majesty ride prosperously because of truth, humility, and righteousness; and Your right hand shall teach awesome things.
5 Your arrows are sharp in the heart of my enemies; the people fall under You.
6 Your throne is forever and ever; a scepter of righteousness is the scepter of Your kingdom.
7 You love righteousness and hate wickedness; therefore You have been anointed with the oil of gladness more than Your companions.
8 All Your garments are scented with myrrh and aloes and cassia, out of the ivory palaces, by which You are glad.
9 Kings' daughters are among Your honorable women; at Your right hand stands the queen in gold from Ophir.
10 Listen, O daughter, consider and incline your ear; forget your own people also, and your father's house;
11 So the King will greatly desire your beauty; because He is your Lord, worship Him.
12 And the richest people will come with a gift; the rich among the people will seek your favor.
13 The royal daughter is all glorious within the palace; her clothing is woven with gold.
14 She shall be brought to You, Oh Lord, in robes of many colors; the virgins, her companions who follow her, shall be brought to You.
15 With gladness and rejoicing they shall be brought; they shall enter Your palace.
16 Standing in Your authority, Your sons and daughters will be rulers in all the earth.
17 I will make Your name remembered in all generations; therefore the people shall praise You forever and ever.

You Are My Refuge And Strength
Psalm 46

1 O God, You are my refuge and strength, a very present help in trouble.
2 Therefore I will not fear, even though the earth be removed, and though the mountains be carried into the midst of the sea;
3 Though its waters roar and be troubled, though the mountains shake with its swelling.
Selah. (I will pause and meditate on this.)
4 There is a river whose streams shall make glad Your city, O God, the holy place of Your

tabernacle, O Most High.
5 You are in the midst of her, she shall not be moved; You shall help her, just at the break of dawn.
6 The nations raged, the kingdoms were moved; You uttered Your voice, the earth melted.
7 You, Lord of hosts, are with me; O God of Jacob, You are my refuge. Selah. (I will pause and meditate on this.)
8 I will come and behold Your works, O Lord, even the desolations in the earth.
9 You make wars cease to the end of the earth; You break the bow and cut the spear in two; You burn the chariot in the fire.
10 You have commanded: “Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth!”
11 Lord of hosts, You are with me; God of Jacob, You are my refuge. Selah. (I will pause and meditate on this.)

You Subdue Nations Under My Feet
Psalm 47

1 I will clap my hands, I will shout to You, O God, with the voice of triumph!
2 For You, O Most High, are awesome; You are the great King over all the earth.
3 You will subdue the people under me, and the nations under my feet.
4 You will choose my inheritance for me. Selah. (I will pause and meditate on this.)
5 You have gone up with a shout, with the sound of a trumpet.
6 I will sing praises to You, God, I will sing praises! I will sing praises to You, O my King, I will sing praises!
7 For You are King of all the earth; I will sing praises with understanding.
8 You reign over the nations; You sit on Your holy throne.
9 The leaders of the people have gathered together; we are Your people, O God of Abraham. For the shields of the earth belong to You, O God, and You are greatly exalted.

You Are My Guide To Death
Psalm 48

1 You are great, O Lord, and greatly to be praised in Your holy city and in Your holy mountain.
2 Beautiful in elevation, the joy of the whole earth, is Mount Zion on the sides of the north, Your city, O great King.
3 You are in her palaces; You are known as her refuge.
4 For behold, the kings assembled, they passed by together.
5 They saw it, and so they marveled; they were troubled, they hastened away.
6 Fear took hold of them there, and pain, as of a woman in birth pangs,
7 As when You break the mighty war ships (of Tarshish) with an east wind.
8 As I have heard, so I have seen in Your city, O Lord of hosts, in the city of my God: You will establish it forever. Selah. (I will pause and meditate on this.)

9 O God, I have thought on Your loving kindness in the midst of Your temple.
10 According to Your name, O God, so is Your praise to the ends of the earth; Your right hand is full of righteousness.
11 Let Mount Zion rejoice, let the daughters of Judah be glad, because of Your judgments.
12 I will walk about Zion, and go all around her. I will count her towers;
13 I will mark well her bulwarks and consider her palaces; that I may tell it to the generation following.
14 For You are my God forever and ever; You will be my guide even to death.

You Redeem My Soul From The Power Of The Grave
Psalm 49

1 Hear this, all peoples; give ear, all inhabitants of the world,
2 Both low and high, rich and poor together.
3 My mouth shall speak wisdom, and the meditation of my heart shall give understanding.
4 I will incline my ear to a proverb; I will disclose my problem on the harp.
5 Why should I fear in the days of evil, when iniquity surrounds me?
6 Those who trust in their wealth and boast in the multitude of their riches,
7 None of them can by any means redeem his brother, nor give You, O God, a ransom for him—
8 For the redemption of their souls is costly, and the price they can pay will never suffice—
9 So that they should continue to live eternally, and not see the pit.
10 I see wise men die; likewise the fool and the senseless person perish, and leave their wealth to others.
11 Their inner thought is that their houses will last forever, their dwelling places to all generations; they call their lands after their own names.
12 Nevertheless man, though in honor, does not remain; he is like the beasts that perish.
13 This is the way of those who are foolishly confident, and of their posterity who approve their sayings. Selah. (I will pause and meditate on this.)
14 Like sheep they are laid in the grave; death shall feed on them; the upright shall have dominion over them in the morning; and their beauty shall be consumed in the grave, far from their dwelling.
15 But God, You will redeem my soul from the power of the grave, You shall receive me. Selah. (I will pause and meditate on this.)
16 I am not afraid when one becomes rich, when the glory of his house is increased;
17 For when he dies he shall carry nothing away; his glory shall not descend after him.
18 Though while he lives he is happy and prosperous.
19 He shall go to the generation of his fathers; they shall never see light.
20 A man who is in honor, yet does not understand, is like the beasts that perish.

You Deliver Me In Trouble
Psalm 50

- 1 O Mighty One, You have spoken and called throughout the earth from the rising of the sun to its going down.
- 2 Out of Zion, the perfection of beauty, You will shine forth.
- 3 My God, You shall come, and shall not keep silent; a fire shall devour before You, and it shall be very tempestuous all around You.
- 4 You shall call to the heavens from above, and to the earth, that You may judge Your people: You have commanded:
- 5 “Gather My saints together, those who have made a covenant with Me by sacrifice.”
- 6 Let the heavens declare Your righteousness, for You, O God, are Judge. Selah. (I will pause and meditate on this.) You declare to Your people:
- 7 “Hear, O My people, and I will speak, O Israel, and I will testify against you; I am God, your God!
- 8 I will not rebuke you for your sacrifices or your burnt offerings, which are continually before Me.
- 9 I will not take a bull from your house, nor goats out of your folds.
- 10 For every beast of the forest is Mine, and the cattle on a thousand hills.
- 11 I know all the birds of the mountains, and the wild beasts of the field are Mine.
- 12 If I were hungry, I would not tell you; for the world is Mine, and all its fullness.
- 13 Will I eat the flesh of bulls, or drink the blood of goats?
- 14 Offer to Me thanksgiving, and pay your vows to the Most High.
- 15 Call upon Me in the day of trouble; I will deliver you, and you shall glorify Me.”
- 16 But to the wicked You say: “What right have you to declare My statutes, or take My covenant on your lips,
- 17 Seeing you hate instruction and cast My words behind you, discarding them?
- 18 When you saw a thief, you consented with him, and were a partaker with adulterers.
- 19 You gave your mouth to evil, and your tongue framed deceit.
- 20 You sat and spoke against your brother; you slandered your own mother’s son.
- 21 These things you have done, and I kept silent; you thought that I was like you; but I will rebuke you, and set the charges in order before your eyes.
- 22 Now consider this, you who forget God, lest I send judgment, and there be none to deliver:
- 23 Whoever offers praise glorifies Me; and to him who orders his conduct aright I will show My salvation.”

You Wash Me Whiter Than Snow
Psalm 51

- 1 Have mercy upon me, O God, according to Your loving kindness; according to the multitude of Your tender mercies, blot out my transgressions.

2 Wash me thoroughly from my iniquity, and cleanse me from my sin.
3 For I acknowledge my transgressions, and my sin is always before me.
4 Against You, and You only, have I sinned, and done this evil in Your sight--that You may be found just when You speak, and blameless when You judge.
5 Behold, I was brought forth in iniquity, and in sin my mother conceived me.
6 Behold, You desire truth in the inner being, and in my innermost heart. You will make me to know wisdom.
7 Purge me with hyssop, and I shall be clean; wash me, and I shall be whiter than snow.
8 Make me to hear joy and gladness, that the bones You have broken may rejoice.
9 Hide Your face from my sins, and blot out all my iniquities.
10 Create in me a clean heart, O God, and renew a steadfast spirit within me.
11 Do not cast me away from Your presence, and do not take Your Holy Spirit from me.
12 Restore to me the joy of Your salvation, and uphold me by Your generous Spirit.
13 Then I will teach transgressors Your ways, and sinners shall be converted to You.
14 Deliver me from the guilt of my sin, O God, and my tongue shall sing aloud of Your righteousness.
15 O Lord, open my lips, and my mouth shall show forth Your praise.
16 For You do not desire sacrifice, or else I would give it; You do not delight in burnt offering.
17 The sacrifices of God are a broken spirit, a broken and a contrite heart--these, O God, You will not despise.
18 Do good to Zion in Your pleasure; rebuild the walls of Jerusalem.
19 Then You shall be pleased with the sacrifices of righteousness and burnt offerings.

I Am Planted In Your House
Psalm 52

1 Why do you boast in evil, O mighty man while the goodness of God endures continually?
2 Your tongue devises destruction, like a sharp razor, working deceitfully.
3 You love evil more than good, lying rather than speaking righteousness. Selah. (I will pause and meditate on this.)
4 You love devouring words and your deceitful tongue.
5 God shall likewise destroy you forever; He shall take you away, and pluck you out of your dwelling place, and uproot you from the land of the living. Selah. (I will pause and meditate on this.)
6 Men shall also see and fear, and shall laugh at you, saying,
7 "Here is the man who did not make God his strength, but trusted in the abundance of his riches, and strengthened himself in his wickedness."
8 But I am like a green olive tree planted in Your house, O God; I trust in Your mercy forever and ever.
9 I will praise You forever, because You have delivered and kept me safe; and in the presence of Your saints I wait expectantly on Your name, for it is good.

My Enemies Are Ashamed
Psalm 53

- 1 The fool has said in his heart, “There is no God.” They are corrupt, and have done abominable iniquity; there is none who does good.
- 2 Lord, You look down from heaven upon the children of men, to see if there are any who understand, who seek You.
- 3 Every one of them has turned aside; they have together become corrupt; there is none who does good, no, not one.
- 4 Have the workers of iniquity no knowledge, who eat up Your people as they eat bread, and do not call upon You, O God?
- 5 They are in great fear where no fear was, for You have scattered the bones of him who encamps against You; You have put my enemies to shame, because You have despised them.
- 6 Oh, that the salvation of Israel would come out of Zion! God, when You reverse the captivity of Your people, I will rejoice and be glad.

You Are My Helper
Psalm 54

- 1 Save me, O God, by Your name, and vindicate me by Your strength.
- 2 Hear my prayer, O God; give ear to the words of my mouth.
- 3 For strangers have risen up against me, and oppressors have sought after my life; they have not set You, O God, before them. Selah. (I will pause and meditate on this.)
- 4 Oh God, You are my helper; You are with those who uphold my life.
- 5 You will repay my enemies for their evil. Your truth will cut them off.
- 6 I will freely sacrifice to You; I will praise Your name, O Lord, for it is good.
- 7 For You have delivered me out of all trouble; and my eye has seen its desire upon my enemies.

You Will Sustain Me
Psalm 55

- 1 Give ear to my prayer, O God, and do not hide Yourself from my supplication.
- 2 Attend to me, and hear me; I am restless in my complaint, and moan noisily,
- 3 Because of the voice of the enemy, because of the oppression of the wicked; for they bring down trouble upon me, and in wrath they hate me.
- 4 My heart is severely pained within me, and the terrors of death have fallen upon me.
- 5 Fearfulness and trembling have come upon me, and horror has overwhelmed me.
- 6 So I said, “Oh, that I had wings like a dove! I would fly away and be at rest.”
- 7 Indeed, I would wander far off, and remain in the wilderness. Selah. (I will pause and meditate on this.)
- 8 I would hasten my escape from the windy storm and tempest.

9 Destroy, O Lord, and divide their tongues, for I have seen violence and strife in the city.
10 Day and night they go around on its walls; iniquity and trouble are also in the midst of
it.
11 Destruction is in its midst; oppression and deceit do not depart from its streets.
12 For it was not an enemy who reproached me; then I could bear it. Nor was it one who
hated me who exalted himself against me; then I could hide from him.
13 But it was my friend, my companion and my acquaintance.
14 We took sweet counsel together, and walked in the throng to Your House, O God.
15 Let death seize Your enemies, O God let them go down alive into the place of the dead,
for wickedness is in their dwellings and among them.
16 As for me, I will call upon You, O God, and You shall save me.
17 Evening and morning and at noon I will pray, and cry aloud, and You shall hear my voice.
18 You have redeemed my soul in peace from the battle that was against me, for there were
many against me.
19 God, You will hear and humble them, even You who abides from of old. Selah. (I will
pause and meditate on this.) Because they do not change, therefore they do not fear You.
20 My enemy has put forth his hands against those who were at peace with him; he has
broken his covenant.
21 The words of his mouth were smoother than butter, but war was in his heart; his words
were softer than oil, yet they were drawn swords.
22 But I will cast my burden on You, O Lord, and You shall sustain me; You shall never
permit me to be moved.
23 O God, You shall bring them down to the pit of destruction; Treacherous and deceitful
men shall not live out half their days; but I will trust in You.

I Trust You When I am Afraid
Psalm 56

1 Be merciful to me, O God, for man would swallow me up; fighting all day he oppresses
me.
2 My enemies would hound me all day, for there are many who fight against me, O Most
High.
3 Whenever I am afraid, I will trust in You.
4 God, I will praise Your word. In You I have put my trust; I will not fear. What can flesh
do to me?
5 All day they twist my words; all their thoughts are against me for evil.
6 They gather together, they hide, they mark my steps, when they lie in wait for my life.
7 Shall they escape by iniquity? In anger cast down these people, O God!
8 You number my wanderings; You put my tears into Your bottle; are they not in Your
book?
9 When I cry out to You, then my enemies will turn back; I know this, because You are for
me.
10 In You, O God (I praise Your word), in You, O Lord (I praise Your word),

11 In You I have put my trust; I will not be afraid. What can man do to me?
12 My vows made to You are binding upon me, O God; I will render praises to You,
13 For You have delivered my soul from death. You have kept my feet from falling, that
I may walk before You in the light of the living.

My Heart Is Steadfast
Psalm 57

1 Be merciful to me, O God, be merciful to me! For my soul trusts in You; and in the
shadow of Your wings I will make my refuge, until these calamities have passed by.
2 I will cry out to You, O Most High, who performs all things for me.
3 You shall send from heaven and save me; You reproach the one who would swallow me
up. You shall send forth Your mercy and truth.
4 My soul is among lions; I lie among the sons of men who are set on fire, whose teeth are
spears and arrows, and their tongue a sharp sword.
5 Be exalted, O God, above the heavens; let Your glory be above all the earth.
6 They have prepared a net for my steps; my soul is bowed down; they have dug a pit before
me; into the midst of it they themselves have fallen. Selah. (I will pause and meditate on
this.)
7 My heart is steadfast, O God, my heart is steadfast; I will sing and give praise.
8 Awake, my glory! Awake, lute and harp! I will awaken the dawn.
9 I will praise You, O Lord, among the peoples; I will sing to You among the nations.
10 For Your mercy reaches unto the heavens, and Your truth unto the clouds.
11 Be exalted, O God, above the heavens; let Your glory be above all the earth.

The Arrows Of The Enemy Are Broken
Psalm 58

1 Do you indeed speak righteousness, you silent ones? Do you judge uprightly, you sons of
men?
2 No, in your heart you work wickedness; you deal out the violence of your hands in the
earth.
3 The wicked are estranged from the womb; they go astray as soon as they are born,
speaking lies.
4 Their poison is like the poison of a serpent; they are like the deaf cobra that stops its ear,
5 Which will not heed the voice of charmers, charming ever so skillfully.
6 Break the power of their words, O God, as one would break out the fangs of the young
lions, O Lord!
7 Let them flow away as waters which run continually; when he bends his bow, let his
arrows be as if they were broken in pieces.
8 Let them be like a snail which melts away as it goes, like a stillborn child of a woman,
that they may not see the sun.
9 Before their pots can feel the burning thorns—before the fire is fueled—take them away as

- with a whirlwind.
- 10 The righteous shall rejoice when he sees vengeance upon the wicked; he shall wash his feet in the blood of the wicked,
- 11 So that men will say, "Surely there is a reward for the righteous; surely He is God who judges in the earth."

I Will Sing Of Your Power
Psalm 59

- 1 Deliver me from my enemies, O my God; defend me from those who rise up against me.
- 2 Deliver me from the workers of iniquity, and save me from bloodthirsty men.
- 3 For they lie in wait for my life; the mighty gather against me, not for my transgression nor for my sin, O Lord.
- 4 They run and prepare themselves through no fault of mine. Awake to help me, and behold!
- 5 You therefore, O Lord God of hosts, the God of Israel, awake to punish all the nations; do not be merciful to any wicked transgressors. Selah. (I will pause and meditate on this.)
- 6 At evening they return, they growl like a wild dog, and go all around the city.
- 7 Indeed, they belch with their mouth; swords are in their lips; for they say, "Who hears?"
- 8 But You, O Lord, shall laugh at them; You shall have all the nations in derision.
- 9 I will wait for You, O my Strength; for You are my defense;
- 10 You shall come to meet me; You shall let me see my desire on my enemies.
- 11 Do not slay them, lest my people forget; scatter them by Your power, and bring them down, O Lord my shield.
- 12 For the sin of their mouth and the words of their lips, let them even be taken in their pride for the cursing and lying which they speak.
- 13 Consume them in wrath, consume them, that they may not be; and let them know that God rules to the ends of the earth. Selah. (I will pause and meditate on this.)
- 14 At evening they return, they growl like a wild dog, and go all around the city.
- 15 They wander up and down for food, and howl if they are not satisfied.
- 16 But I will sing of Your power; yes, I will sing aloud of Your mercy in the morning; for You have been my defense and refuge in the day of my trouble.
- 17 To You, O my Strength, I will sing praises; for You are my defense, my God of mercy.

I Will Do Valiantly Through You
Psalm 60

- 1 O God, You have cast me off; You have broken me down; You have been displeased; Oh, restore me again!
- 2 You have made the earth tremble; You have broken it; heal its breaches, for it is shaking.
- 3 You have shown me hard things; You have made me drink the wine of confusion.
- 4 But You have given a banner to those who fear You, that it may be displayed because of the truth. Selah. (I will pause and meditate on this.)

5 That Your beloved ones may be delivered, save with Your right hand, and hear me.
6 God has spoken in His holiness: “I will rejoice; I will divide Shechem and measure out
the Valley of Succoth (west and east).
7 Gilead is Mine, and Manasseh is Mine; Ephraim also is the helmet for My head; Judah is
My lawgiver.
8 Moab is My washpot; over Edom I will cast My shoe; over Philistia, I will shout in
triumph because of Me.”
9 Who will bring me to the strong city? Who will lead me to Edom—a place of safety?
10 Is it not You, O God, who cast us off? Will not You, O God, who did not go out with our
armies?
11 Give me help from trouble, for the help of man is useless.
12 Through You I will do valiantly, for it is You who shall tread down my enemies.

I Will Abide In Your Tabernacle Forever
Psalm 61

1 Hear my cry, O God; attend to my prayer.
2 From the end of the earth I will cry to You, when my heart is overwhelmed; lead me to the
rock that is higher than I.
3 For You have been a shelter for me, a strong tower from the enemy.
4 I will abide in Your tabernacle forever; I will trust in the shelter of Your wings. Selah. (I
will pause and meditate on this.)
5 For You, O God, have heard my vows; You have given me the heritage of those who fear
Your name.
6 You will prolong my life, my years as many generations.
7 I shall abide before You forever. Oh, prepare mercy and truth, which may preserve me!
8 So I will sing praise to Your name forever, that I may daily perform my vows.

I Shall Not Be Moved
Psalm 62

1 Truly my soul silently waits for You, O God; from You comes my salvation.
2 You are my rock and my salvation; You are my defense; I shall not be greatly moved.
3 How long will evil attack a man? You shall be slain, all of you, like a leaning wall and a
tottering fence.
4 Evil men only consult the righteous to cast him down from his high position; they delight
in lies; they bless with their mouth, but they curse inwardly. Selah. (I will pause and
meditate on this.)
5 My soul waits silently for You alone, O God, for my expectation is from You.
6 You only are my rock and my salvation; You are my defense; I shall not be moved.
7 O God, You are my salvation and my glory; the rock of my strength, and my refuge.
8 I will trust in You at all times; I will pour out my heart before You; You are a refuge for
me. Selah. (I will pause and meditate on this.)

9 Surely men of low degree are a vapor, men of high degree are a lie; if they are weighed on the scales, they are altogether lighter than vapor.
10 I do not trust in oppression, nor vainly hope in robbery; if riches increase, I do not set my heart on them.
11 God, You have spoken once, twice I have heard this: that power belongs to You.
12 O Lord, mercy belongs to You; You render to each one according to his work.

My Soul Shall Be Satisfied
Psalm 63

1 O God, You are my God; early will I seek You; my soul thirsts for You; my flesh longs for You in a dry and thirsty land where there is no water.
2 So I have looked for You in the sanctuary, to see Your power and Your glory.
3 Because Your loving kindness is better than life, my lips shall praise You.
4 Thus I will bless You while I live; I will lift up my hands in Your name.
5 My soul shall be satisfied as with marrow and fatness, and my mouth shall praise You with joyful lips.
6 When I remember You on my bed, I meditate on You in the night watches.
7 Because You have been my help, therefore in the shadow of Your wings I will rejoice.
8 My soul follows close behind You; Your right hand upholds me.
9 But those who seek my life, to destroy it, shall go into the lower parts of the earth.
10 They shall fall by the sword; they shall be a prey for jackals.
11 I will rejoice in You, O God; everyone who acknowledges You shall glory; but the mouth of those who speak lies shall be stopped.

You Make The Enemy Stumble
Psalm 64

1 Hear my voice, O God, in my complaint; preserve my life from fear of the enemy.
2 Hide me from the secret plots of the wicked, from the rebellion of the workers of iniquity,
3 Who sharpen their tongue like a sword, and bend their bows to shoot their arrows--bitter words,
4 That they may shoot in secret at the blameless; suddenly they shoot at him and do not fear.
5 They encourage themselves in an evil matter; they talk of laying snares secretly; they say, "Who will see us?"
6 They devise iniquities and say: "We have perfected a shrewd scheme." Both the inward thought and the heart of man are deep.
7 But You will shoot at them with an arrow; suddenly they shall be wounded.
8 You will make them stumble over their own tongue; all who see them shall flee away.
9 All men shall fear, and shall declare Your works; for they shall wisely consider Your doing.
10 I will be glad in You and trust and glory in You, Lord.

You Crown My Year With Goodness
Psalm 65

1 Praise is awaiting You, O God, in Zion; and unto You I shall perform my vow.
2 O God who hears prayer, to You all flesh will come.
3 Iniquities prevail against me; yet You provide atonement for my transgressions.
4 Blessed is the man You choose, and cause to approach You, that he may dwell in Your courts. I will be satisfied with the goodness of Your house, of Your holy temple.
5 By awesome deeds in righteousness You will answer me, O God of my salvation, You who are the confidence of all the ends of the earth, and of the far-off seas;
6 Who established the mountains by Your strength, being clothed with power;
7 You who still the noise of the seas, the noise of their waves, and the tumult of the peoples.
8 They also who dwell in the farthest parts are afraid of Your signs; You make the birthing of the morning and evening rejoice.
9 You visit the earth and water it, You greatly enrich it; Your river is full of water; You provide grain, for so You have prepared it.
10 You water its ridges abundantly, You settle its furrows; You make it soft with showers, You bless its growth.
11 You crown the year with Your goodness, and Your paths drip with abundance.
12 Abundance drops on the pastures of the wilderness, and the little hills rejoice on every side.
13 The pastures are clothed with flocks; the valleys also are covered with grain; they shout for joy, they also sing.

You Have Heard Me
Psalm 66

1 I will shout joyfully to You, O God!
2 I will sing out the honor of Your name and make Your praise glorious.
3 I will say, "How awesome are Your works! Through the greatness of Your power Your enemies shall submit themselves to You.
4 All the earth shall worship You and sing praises to You; they shall sing praises to Your name." Selah. (I will pause and meditate on this.)
5 I will come and see Your works, O God; for You are awesome in Your works toward the sons of men.
6 You turned the sea into dry land; they went through the river on foot. There they rejoiced in You.
7 You rule by Your power forever; Your eyes observe the nations; do not let the rebellious exalt themselves. Selah. (I will pause and meditate on this.)
8 Oh, bless my God, you people, and make the voice of His praise be heard.
9 Who keeps my soul among the living, and does not allow my feet to be moved.
10 For You, O God, have tested me; You have refined me as silver is refined.
11 You brought me into the net; You laid affliction on my back.

12 You caused men to ride over my head; I went through fire and through water; but
You brought me out to rich fulfillment.
13 I will go into Your house with my offerings; I will pay my vows to You,
14 Which my lips have uttered and my mouth has declared when I was in trouble.
15 I will offer You spiritual sacrifices of praise. (I will pause and meditate on this.)
16 Come and hear, all you who fear God, and I will declare what He has done for my soul.
17 I cried to Him with my mouth, and He was extolled with my tongue.
18 If I regard iniquity in my heart, You will not hear me, Lord.
19 But surely, God, You have heard me; You have attended to the voice of my prayer.
20 Blessed are You, O God, because You have not turned away my prayer nor removed Your
mercy from me!

Your Face Shines Upon Me
Psalm 67

1 God be merciful to me and bless me, and cause Your face to shine upon me. Selah. (I will
pause and meditate on this.)
2 That Your way may be known on earth, Your salvation among all nations.
3 Let the people praise You, O God; let all the peoples praise You.
4 Oh, let the nations be glad and sing for joy! For You shall judge the people righteously,
and govern the nations on earth. Selah. (I will pause and meditate on this.)
5 Let the people praise You, O God; let all the people praise You.
6 Then the earth shall yield her increase and You shall bless us.
7 You shall bless us, and all the ends of the earth shall fear You.

You Bring Me Into Prosperity
Psalm 68

1 Oh, God, arise and let Your enemies be scattered; let those also who hate You flee before
You.
2 As smoke is driven away, so drive them away; as wax melts before the fire, so let the
wicked perish at Your presence.
3 But I will be glad; I will rejoice before You, O God; yes, I will rejoice exceedingly.
4 I will sing to You, I will sing praises to Your name; I will extol You as You ride on the
clouds, by Your name—the Lord—and rejoice before You.
5 A father of the fatherless, a defender of widows, in Your holy habitation.
6 You set the solitary in families; You bring the desolate into prosperity; but the rebellious
dwell in a dry land.
7 O God, when You went out before Your people, when You marched through the
wilderness, Selah. (I will pause and meditate on this.)
8 The earth shook; the heavens also dropped rain at Your presence; Sinai itself was
moved at Your presence, the God of Israel.
9 O God, You sent a plentiful rain, whereby You confirmed Your inheritance, when it was

weary.

10 Your congregation dwelt in it; In Your goodness, You provided for the poor.

11 Lord, You gave the word; great was the company of those who proclaimed it:

12 The kings of enemy armies flee, and those who remain at home divide the spoil.

13 Though slackers lie down among the sheepfolds, yet Israel shall be like the wings of a dove covered with silver, and her feathers with yellow gold.

14 Almighty God, when You scattered enemy kings, it was as when it snowed in Zalmon.

15 Your mountain is the mountain of Bashan; a mountain of many peaks is the mountain of Bashan.

16 Why do you look with envy, you mountains of many peaks? This is the mountain which God desires to dwell in; yes, Lord, You will dwell in it forever.

17 Your chariots are twenty thousand, even thousands of thousands; You are among them as in Sinai, in the Holy Place.

18 You have ascended on high, You have led captivity captive; You have received gifts among men, even from the rebellious, that You, O Lord God, might dwell there with them.

19 I bless You Lord, for You daily load me with benefits, O God of my salvation! Selah. (I will pause and meditate on this.)

20 My God, You are the God of salvation; and those who belong to You escape from death.

21 God, You will wound the head of Your enemies, those who continue in their trespasses.

22 Lord, You declared, "I will bring back your enemies from Bashan, I will bring them back from the depths of the Red Sea,

23 That your foot may crush them and the tongues of your dogs may have their portion from your enemies."

24 They have seen Your procession, O God my King, coming into the sanctuary.

25 The singers went before, the players on instruments followed after; among them were the maidens playing timbrels.

26 I will bless God in the congregation, I will bless the Lord, from the fountain of Israel.

27 There is little Benjamin, their leader, the princes of Judah and their company, the princes of Zebulun and the princes of Naphtali.

28 God, You have commanded my strength in Your service; strengthen, O God, what You have done for me.

29 Out of respect for Your temple at Jerusalem, kings will bring presents to You.

30 Rebuke the beasts of the reeds, the leaders of the people, those who lust for money. Scatter the people who delight in war.

31 Envoys will come out of Egypt; Ethiopia will quickly stretch out her hands to God.

32 I will sing to God; I will sing praises to the Lord, Selah. (I will pause and meditate on this.)

33 To You, Oh Lord, who rides on the heaven of heavens, which were of old! Indeed, You send out Your mighty voice.

34 I will ascribe strength to You, God; Your excellence is over Israel, and Your strength is in the clouds.

35 O God, You are more awesome than Your holy places. You—Oh God of Israel--give strength and power to me. Blessed are You, O God!

Your Salvation Sets Me On High

Psalm 69

1 Save me, O God! For the waters have come up to my neck.
2 I sink in deep mire, where there is no standing; I have come into deep waters, where the floods overflow me.
3 I am weary with my crying; my throat is dry; my eyes fail while I wait for You.
4 Those who hate me without a cause are more than the hairs of my head; they are mighty who would destroy me, being my enemies wrongfully; though I have stolen nothing, I still must restore it.
5 O God, You know my foolishness; and my sins are not hidden from You.
6 O Lord God of hosts, don't let those who wait for You be ashamed because of me; don't let those who seek You be confounded because of me.
7 Because for Your sake I have borne reproach; shame has covered my face.
8 I have become a stranger to my brothers, and an alien to my mother's children;
9 Because my zeal for Your house has eaten me up, and the reproaches of those who reproach You have fallen on me.
10 When I wept and chastened my soul with fasting, that became my reproach.
11 I also made sackcloth my garment; I became a byword to them.
12 Those who sit in the gate speak against me, and I am the song of the drunkards.
13 But as for me, my prayer is to You, O Lord, in the acceptable time; O God, in the multitude of Your mercy, hear me in the truth of Your salvation.
14 Deliver me out of the mire, and let me not sink; let me be delivered from those who hate me, and out of the deep waters.
15 Let not the flood waters overflow me, nor let the deep swallow me up; and let not the pit shut its mouth on me.
16 Hear me, O Lord, for Your loving kindness is good; turn to me according to the multitude of Your tender mercies.
17 And do not hide Your face from Your servant, for I am in trouble; hear me speedily.
18 Draw near to my soul, and redeem it; deliver me because of my enemies.
19 You know my reproach, my shame, and my dishonor; my adversaries are all before You.
20 Reproach has broken my heart, and I am full of heaviness; I looked for someone to take pity, but there was none; and for comforters, but I found none.
21 They also gave me gall for my food, and for my thirst they gave me vinegar to drink.
22 Let their table become a snare before them, and their well-being a trap.
23 Let their eyes be darkened, so that they do not see; and make their loins shake continually.
24 Pour out Your indignation upon them, and let Your wrathful anger take hold of them.
25 Let their dwelling place be desolate; let no one live in their tents.
26 For they persecute those You have struck, and gossip about those You have wounded.

27 Add iniquity to their iniquity, and let them not come into Your righteousness.
28 Let them be blotted out of the book of the living, and not be written with the righteous.
29 But I am poor and sorrowful; let Your salvation, O God, set me up on high.
30 I will praise Your name with a song, and magnify You with thanksgiving.
31 This also shall please You better than an ox or bull, which has horns and hooves.
32 The humble shall see this and be glad; and because I seek You, O God, my heart shall live.
33 For You hear the poor, and do not despise the prisoners.
34 Let heaven and earth praise You, the seas, and everything that moves in them.
35 God, You will save Zion and build the cities of Judah, that they may dwell there and possess it.
36 Also, the descendants of Your servants shall inherit it, and those who love Your name shall dwell in it.

You Are My Help And Deliverer
Psalm 70

1 Make haste, O God, to deliver me! Make haste to help me, O Lord!
2 Let them be ashamed and confounded who seek my life; let them be turned back and confused who desire my hurt.
3 Let them be turned back because of their shame, who say, "Aha, aha!"
4 Let all those who seek You rejoice and be glad in You; and let those who love Your salvation say continually, "Let God be magnified!"
5 But I am poor and needy; make haste to help me, O God! You are my help and my deliverer; O Lord, do not delay.

You Will Not Cast Me Off In Old Age
Psalm 71

1 In You, O Lord, I put my trust; let me never be put to shame.
2 Deliver me in Your righteousness, and cause me to escape; incline Your ear to me, and save me.
3 Be my strong refuge, to which I may resort continually; You have given the commandment to save me, for You are my rock and my fortress.
4 Deliver me, O my God, out of the hand of the wicked, out of the hand of the unrighteous and cruel man.
5 For You are my hope, O Lord God; You are my trust from my youth.
6 By You I have been upheld from birth; You are the one who took me out of my mother's womb. My praise shall be continually of You.
7 I have become as a wonder to many, but You are my strong refuge.
8 Let my mouth be filled with Your praise and with Your glory all the day.
9 Do not cast me off in the time of old age; do not forsake me when my strength fails.
10 For my enemies speak against me; and those who lie in wait for my life take counsel

together,
11 Saying, "God has forsaken him; pursue and take him, for there is none to deliver him."
12 O God, do not be far from me; O my God, make haste to help me!
13 Let them be confounded and consumed who are adversaries of my life; let them be
covered with reproach and dishonor who seek my hurt.
14 But I will hope continually, and will praise You yet more and more.
15 My mouth shall tell of Your righteousness and Your salvation all the day, for I do not
know their limits.
16 I will go in Your strength, O Lord God; I will make mention of Your righteousness.
17 O God, You have taught me from my youth; and to this day I declare Your wondrous
works.
18 Now also when I am old and gray-headed, O God, do not forsake me, until I declare Your
strength to this generation, Your power to everyone who is to come.
19 Also Your righteousness, O God, is very high, You have done great things; O God,
who is like You?
20 You, who have shown me great and severe troubles, shall revive me again, and bring me
up again from the depths of the earth.
21 You shall increase my greatness, and comfort me on every side.
22 Also with the lute I will praise You and Your faithfulness, O my God! To You I will sing
with the harp, O Holy One of Israel.
23 My lips shall greatly rejoice when I sing to You, and my soul, which You have redeemed.
24 My tongue also shall talk of Your righteousness all the day long; for those who seek my
hurt are confounded and brought to shame.

You Have Dominion From Sea to Sea
Psalm 72

1 Give me Your judgments, O God, and Your righteousness to Your Son.
2 You judge Your people with righteousness, and the poor with justice.
3 The mountains will bring peace to the people and the hills established by righteousness.
4 You will bring justice to the poor; You will save the children of the needy, and will break
in pieces the oppressor.
5 They shall fear You as long as the sun and moon endure, throughout all generations.
6 You shall come down like rain upon the grass before mowing, like showers that water the
earth.
7 In Your days the righteous shall flourish in an abundance of peace, until the moon is no
more (times and seasons shall cease).
8 You shall have dominion also from sea to sea, and from the river to the ends of the earth.
9 Those who dwell in the wilderness will bow before You, and Your enemies will lick the
dust.
10 The kings of the world will bring presents and offer gifts.
11 Yes, all kings shall fall down before You; all nations shall serve You.
12 For You will deliver the needy when he cries, the poor also, and him who has no helper.

13 You will spare the poor and needy, and will save the souls of the needy.
14 You will redeem their life from oppression and violence; and precious shall be their blood
in Your sight.
15 And You shall live; and the gold of the nations will be given to You; prayer also will be
made to You continually, and daily You shall be praised.
16 There will be an abundance of grain in the earth, on the top of the mountains; its fruit
shall wave like Lebanon; and those of the city shall flourish like grass of the earth.
17 Your name shall endure forever; Your name shall continue as long as the sun. And men
shall be blessed in You; all nations shall call You blessed.
18 Blessed, are You, O Lord God, the God of Israel, who does wondrous things!
19 Blessed be Your glorious name forever! And let the whole earth be filled with Your
glory. Amen and Amen.

BOOK THREE

Psalm 73-89

You Guide Me With Your Counsel

Psalm 73

1 Truly God, You are good to those who are pure in heart.
2 But as for me, my feet had almost stumbled; my steps had nearly slipped.
3 For I was envious of the boastful, when I saw the prosperity of the wicked.
4 For there are no pangs in their death, but their strength is firm.
5 They are not in trouble as other men, nor are they plagued like other men.
6 Therefore pride serves as their necklace; violence covers them like a garment.
7 Their eyes bulge with abundance; they have more than heart could wish.
8 They scoff and speak wickedly concerning oppression; they speak loftily.
9 They set their mouth against the heavens, and their tongue blasphemes and slanders.
10 People turn away after them and are drained by them.
11 And they say, "How does God know? And is there knowledge in the Most High?"
12 Behold, these are the ungodly, who are always at ease; they increase in riches.
13 When I saw this, I thought, Surely I have cleansed my heart in vain, and washed my
hands in innocence.
14 For all day long I have been plagued, and chastened every morning.
15 If I had said, "I will speak thus," behold, I would have been untrue to the generation of
Your children.
16 When I thought how to understand this, it was too painful for me--
17 Until I went into Your sanctuary, O God; then I understood their end.
18 Surely You set them in slippery places; You cast them down to destruction.
19 They are brought to desolation, as in a moment! They are utterly consumed with terrors.
20 As a dream when one awakes, so, Lord, when You awake, You shall despise their image.
21 Thus my heart was grieved, and I was vexed in my mind.
22 I was so foolish and ignorant; I was like a beast before You.

23 Nevertheless I am continually with You; You hold me by my right hand.
24 You will guide me with Your counsel, and afterward receive me to glory.
25 Whom have I in heaven but You? And there is none upon earth that I desire besides You.
26 My flesh and my heart fail; but God, You are the strength of my heart and my portion forever.
27 For indeed, those who are far from You shall perish; You have destroyed all those who desert You for spiritual harlotry.
28 But it is good for me to draw near to You, God; I have put my trust in You, Lord, that I may declare all Your works.

I Am Part Of The Redeemed
Psalm 74

1 O God, why have You cast me off forever? Why does Your anger smoke against the sheep of Your pasture?
2 Remember me? You purchased me of old. I am part of the tribe of Your inheritance, which You have redeemed--Mount Zion where You have dwelt.
3 Direct Your feet to the perpetual desolations. The enemy has damaged everything in Your sanctuary.
4 Your enemies roar in the midst of Your meeting place; they set up their banners and idols as signs of victory.
5 They seem like men who lift up axes among the thick trees.
6 And now they break down its carved work, all at once, with axes and hammers.
7 They have set fire to Your sanctuary; they have defiled the dwelling place of Your name, casting it down to the ground.
8 They said in their hearts, "Let us destroy them altogether." They have burned up all Your meeting places in the land.
9 We do not see Your signs; there is no longer any prophet; nor is there any among us who knows how long.
10 O God, how long will the adversary reproach? Will the enemy blaspheme Your name forever?
11 Why do You withdraw Your hand, even Your right hand? Take it out of Your bosom and destroy them.
12 For God, You are my King from of old, working salvation in the midst of the earth.
13 You divided the Red Sea by Your strength; You broke the heads of the (Egyptian) serpents in the waters.
14 You broke the heads of Leviathan (the great snake representing the enemy) in pieces, and gave him as food to the people inhabiting the wilderness.
15 You broke open the fountain and the flood; You dried up mighty rivers.
16 The day is Yours, the night also is Yours; You have prepared the light and the sun.
17 You have set all the borders of the earth; You have made summer and winter.
18 Remember this, that the enemy has reproached You, O Lord, and that a foolish people has blasphemed Your name.

- 19 Oh, do not deliver the life of Your beloved to the wild beast! Do not forget the life of Your poor forever.
- 20 Have respect to the covenant; for the dark places of the earth are full of the haunts of cruelty.
- 21 Oh, do not let the oppressed return ashamed! Let the poor and needy praise Your name.
- 22 Arise, O God, plead Your own cause; remember how the foolish man reproaches You daily.
- 23 Do not forget the voice of Your enemies; the tumult of those who rise up against You increases continually.

My Horn Shall Be Exalted
Psalm 75

- 1 I give thanks to You, O God, I give thanks! For Your wondrous works declare that Your name is near.
- 2 You have promised, “When I choose the proper time, I will judge uprightly.
- 3 The earth and all its inhabitants will be dissolved; I will set up its pillars firmly.”
- 4 I said to the boastful, “Do not deal boastfully,” and to the wicked, “Do not lift up the horn.
- 5 Do not flaunt your power or speak presumptuously.”
- 6 For exaltation comes neither from the east nor from the west nor from the south.
- 7 But You, O God, are my Judge: You put down one, and exalt another.
- 8 For in Your hand, O Lord, there is a cup, and the wine is red; it is fully mixed, and You pour it out; surely all the wicked of the earth shall drain and drink it dregs.
- 9 But I will rejoice forever, I will sing praises to You, O God of Jacob.
- 10 You will also cut off the horns of the wicked, but the horns of the righteous shall be exalted.

You Deliver The Oppressed
Psalm 76

- 1 O God, in Judah You are known; Your name is great in Israel.
- 2 In Salem also is Your tabernacle, and Your dwelling place is in Zion.
- 3 There You broke the arrows of the bow, the shield and sword of battle.
- 4 You are more glorious and excellent than the mountains of prey.
- 5 The stouthearted were stripped of their spoil; they have slept the sleep of death; and none of the mighty men have lifted up their hands.
- 6 At Your rebuke, O God of Jacob, both the chariot and horse were cast into a dead sleep.
- 7 You are to be feared; and who may stand in Your presence when once Your anger is aroused?
- 8 You caused judgment to be heard from heaven; the earth feared and was still,
- 9 When You arose to judgment, to deliver all the oppressed of the earth.
- 10 Surely the wrath of man shall praise You; with the remainder of wrath You shall arm Yourself.

- 11 I will pay my vows to You, O Lord my God; I will bring presents to You who ought to be reverently feared.
12 You shall cut off the spirit of princes (pride); You are awesome to the (ungodly) kings of the earth.

You Are A Great God
Psalm 77

- 1 I cried out to You, O God with my voice--and You heard me.
2 In the day of my trouble I sought You, Lord; my hand was stretched out in the night without ceasing; my soul refused to be comforted.
3 I remembered You, and was troubled; I complained, and my spirit was overwhelmed.
4 You hold my eyelids open; I am so troubled that I cannot speak.
5 I have considered the days of old, the years of ancient times.
6 I call to remembrance my song in the night; I meditate within my heart, and my spirit makes diligent search.
7 Lord, will You cast off forever? Will You be favorable no more?
8 Has Your mercy ceased forever? Has Your promise failed forevermore?
9 Have You forgotten to be gracious? Have You in anger shut up Your tender mercies?
10 But I said in my anguish, "This is my anguish; but I will remember the years when the right hand of the Most High moved in my behalf."
11 I will remember Your works, O Lord; surely I will remember Your wonders of old.
12 I will also meditate on all Your work, and talk of Your deeds.
13 Your way, O God, is in the sanctuary; who is so great a God as my God?
14 You are the God who does wonders; You have declared Your strength among the peoples.

15 You have redeemed Your people with Your arm, the sons of Jacob and Joseph.
16 The waters saw You, O God; the waters saw You, they were afraid; the depths also trembled.
17 The clouds poured out water; the skies sent out a sound; Your arrows also flashed about.
18 The voice of Your thunder was in the whirlwind; lightning lit up the world; the earth trembled and shook.
19 Your way was in the sea, Your path in the great waters, and Your footsteps were not known.
20 You led Your people like a flock by the hand of Moses and Aaron.

You Have Chosen Me
Psalm 78

- 1 Give ear, O my people, to my teaching; incline your ears to the words of my mouth.
2 I will open my mouth in a parable; I will utter dark sayings of old,
3 Which we have heard and known, and our fathers have told us.
4 We will not hide them from their children, telling to the generation to come the praises of

the Lord, and His strength and His wonderful works that He has done.
5 Lord, You established a testimony in Jacob, and appointed a law in Israel, which You
commanded our fathers, that they should make them known to their children;
6 That the generation to come might know them, the children who would be born, that they
may arise and declare them to their children,
7 That they may set their hope in You, and not forget Your works, but keep Your
commandments;
8 And may not be like their fathers, a stubborn and rebellious generation, a generation that
did not set its heart aright, and whose spirit was not faithful to God.
9 The children of Ephraim, being armed and carrying bows, turned back in the day of battle.
10 They did not keep the covenant of God; they refused to walk in Your law,
11 And forgot Your works and Your wonders that You had shown them.
12 You did marvelous things in the sight of their fathers, in the land of Egypt, in the field of
Zoan.
13 You divided the sea and caused them to pass through; and You made the waters stand up
like a heap.
14 In the daytime also You led them with the cloud, and all the night with a light of fire.
15 You split the rocks in the wilderness, and gave them drink in abundance like the depths.
16 You also brought streams out of the rock, and caused waters to run down like rivers.
17 But they sinned even more against You by rebelling against You in the wilderness.
18 And they tested You in their heart by asking for the food of their fancy.
19 Yes, they spoke against You: they said, "Can God prepare a table in the wilderness?
20 Behold, You struck the rock, so that the waters gushed out, and the streams overflowed.
But again, they spoke against You: "Can You give bread also? Can You provide meat for
Your people?"
21 Therefore You heard this and were furious; so a fire was kindled against Jacob, and Your
anger arose against Israel,
22 Because they did not believe in You, and did not trust in Your salvation.
23 Yet You had commanded the clouds above, and opened the doors of heaven,
24 Had rained down manna on them to eat, and given them of the bread of heaven.
25 Men ate angels' food; You sent them food to the full.
26 You caused an east wind to blow in the heavens; and by Your power You brought in the
south wind.
27 You also rained meat on them like the dust, Feathered fowl like the sand of the seas;
28 And You let them fall in the midst of their camp, all around their dwellings.
29 So they ate and were well filled, for You gave them their own desire.
30 They were not deprived of their craving; but while their food was still in their mouths,
31 Your wrath came against them, and slew the stoutest of them, and struck down the choice
men of Israel.
32 In spite of this they still sinned, and did not believe in Your wondrous works.
33 Therefore You consumed their days in futility, and their years in fear.
34 When You slew them, then they sought You; and they returned and sought diligently for
You.

35 Then they remembered that You were their Rock and their Redeemer.
36 Nevertheless they flattered You with their mouth, and they lied to You with their tongue;
37 For their heart was not steadfast with You, nor were they faithful in Your covenant.
38 But You, being full of compassion, forgave their iniquity, and did not destroy them. Yes,
many a time You turned Your anger away, and did not stir up all Your wrath;
39 For You remembered that they were but flesh, a breath that passes away and does not
come again.
40 How often they provoked You in the wilderness, and grieved You in the desert!
41 Yes, again and again they tempted You, and limited You, oh Holy One of Israel.
42 They did not remember Your power: the day when You redeemed them from the enemy,
43 When You worked Your signs in Egypt, and Your wonders in the field of Zoan;
44 You turned their rivers and streams into blood that they could not drink.
45 You sent swarms of flies among them, which devoured them, and frogs, which destroyed
them.
46 You also gave their crops to the caterpillar, and their labor to the locust.
47 You destroyed their vines with hail, and their sycamore trees with frost.
48 You also gave up their cattle to the hail, and their flocks to fiery lightning.
49 You cast on them the fierceness of Your anger, wrath, indignation, and trouble, by
sending angels of destruction among them.
50 You made a path for Your anger; You did not spare their soul from death, but gave their
life over to the plague,
51 And destroyed all the firstborn in Egypt, the first of their strength in the tents of Ham.
52 But You made Your own people go forth like sheep, and guided them in the wilderness
like a flock;
53 And You led them on safely, so that they did not fear; but the sea overwhelmed their
enemies.
54 And You brought them to Your holy border, this mountain which Your right hand had
acquired.
55 You also drove out the nations before them, allotted them an inheritance by survey, and
made the tribes of Israel dwell in their tents.
56 Yet they tested and provoked You, and did not keep Your testimonies,
57 But turned back and acted unfaithfully like their fathers; they were turned aside like a
deceitful bow.
58 For they provoked You to anger with their high places, and moved You to jealousy with
their carved images.
59 When You heard this, You were furious, and greatly abhorred Israel,
60 So that You forsook the tabernacle of Shiloh, the tent You had placed among men,
61 And delivered Your strength into captivity, and Your glory into the enemy's hand.
62 You also gave Your people over to the sword, and were furious with Your inheritance.
63 The fire consumed their young men, and their maidens were not given in marriage.
64 Their priests fell by the sword, and their widows made no lamentation.
65 Then You awoke as from sleep, like a mighty man who shouts because of wine.
66 And You beat back Your enemies; You put them to perpetual reproach.

67 Moreover You rejected the tent of Joseph, and did not choose the tribe of Ephraim,
68 But chose the tribe of Judah, Mount Zion which You loved.
69 And You built Your sanctuary like the heights, like the earth which You have established
forever.
70 You also chose David, Your servant. You took him from the sheep-folds;
71 From following the ewes that had brought him, to shepherd Your people and Your
inheritance.
72 So he shepherded them according to the integrity of his heart, and guide them by the
skillfulness of his hands.

I Will Show Your Praise To All Generations
Psalm 79

1 O God, the nations have come into Your inheritance; they have defiled Your holy temple.
2 They have given the dead bodies of Your servants as food for the birds of the heavens, the
flesh of Your saints to the beasts of the earth.
3 Their blood they have shed like water all around Jerusalem, and there was no one to bury
them.
4 We have become a reproach to our neighbors, a scorn and derision to those who are
around us.
5 How long, Lord? Will You be angry forever? Will Your jealousy burn like fire?
6 Pour out Your wrath on the nations that do not know You, and on the kingdoms that do
not call on Your name.
7 For they have devoured Your people and laid waste their dwelling place.
8 Oh, do not remember former iniquities against us! Let Your tender mercies come speedily
to meet us, for we have been brought very low.
9 Help us, O God of our salvation, for the glory of Your name; and deliver us, and provide
atonement for our sins, for Your name's sake!
10 Why should the nations say, "Where is their God?" Let your vengeance be known among
the nations, avenging the blood of Your servants which has been shed.
11 Let the groaning of the prisoner come before You; according to the greatness of Your
power preserve those who are appointed to die;
12 And return to our neighbors sevenfold the reproach with which they have reproached You,
O Lord.
13 So we, Your people and the sheep of Your pasture, will give You thanks forever; we will
show forth Your praise to all generations.

I Shall Be Saved!
Psalm 80

1 Give ear, O Shepherd of Israel, You who lead Joseph like a flock; You who dwell
between the cherubim, shine forth!
2 Before Ephraim, Benjamin, and Manasseh, stir up Your strength, and come and save me!

3 Restore me, O God; cause Your face to shine, and I shall be saved!
4 O Lord God of hosts, how long will You be angry against me?
5 You have fed me with the bread of tears, and given me tears to drink in great measure.
6 You have made me a strife to my neighbors, and my enemies laugh among themselves.
7 Restore me, O God of hosts; cause Your face to shine, and I shall be saved!
8 You brought a vine out of Egypt; You cast out the nations, and planted it.
9 You prepared room for it, and caused it to take deep root, and it filled the land.
10 The hills were covered with its shadow, and the mighty cedars with its boughs.
11 She sent out her boughs to the sea, and her branches to the river.
12 Why have You broken down her hedges, so that all who pass by the way pluck her fruit?
13 The boar out of the woods uproots it, and the wild beast of the field devours it.
14 Return, I beseech You, O God of hosts; look down from heaven and see, and visit this vine,
15 And the vineyard which Your right hand has planted, and the branch that You made strong for Yourself.
16 It is burned with fire, it is cut down; they perish at the rebuke of Your countenance.
17 Let Your hand be upon the man of Your right hand, upon the son of man whom You made strong for Yourself.
18 Then I will not turn back from You; revive me, and I will call upon Your name.
19 Restore me, O Lord God of hosts; cause Your face to shine, and I shall be saved!

You Feed Me And I Am Satisfied
Psalm 81

1 I will sing aloud to You, O God my strength; I will make a joyful shout to You, O God of Jacob.
2 I will raise a song and strike the timbrel, the pleasant harp with the lute.
3 I will blow the trumpet at the time of the New Moon, at the full moon, on a solemn feast day.
4 For this is a statute for Israel, a law of the God of Jacob.
5 You established this in Joseph as a testimony, when he went throughout the land of Egypt, where he heard a language he did not understand.
6 You removed his shoulder from the burden; his hands were freed from the baskets.
7 He called in trouble, and You delivered him; You answered in the secret place of thunder; You tested Your people at the waters of Meribah.
8 You declared: "Hear, O My people, and I will admonish you! O Israel, if you will listen to Me!
9 There shall be no foreign god among you; nor shall you worship any foreign god.
10 I am the Lord your God, who brought you out of the land of Egypt; open your mouth wide, and I will fill it."
11 But Your people would not heed Your voice, and Israel would have none of You.
12 So You gave them over to their own stubborn heart, to walk in their own counsels.
13 This was Your desire—that Your people would listen to You, that Israel would walk in

Your ways!
14 You would have subdued their enemies, and turned Your hand against their adversaries.
15 Those who hated You pretended submission to You, but their fate will endure forever.
16 You would have fed Your people with the finest of wheat; and with honey from the rock
You would have satisfied them.

You Are A Just Judge
Psalm 82

1 God, You stand in the congregation of the mighty; You judge among the gods.
2 How long will You allow unjust judgment to continue and partiality to the wicked?
3 Defend the poor and fatherless; do justice to the afflicted and needy.
4 Deliver the poor and needy; free them from the hand of the wicked.
5 They do not know, nor do they understand; they walk about in darkness; all the
foundations of the earth are unstable.
6 You said, “You judges are as gods since you act in my behalf, and all of you are children
of the Most High.
7 But you shall die like men, and fall like one of the princes.”
8 Arise, O God, and judge the earth; for You shall inherit all nations.

You Are Most High Over All The Earth
Psalm 83

1 Do not keep silent, O God! Do not hold Your peace, and do not be still, O God!
2 For behold, Your enemies make a tumult; and those who hate You have lifted up their
head.
3 They have taken crafty counsel against Your people, and consulted together against Your
precious sheltered ones.
4 They have said, “Come, and let us cut them off from being a nation, that the name of
Israel may be remembered no more.”
5 They consult together with one consent; they form a confederacy against You:
6 The tents of Edom and the Ishmaelites; Moab and the Hagrites;
7 Gebal, Ammon, and Amalek; Philistia with the inhabitants of Tyre;
8 Assyria also has joined with them; they have helped the children of Lot.
9 Deal with them as with Midian, as with Sisera, as with Jabin at the Brook Kishon,
10 Who perished at En Dor, who became as manure on the earth.
11 Make their nobles like Oreb and like Zeeb, yes, all their princes like Zebah and Zalmunna,

12 Who said, “Let us take for ourselves the pastures of God for a possession.”
13 O my God, make them like the whirling dust, like the chaff before the wind!
14 As the fire burns the woods, and as the flame sets the mountains on fire,
15 So pursue them with Your tempest, and frighten them with Your storm.
16 Fill their faces with shame, that they may seek Your name, O Lord.

17 Let them be confounded and dismayed forever; yes, let them be put to shame and perish,
18 That they may know that You, whose name alone is Lord, are the Most High over all the earth.

You Withhold No Good Thing From Me
Psalm 84

1 How lovely is Your tabernacle, O Lord of hosts!
2 My soul longs, yes, even faints for the courts of the Lord; my heart and my flesh cry out for the living God.
3 Even the sparrow has found a home, and the swallow a nest for herself, where she may lay her young--even by Your altars, O Lord of hosts, my King and my God.
4 I am blessed because I dwell in Your house, praising You continually.
5 I am blessed because my strength is in You and my heart is set on the goal of my pilgrimage.
6 As I pass through the Valley of Baca (weeping), I will make it a spring; the rain also will cover it with pools of blessing.
7 I go from strength to strength; I will appear before You in Zion.
8 O Lord God of hosts, hear my prayer; give ear, O God of Jacob!
9 O God, my shield, look upon the face of Your anointed.
10 For a day in Your courts is better than a thousand elsewhere. I would rather be a doorkeeper in Your house, O God, than dwell in the tents of wickedness.
11 For You are my sun and shield; You give grace and glory; no good thing will You withhold from me if I walk uprightly.
12 O Lord of hosts, I am blessed because I trust in You!

My Land Will Yield Its Increase
Psalm 85

1 Lord, You have been favorable to Your land; You have reversed the captivity of Jacob.
2 You have forgiven the iniquity of Your people; You have covered all their sin.
3 You have taken away Your wrath; You have turned from the fierceness of Your anger.
4 Restore me, O God of my salvation, and cause Your anger toward me to cease.
5 Will You be angry with me forever? Will You prolong Your anger to all generations?
6 Will You not revive me again, that I may rejoice in You?
7 Show me Your mercy, Lord, and grant me Your salvation.
8 I will hear what You will speak, for You will speak peace to me and I will not turn back to self-confident folly.
9 Surely Your salvation is near me because I fear You, that glory may dwell in my land.
10 Mercy and truth have met together; righteousness and peace have kissed.
11 Truth shall spring out of the earth, and righteousness shall look down from heaven.
12 Lord, You will give me what is good; and my land will yield its increase.
13 Righteousness goes before You, and I shall make Your footsteps my pathway.

You Are Abundant In Mercy
Psalm 86

- 1 Bow down Your ear, O Lord, hear me; for I am poor and needy.
- 2 Preserve my life, for I am dedicated to You; You are my God; save Your servant who trusts in You!
- 3 Be merciful to me, O Lord, for I cry to You all day long.
- 4 To You, O Lord, I lift up my soul and rejoice.
- 5 For You, Lord, are good, and ready to forgive, and abundant in mercy to all those who call upon You.
- 6 Give ear, O Lord, to my prayer; and attend to the voice of my supplications.
- 7 In the day of my trouble I will call upon You, for You will answer me.
- 8 Oh Lord, there is none among the gods like You; nor are there any works like Your works.
- 9 All nations whom You have made shall come and worship before You, O Lord, and shall glorify Your name.
- 10 For You are great, and do wondrous things; You alone are God.
- 11 Teach me Your way, O Lord; I will walk in Your truth; Unite my heart to fear Your name.
- 12 I will praise You, O Lord my God, with all my heart, and I will glorify Your name forevermore.
- 13 For great is Your mercy toward me, and You have delivered my soul from the depths of Sheol (the place of the dead).
- 14 O God, the proud have risen against me, and a mob of violent men have sought my life, and have not set You as God before them.
- 15 But You, O Lord, are a God full of compassion, and gracious, longsuffering and abundant in mercy and truth.
- 16 Oh, turn to me, and have mercy on me! Give strength to Your servant, and save the son of Your maidservant.
- 17 Show me a sign for good, that those who hate me may see it and be ashamed, because You, Lord, have helped me and comforted me.

All My Springs Are In You
Psalm 87

- 1 Your foundation is in the holy mountains.
- 2 You, Lord, love the gates of Zion more than all the dwellings of Jacob.
- 3 Glorious things are spoken of you, O city of God!
- 4 You have declared: "I will make mention of Rahab and Babylon to those who know Me; behold, O Philistia and Tyre, with Ethiopia: "This one was born there.""
- 5 And of Zion it will be said, "This one and that one were born in her; and the Most High Himself shall establish her."
- 6 Lord, when You register the people, You record: "This one was born there."
- 7 Both the singers and the players on instruments say, "All my springs--my sources of life and joy--are in You."

My Prayer Comes Before You Daily
Psalm 88

1 O Lord, God of my salvation, I have cried out day and night before You.
2 Let my prayer come before You; incline Your ear to my cry.
3 For my soul is full of troubles, and my life draws near to the grave.
4 I am counted with those who go down to the pit; I am like a man who has no strength,
5 Adrift among the dead, like the slain who lie in the grave, whom You remember no more,
and who are cut off from Your hand.
6 You have laid me in the lowest pit, in darkness, in the depths.
7 Your wrath lies heavy upon me, and You have afflicted me with all Your waves.
8 You have put away my acquaintances far from me; You have made me an abomination to
them; I am shut up, and I cannot get out;
9 My eye wastes away because of affliction. Lord, I have called daily upon You; I have
stretched out my hands to You.
10 Will You work wonders for the dead? Shall the dead arise and praise You?
11 Shall Your loving kindness be declared in the grave? Or Your faithfulness in the place of
destruction?
12 Shall Your wonders be known in the dark? And Your righteousness in the land of
forgetfulness?
13 To You I have cried out, O Lord, and in the morning my prayer comes before You.
14 Lord, why do You cast off my soul? Why do You hide Your face from me?
15 I have been afflicted and ready to die from my youth; I suffer Your terrors; I am
distraught.
16 Your fierce wrath has gone over me; Your terrors have cut me off.
17 They came around me all day long like water; they engulfed me altogether.
18 Loved one and friend You have put far from me, and my acquaintances into darkness.

I Walk In The Light Of Your Countenance
Psalm 89

1 I will sing of Your mercies, Lord, forever; with my mouth will I make known Your
faithfulness to all generations.
2 Your mercy shall be built up forever; Your faithfulness shall be established in the
heavens.
3 You made a covenant with David, Your chosen one, saying:
4 “Your seed I will establish forever, and build up your throne to all generations.”
5 The heavens will praise Your wonders, O Lord; Your faithfulness also in the assembly of
the saints.
6 For who in the heavens can be compared to You? Who among the sons of the mighty can
be likened to You, Lord?
7 You are greatly to be feared in the assembly of the saints, and to be held in reverence by
all those around You.

8 O Lord God of hosts, who is mighty like You? Your faithfulness surrounds You.
9 You rule the raging of the sea; when its waves rise, You still them.
10 You have broken Rahab (representative of Egypt the symbol of unrighteousness) in
pieces, as one who is slain; You have scattered Your enemies with Your mighty arm.
11 The heavens are Yours, the earth also is Yours; the world and all its fullness, You have
founded them.
12 The north and the south, You have created them; Mt. Tabor and Mt. Hermon rejoice in
Your name.
13 You have a mighty arm; strong is Your hand, and high is Your right hand.
14 Righteousness and justice are the foundation of Your throne; mercy and truth go before
You.
15 I am blessed because I know the joyful sound! I walk, O Lord, in the light of Your
countenance.
16 In Your name I rejoice all day long, and exalt Your righteousness.
17 For You are the glory of my strength, and in Your favor my horn is exalted.
18 For my shield belongs to You, Lord, my King and the Holy One of Israel.
19 You spoke to your anointed one, and said: "I have given help to one who is mighty; I have
exalted one chosen from the people.
20 I have found My servant; with My holy oil I have anointed him,
21 With whom My hand shall be established; also My arm shall strengthen him.
22 The enemy shall not outwit him, nor the son of wickedness afflict him.
23 I will beat down his foes before his face, and plague those who hate him.
24 My faithfulness and My mercy shall be with him, and in My name his horn shall be
exalted.
25 Also I will set his hand over the sea, and his right hand over the rivers.
26 He shall cry to Me, 'You are my Father, my God, and the rock of my salvation.'
27 Also I will make him My firstborn, the highest of the kings of the earth.
28 My mercy will keep for him forever, and My covenant shall stand firm with him.
29 His seed also I will make to endure forever, and his throne as the days of heaven.
30 If his sons forsake My law and do not walk in My judgments,
31 If they break My statutes and do not keep My commandments,
32 I will punish their transgression with the rod, and their iniquity with stripes.
33 Nevertheless, My loving kindness I will not utterly take from him, nor allow My
faithfulness to fail.
34 My covenant I will not break, nor alter the word that has gone out of My lips.
35 Once I have sworn by My holiness; I will not lie to my servant:
36 His seed shall endure forever, and his throne as the sun before Me;
37 It shall be established forever like the moon, even like the faithful witness in the sky."
38 But at one point it seemed as if You had cast off and abhorred, You were furious
with Your anointed.
39 You renounced the covenant of Your servant; You profaned his crown by casting it to the
ground.
40 You broke down all his hedges; You brought his strongholds to ruin.

41 All who pass by the way plundered him; he was a reproach to his neighbors.
42 You exalted the right hand of his adversaries; You made all his enemies rejoice.
43 You also turned back the edge of his sword, and did not sustain him in the battle.
44 You made his glory cease, and cast his throne down to the ground.
45 The days of his youth You shortened; You covered him with shame.
46 Until he cried out, "How long, Lord? Will You hide Yourself forever? Will Your wrath burn like fire?
47 Remember how short my time is; for what futility have You created all the children of men?
48 What man can live and not see death? Can he deliver his life from the power of the grave?

49 Lord, where is Your former loving kindness, which You swore to David in Your truth?
50 Remember, Lord, the reproach of Your servant--how I bear in my bosom the reproach of many people,
51 With which Your enemies have reproached, O Lord, with which they have reproached the footsteps of Your anointed."
52 You are blessed forevermore, Lord! Amen and Amen.

BOOK FOUR

Psalms 90-106

You Establish The Work Of My Hands

Psalm 90

1 Lord, You have been my dwelling place in all generations.
2 Before the mountains were brought forth, or You had formed the earth and the world, even from everlasting to everlasting, You are my God.
3 You turn man back to dust, and say, "Return, O children of men."
4 For a thousand years in Your sight are like yesterday when it is past, and like a watch in the night.
5 You carry the years away like a flood; they are as a sleep. They are like grass which grows up:
6 In the morning it flourishes and grows up; in the evening it is cut down and withers.
7 For I have been consumed by Your anger, and by Your wrath I was terrified.
8 You have set my iniquities before You, my secret sins in the light of Your countenance.
9 For all my days have passed away in Your wrath; I finish my years like a sigh.
10 The days of my life are seventy years; and if by reason of strength they are eighty years, yet my boast is only labor and sorrow; for it is soon cut off, and I will fly away.
11 Who knows the power of Your anger? Who connects Your wrath with fear (respect) for You?
12 So teach me to number my days, that I may gain a heart of wisdom.
13 Return, O Lord! How long? Have compassion on Your servant.
14 Oh, satisfy me early with Your mercy, that I may rejoice and be glad all my days!

- 15 Make me glad according to the days in which You have afflicted me, the years in which I have seen evil.
16 Let Your work appear to Your servant, and Your glory to my children.
17 And let the beauty of the Lord our God be upon me, and establish the work of my hands; yes, establish the work of my hands.

I Abide In The Shadow Of Your Presence
Psalm 91

- 1 He who dwells in the secret place of the Most High shall abide under Your shadow,
Almighty God.
2 I will say of You, Lord, “You are my refuge and my fortress; my God, in You I will trust.”
3 Surely You shall deliver me from the snare of the fowler and from the perilous pestilence.
4 You shall cover me with Your feathers, and under Your wings I shall take refuge; Your truth shall be my shield and buckler.
5 I shall not be afraid of the terror by night, nor of the arrow that flies by day,
6 Nor of the pestilence that walks in darkness, nor of the destruction that lays waste at noonday.
7 A thousand may fall at my side, and ten thousand at my right hand; but it shall not come near me.
8 Only with my eyes shall I look, and see the reward of the wicked.
9 Because I have made You Lord, my refuge, even You, oh Most High, my dwelling place,

10 No evil shall befall me, nor shall any plague come near my dwelling;
11 For You shall give Your angels charge over me, to keep me in all my ways.
12 In their hands they shall bear me up, lest I dash my foot against a stone.
13 I shall tread upon the lion and the cobra, the young lion and the serpent I shall trample underfoot.
14 Here is Your promise to me: “Because you have set your love upon Me, therefore I will deliver you; I will set you on high, because you have known My name.
15 You shall call upon Me, and I will answer you; I will be with you in trouble; I will deliver you and honor you.
16 With long life I will satisfy you, and show you My salvation.” I claim this promise today!

I Flourish Your Courts
Psalm 92

- 1 It is good to give thanks to You, and to sing praises to Your name, O Most High;
2 To declare Your loving kindness in the morning, and Your faithfulness every night,
3 On an instrument of ten strings, on the lute, and on the harp, with harmonious sound.
4 For You, Lord, have made me glad by Your works; I will triumph in the works of Your hands.

5 O Lord, how great are Your works! Your thoughts are very deep.
6 A senseless man does not know, nor does a fool understand this.
7 When the wicked spring up like grass, and when all the workers of iniquity flourish, it is
only that they may be destroyed forever.
8 But You, Lord, are on high forevermore.
9 For behold, O Lord, Your enemies shall perish; all the workers of iniquity shall be
scattered.
10 But You have exalted my horn like a wild ox; I have been anointed with fresh oil.
11 My eye also has seen my desire on my enemies; my ears hear my desire on the wicked
who rise up against me.
12 I will flourish like a palm tree, I shall grow like a cedar in Lebanon.
13 Because I am planted in Your house, Lord, I shall flourish in Your courts.
14 I will still bear fruit in old age; I will be fresh and flourishing,
15 I will declare that You, O Lord, are upright; You are my rock, and there is no
unrighteousness in You.

Your Testimonies Are Sure
Psalm 93

1 Lord, You reign! You are clothed with majesty; You have girded Yourself with strength.
Surely the world is established, so that it cannot be moved.
2 Your throne is established from of old; You are from everlasting.
3 O Lord, the floods have lifted up their voice; the floods lift up their waves.
4 But You are on high and are mightier than the noise of many waters, than the mighty
waves of the sea.
5 Your testimonies are very sure; holiness adorns Your house, O Lord, forever.

Your Comforts Delight My Soul
Psalm 94

1 O Lord God--You to whom vengeance belongs--shine forth!
2 Rise up, O Judge of the earth; render punishment to the proud.
3 Lord, how long will the wicked triumph?
4 They utter speech, and speak insolent things; all the workers of iniquity boast in
themselves.
5 They break in pieces Your people, O Lord, and afflict Your heritage.
6 They slay the widow and the stranger, and murder the fatherless.
7 Yet they say, "The Lord does not see, nor does God understand."
8 But I respond: "Consider and understand, you senseless among the people and you fools,
when will you be wise?
9 He who created the ear, shall He not hear? He who formed the eye, shall He not see?
10 He who instructs the nations, shall He not correct, He who teaches man knowledge?"
11 Lord, You know the thoughts of man, that they are futile.

12 But I am blessed because You instruct me, O Lord, You teach me out of Your law,
13 That You may give me rest from the days of adversity, until a pit is dug for the wicked.
14 For You will not cast me off, nor will You forsake me—Your inheritance.
15 But justice will return to me, and I, being upright in heart, will follow it.
16 Who will rise up against the evildoers? Who will stand up against the workers of iniquity?
17 Lord, unless You had been my help, my soul would soon have settled in silence.
18 If I say, “My foot slips,” Your mercy, O Lord, will hold me up.
19 In the multitude of my anxieties within me, Your comfort delights my soul.
20 Shall the throne of iniquity, which devises evil by law, have fellowship with You?
21 They gather together against my life and condemn innocent blood.
22 But You, O Lord, have been my defense, and the rock of my refuge.
23 You have brought on them their own iniquity, and shall cut them off in their own wickedness.

I Will Shout Joyfully With Psalms
Psalm 95

1 I will sing to the Lord! I will shout joyfully to the Rock of my salvation.
2 I will come before Your presence with thanksgiving and shout joyfully to You with psalms.
3 For You are the great God, and the great King above all gods.
4 In Your hands are the deep places of the earth; the heights of the hills are Yours also.
5 The sea is Yours, for You made it; and Your hands formed the dry land.
6 I will come, worship and bow down; I will kneel before You, Oh Lord, my Maker.
7 For You are my God, and I am a lamb in Your pasture, the sheep of Your hand. Today, if I hear Your voice:
8 I will not harden my heart, as in the rebellion, as in the day of trial in the wilderness,
9 When my forefathers tested You; they tried You, though they saw Your work.
10 For forty years You were grieved with that generation, and said, “It is a people who go astray in their hearts, and they do not know My ways.”

I Will Declare Your Glory Among The Nations
Psalm 96

1 I will sing a new song to You, Lord! Sing to the Lord, all the earth.
2 I will sing to You and bless Your name; I will proclaim the good news of Your salvation from day to day.
3 I will declare Your glory among the nations, Your wonders among all peoples.
4 Lord, You are great and greatly to be praised; You are to be feared above all gods.
5 For all the gods of the peoples are idols, but Lord, You made the heavens.
6 Honor and majesty are before You; strength and beauty are in Your sanctuary.
7 Give to the Lord, O families of the people, give to the Lord glory and strength.
8 I will give to You, oh Lord, the glory due Your name; I will bring an offering, and come

into Your courts.
9 I will worship You, Lord, in the beauty of holiness! I will tremble before You.
10 I will say among the nations, that You reign, O Lord; the world also is firmly established,
it shall not be moved; You shall judge the people righteously.
11 Let the heavens rejoice, and let the earth be glad; let the sea roar, and all its fullness;
12 Let the field be joyful, and all that is in it. Let all the trees of the woods rejoice
before You, Lord.
13 For You are coming to judge the earth. You shall judge the world with righteousness, and
the people with truth.

You Preserve My Soul
Psalm 97

1 Lord, You reign! Let the earth rejoice; let the multitude of isles be glad!
2 Clouds and darkness surround You; righteousness and justice are the foundation of Your
throne.
3 A fire goes before You, and burns up Your enemies round about.
4 Your lightning lights the world; the earth sees and trembles.
5 The mountains melt like wax at Your presence, Lord.
6 The heavens declare Your righteousness, and all the people see Your glory.
7 Let all be put to shame who serve carved images, who boast of idols. Worship Him, all
you gods.
8 Zion hears and is glad, and the daughters of Judah rejoice because of Your judgments, O
Lord.
9 For You, Lord, are most high above all the earth; You are exalted far above all gods.
10 Because I love You and hate evil, You will preserve my soul and deliver me out of the
hand of the wicked.
11 Light is sown for the righteous, and gladness for the upright in heart.
12 I will rejoice in You, O Lord, and give thanks at the remembrance of Your holy name.

I Will Sing A New Song
Psalm 98

1 I will sing a new song to You, Lord! For You have done marvelous things; Your right
hand and Your holy arm have gained You the victory.
2 Lord, You have made known Your salvation; You have revealed Your righteousness in
the sight of the nations.
3 You have remembered Your mercy and faithfulness to me; all the ends of the earth have
seen Your salvation, O God.
4 I will shout joyfully to You, Lord; I will break forth in song, rejoice, and sing praises.
5 I will sing to You with the harp, with the harp and the sound of a psalm,
6 With trumpets and the sound of a horn; I will shout joyfully before You, O Lord.
7 Let the sea roar, and all its fullness, the world and those who dwell in it;

8 Let the rivers clap their hands; let the hills be joyful together before You, Lord,
9 For You are coming to judge the earth. With righteousness You shall judge the world, and
the people with equity.

You Are The God Who Forgives
Psalm 99

1 Lord, You reign; let the people tremble! You dwell between the cherubim; let the earth be
moved!
2 Lord, You are great in Zion, and You are high above all the people.
3 I will praise Your great and awesome name—You are holy.
4 ...You have established equity; You have executed justice and righteousness...
5 I will exalt You, O Lord my God, and worship at Your footstool--You are holy.
6 Moses and Aaron were among Your priests, and Samuel was among those who called
upon Your name; they called upon You, Lord, and You answered them.
7 You spoke to them in the cloudy pillar; they kept Your testimonies and the ordinances
You gave them.
8 You answered them, O Lord; You were to them “ the God-Who-Forgives,” though You
took vengeance on their deeds.
9 I will exalt You, O Lord my God, and worship at Your holy hill; for You, oh God, are
holy.

I Will Serve You With Gladness
Psalm 100

1 I will shout joyfully to You, Lord!
2 I will serve You with gladness; I will come before You with singing.
3 I know that You are God; You have made me, and not me, myself; I am Your lamb and
the sheep of Your pasture.
4 I will enter into Your gates with thanksgiving, and into Your courts with praise. I will be
thankful to You, and bless Your name.
5 For You are good, O Lord; Your mercy is everlasting, and Your truth endures to all
generations.

I Will Walk Within My House With A Perfect Heart
Psalm 101

1 I will sing of mercy and justice; to You, O Lord, I will sing praises.
2 I will behave wisely in a perfect way. Oh, when will You come to me? I will walk within
my house with a perfect heart.
3 I will set nothing wicked before my eyes; I hate the work of those who fall away; it shall
not cling to me.
4 A perverse heart shall depart from me; I will not know wickedness.

5 Whoever secretly slanders his neighbor...the one who has a haughty look and a proud heart I will not tolerate.
6 My eyes shall be on the faithful of the land, that they may dwell with me; he who walks in a perfect way, he shall serve me.
7 He who works deceit shall not dwell within my house; he who tells lies shall not continue in my presence.

You Will Not Despise My Prayer
Psalm 102

1 Hear my prayer, O Lord, and let my cry come to You.
2 Do not hide Your face from me in the day of my trouble; incline Your ear to me; in the day that I call, answer me speedily.
3 For my days are consumed like smoke, and my bones are burned like a hearth.
4 My heart is stricken and withered like grass, so that I forget to eat my bread.
5 Because of the sound of my groaning, my bones cling to my skin.
6 I am like a pelican of the wilderness; I am like an owl of the desert.
7 I lie awake, and am like a sparrow alone on the housetop.
8 My enemies reproach me all day long, those who deride me swear an oath against me.
9 For I have eaten ashes in which I sat, and mingled my drink with weeping,
10 I feel like, in Your indignation and wrath, You have lifted me up and cast me away.
11 My days are like a shadow that lengthens, and I wither away like grass.
12 But You, O Lord, shall endure forever, and the remembrance of Your name to all generations.
13 You will arise and have mercy on Zion; for the time to favor her, yes, the set time, has come.
14 For Your servants take pleasure in her stones, and show favor to her dust.
15 So the nations shall fear Your name, O Lord, and all the kings of the earth Your glory.
16 Lord, You shall build up Zion; You shall appear in Your glory.
17 You shall regard, and not despise my prayer.
18 This will be written for the generation to come, that a people yet to be created may praise You, O Lord.
19 For You looked down from the height of Your sanctuary; from heaven You viewed the earth, O Lord.
20 To hear the groaning of the prisoner, to release those appointed to death,
21 To declare Your name in Zion, and Your praise in Jerusalem,
22 When the people and the kingdoms are gathered together to serve You, Lord.
23 You weakened my strength in the way; You shortened my days.
24 I said, "O my God, do not take me away in the midst of my days." Your years are throughout all generations.
25 Of old, You laid the foundation of the earth and the heavens are the work of Your hands.
26 They will perish, but You will endure; yes, they will all grow old like a garment; like a cloak You will change them, and they will be changed.

27 But You are the same, and Your years will have no end.
28 My children (spiritual and natural) will continue, and my descendants will be established before You.

Your Mercy Is From Everlasting To Everlasting
Psalm 103

1 Bless the Lord, O my soul; and all that is within me, bless His holy name!
2 Bless the Lord, O my soul, and forget not all His benefits:
3 Who forgives all my iniquities, who heals all my diseases,
4 Who redeems my life from destruction, who crowns me with tender mercies,
5 Who satisfies my mouth with good things, so that my youth is renewed like the eagle's.
6 Lord, You execute righteousness and justice for all who are oppressed.
7 You made known Your ways to Moses, Your acts to the children of Israel.
8 Lord, You are merciful and gracious, slow to anger, and abounding in mercy.
9 You will not always strive with me, nor will You be angry forever.
10 You have not dealt with me according to my sins, nor punished me according to my iniquities.
11 For as the heavens are high above the earth, so great is Your mercy toward me because I fear You;
12 As far as the east is from the west, so far have You removed my transgressions from me.
13 As a father pities his children, so You pity me, Lord, because I fear You.
14 For You know my frame; You remember that I am dust.
15 As for man, his days are like grass; as a flower of the field, so he flourishes.
16 For the wind passes over it, and it is gone, and its place remembers it no more.
17 But Your mercy, O Lord, is from everlasting to everlasting on me because I fear You, and Your righteousness to my children's children,
18 Because I keep Your covenant, and remember Your commandments to do them.
19 Lord, You have established Your throne in heaven, and Your kingdom rules over all.
20 Bless the Lord, oh angels, who excel in strength, who do His word, Heeding the voice of His word.
21 Bless the Lord, all you hosts, you ministers of His, who do His pleasure.
22 Bless the Lord, all His works, in all places of His dominion. Bless the Lord, O my soul!

You Send Springs In The Valley
Psalm 104

1 Bless the Lord, O my soul! O Lord my God, You are very great: You are clothed with honor and majesty,
2 You cover Yourself with light as with a garment, You stretch out the heavens like a curtain.
3 You lay the beams of Your upper chambers in the waters, You make the clouds Your chariot, You walk on the wings of the wind,

4 You make Your angels spirits, Your ministers a flame of fire.
5 You laid the foundations of the earth, so that it should not be moved forever,
6 You covered it with the deep as with a garment; the waters stood above the mountains.
7 At Your rebuke they fled; at the voice of Your thunder they hastened away.
8 They went up over the mountains; they went down into the valleys, to the place which
You founded for them.
9 You have set a boundary that they may not pass over, that they may not return to cover the
earth.
10 You send the springs into the valleys, they flow among the hills.
11 They give drink to every beast of the field; the wild donkeys quench their thirst.
12 By them the birds of the heavens have their home; they sing among the branches.
13 You water the hills from Your upper chambers; the earth is satisfied with the fruit of Your
works.
14 You cause the grass to grow for the cattle, and vegetation for the service of man, that You
may bring forth food from the earth,
15 And wine that makes glad the heart of man, oil to make his face shine, and bread which
strengthens man's heart.
16 Your trees are full of sap, O Lord, the cedars of Lebanon which You planted,
17 Where the birds make their nests; the stork has her home in the fir trees.
18 The high hills are for the wild goats; the cliffs are a refuge for the rock badgers.
19 You appointed the moon for seasons; the sun knows its going down.
20 You make darkness, and it is night, in which all the beasts of the forest creep about.
21 The young lions roar after their prey, and seek their food from You, O God.
22 When the sun arises, they gather together and lie down in their dens.
23 Man goes out to his work and to his labor until the evening.
24 O Lord, how manifold are Your works! In wisdom You have made them all. The earth is
full of Your possessions--
25 This great and wide sea, in which are innumerable teeming things, living things both
small and great.
26 There the ships sail about; there is that Leviathan which You have made to play there.
27 These all wait for You, that You may give them their food in due season.
28 What You give them they gather in; You open Your hand, they are filled with good.
29 You hide Your face, they are troubled; You take away their breath, they die and return to
their dust.
30 You send forth Your Spirit, they are created; and You renew the face of the earth.
31 Lord, may Your glory endure forever; may You rejoice in Your works.
32 You look on the earth, and it trembles; You touch the hills, and they smoke.
33 I will sing to You, O Lord as long as I live; I will sing praise to You, O God, while I have
my being.
34 May my meditation be sweet to You; I will be glad in You, O Lord.
35 Sinners will be consumed from the earth, and the wicked will be no more. Bless the Lord,
O my soul! I will praise the Lord!

I Will Remember Your Marvelous Works
Psalm 105

1 I will give thanks to You, Lord! I will call upon Your name and make known Your deeds
among the people!

2 I will sing to You; I will sing psalms to You; I will talk of all Your wondrous works!

3 I will glory in Your holy name; my heart shall rejoice because I seek You, Lord!

4 I will seek Your strength; I will seek Your face evermore!

5 I will remember the marvelous works which You have done, Your wonders, and the
judgments of Your mouth,

6 O seed of Abraham, You are His servant, you children of Jacob, His chosen ones!

7 Lord, You are my God; Your judgments are in all the earth.

8 You remember Your covenant forever, the word which You commanded, for a thousand
generations,

9 The covenant which You made with Abraham, and Your oath to Isaac,

10 And confirmed it to Jacob for a statute, to Israel as an everlasting covenant,

11 Saying, "To you I will give the land of Canaan as the allotment of your inheritance,"

12 When they were few in number, indeed very few, and strangers in it.

13 When they went from one nation to another, from one kingdom to another.

14 You permitted no one to do them wrong; You rebuked kings for their sakes,

15 Saying, "Do not touch My anointed ones, and do My prophets no harm."

16 Moreover You called for a famine in the land; You destroyed all the provision of bread.

17 You sent a man before them--Joseph--who was sold as a slave.

18 They hurt his feet with fetters, he was laid in irons.

19 Until the time that his word to his brothers came to pass, Your word tested him.

20 The king sent and released him, the ruler of the people let him go free.

21 He made him lord of his house, and ruler of all his possessions,

22 To bind his princes at his pleasure, and teach his elders wisdom.

23 Israel also came into Egypt, and Jacob dwelt in the land of Ham.

24 Lord, You increased Your people greatly, and made them stronger than their enemies.

25 Then You turned the enemy's heart to hate Your people, to deal craftily with Your
servants.

26 You sent Moses, Your servant, and Aaron, whom You had chosen.

27 They performed Your signs among them, and wonders in the land of Ham.

28 You sent darkness, and made it dark; but Your servants did not rebel against Your word.

29 You turned Egypt's waters into blood, and killed their fish.

30 Their land abounded with frogs, even in the chambers of their kings.

31 You spoke, and there came swarms of flies, and lice in all their territory.

32 You gave them hail for rain, and flaming fire in their land.

33 You struck their vines also, and their fig trees, and splintered the trees of their territory.

34 You spoke, and locusts came, young locusts without number,

35 And ate up all the vegetation in their land, and devoured the fruit of their ground.

36 You also destroyed all the firstborn in their land, the first of all their strength.

37 You also brought them out with silver and gold, and there was none feeble among them.
38 Egypt was glad when they departed, for the fear of the people had fallen upon them.
39 You spread a cloud for a covering, and fire to give light in the night.
40 The people asked, and You brought quail, and satisfied them with the bread of heaven.
41 You opened the rock, and water gushed out; it ran in the dry places like a river.
42 For You remembered Your holy promise, and Abraham Your servant.
43 You brought out Your people with joy, Your chosen ones with gladness.
44 You gave them the lands of the nations, and they inherited the labor of the nations,
45 That they might observe Your statutes and keep Your laws. I praise You Lord!

I Will Triumph In Your Praise
Psalm 106

1 I will praise, You O Lord! I will give thanks to You, for You are good! For Your mercy endures forever.
2 Who can utter Your mighty acts, O Lord? Who can declare all Your praise?
3 I am blessed when I treat others fairly and do righteousness at all times!
4 Remember me, O Lord, with the favor You have toward Your people; Oh, visit me with Your salvation,
5 That I may see the benefit of Your chosen ones, that I may rejoice in the gladness of Your nation, that I may glory with Your heritage.
6 My forefathers sinned, committed iniquity, and have done wickedly.
7 My forefathers in Egypt did not understand Your wonders; they did not remember the multitude of Your mercies, but rebelled by the Red Sea.
8 Nevertheless You saved them for Your name's sake, that You might make Your mighty power known.
9 You rebuked the Red Sea also, and it dried up; You led them through the depths, as through the wilderness.
10 You saved them from the hand of him who hated them, and redeemed them from the hand of the enemy.
11 The waters covered their enemies; there was not one of them left.
12 Then they believed Your words; they sang Your praise.
13 But they soon forgot Your works; they did not wait for Your counsel,
14 But lusted exceedingly in the wilderness, and tested You in the desert.
15 And You gave them their request, but sent leanness into their soul.
16 When they envied Moses in the camp, and Aaron, Your saint,
17 The earth opened up and swallowed Dathan, and covered the faction of Abiram.
18 A fire was kindled in their company; the flame burned up the wicked.
19 They made a calf in Horeb, and worshiped the molded image.
20 Thus they changed their glory into the image of an ox that eats grass.
21 They forgot You and the great things You had done in Egypt,
22 Wondrous works in the land of Ham, awesome things by the Red Sea.
23 Therefore You said that You would destroy them, had not Moses Your chosen one stood

before You in the breach, to turn away Your wrath.
24 Then they despised the pleasant land of Canaan; they did not believe Your word,
25 But complained in their tents, and did not heed Your voice.
26 Therefore You raised up Your hand in an oath against them, to overthrow them in the
wilderness,
27 To overthrow their descendants among the nations, and to scatter them in the lands.
28 They joined themselves also to false gods, and ate sacrifices made to the dead.
29 Thus they provoked You to anger with their deeds, and the plague broke out among them.
30 Then Phinehas stood up and intervened, and the plague was stopped.
31 And that was accounted to him for righteousness to all generations forevermore.
32 They angered You also at the waters of Meribah, so that it went ill with Moses on account
of them;
33 Because they rebelled against Your Spirit, so that he spoke rashly with his lips.
34 They did not destroy the peoples, concerning whom You had commanded them,
35 But they mingled with the nations and learned their works;
36 They served their idols, which became a snare to them.
37 They even sacrificed their sons and their daughters to demons,
38 And shed innocent blood, the blood of their sons and daughters, whom they sacrificed to
the idols of Canaan; and the land was polluted with blood.
39 Thus they were defiled by their own works, and by the spirit of harlotry.
40 Therefore Your wrath was kindled against Your people, so that You abhorred Your own
inheritance.
41 And You gave them into the hand of the Gentiles, and those who hated them ruled over
them.
42 Their enemies also oppressed them, and they were brought into subjection under their
hand.
43 Many times You delivered them; but they rebelled in their counsel, and were brought low
for their iniquity.
44 Nevertheless You regarded their affliction, when You heard their cry;
45 And for their sake You remembered Your covenant, and relented according to the
multitude of Your mercies.
46 You also made them to be pitied by all those who carried them away captive.
47 Save us, O Lord my God, and gather Your people from among the nations, to give thanks
to Your holy name, to triumph in Your praise.
48 Blessed are You, O Lord God of Israel, from everlasting to everlasting! And let all the
people say, "Amen! Praise the Lord!"

BOOK FIVE
Psalms 107-150

You Send Your Word And Heal Me
Psalm 107

1 I give thanks to You Lord, for You are good! For Your mercy endures forever.
2 Let the redeemed of the Lord say so, whom He has redeemed from the hand of the enemy,
3 And gathered out of the lands, from the east and from the west, from the north and from
the south.
4 I wandered in the wilderness in a desolate way; I found no eternal city to dwell in.
5 Hungry and thirsty, my soul fainted within me.
6 Then I cried out to You, Lord, in my trouble, and You delivered me from my distresses.
7 And You led me forth by the right way, that I might go to Your eternal city for my
dwelling place.
8 Oh, that men would give thanks to You, Lord, for Your goodness, and for Your
wonderful works to the children of men!
9 For You satisfy my longing soul, and fill my hungry soul with goodness.
10 I once sat in darkness and in the shadow of death, bound in affliction and irons--
11 Because I rebelled against Your words, O God, and despised Your counsel, O Most High,
12 Therefore You brought down my heart with labor; I fell down, and there was none to
help.
13 Then I cried out to You in my trouble, and You saved me out of my distress.
14 You brought me out of darkness and the shadow of death, and broke my chains in pieces.
15 Oh, that men would give thanks to You, Lord, for Your goodness, and for Your
wonderful works to the children of men!
16 For You have broken the gates of bronze, and cut the bars of iron in two.
17 As a fool, because of my transgression, and because of my iniquities, I was afflicted.
18 My soul abhorred all manner of food, and I drew near to the gates of death.
19 Then I cried out to You, O Lord, in my trouble, and You saved me out of my distresses.
20 You sent Your word and healed me, and delivered me from my destructions.
21 Oh, that men would give thanks to You, Lord, for Your goodness, and for Your
wonderful works to the children of men!
22 Let me sacrifice the sacrifices of thanksgiving, and declare Your works with rejoicing.
23 Those who go down to the sea in ships, who do business on great waters,
24 They see Your works, Lord, and Your wonders in the deep.
25 For You command and raise the stormy wind, which lifts up the waves of the sea.
26 In the storm I mount up to the heavens, I go down again to the depths; my soul melts
because of trouble.
27 I reel to and fro, and stagger like a drunken man, and am at my wits' end.
28 Then I cry out to You in my trouble, O Lord, and You bring me out of my distresses.
29 You calm the storm, so that its waves are still.
30 Then I am glad because I am quiet; so You guide me to my desired haven.

31 Oh, that men would give thanks to You, Lord, for Your goodness, and for Your wonderful works to the children of men!
32 Let me exalt You also in the assembly of the people, and praise You in the company of the elders.
33 You turn rivers into a wilderness, and the watersprings into dry ground;
34 A fruitful land into barrenness, because of the wickedness of those who dwell in it.
35 You turn a wilderness into pools of water, and dry land into watersprings.
36 There You make me dwell, that I may establish a dwelling place,
37 And sow fields and plant vineyards, that I may yield a fruitful harvest.
38 You bless me, and I multiply greatly; and You do not let my cattle decrease.
39 When Your people are diminished and brought low through oppression, affliction and sorrow,
40 You pour contempt on princes, and cause them to wander in the wilderness where there is no way;
41 Yet You set the poor on high, far from affliction, and make their families like a flock.
42 The righteous see it and rejoice, and iniquity stops its mouth.
43 I am wise because I have observed these things and I understand Your loving kindness, O Lord.

I Will Do Valiantly Through You
Psalm 108

1 O God, my heart is steadfast; I will sing and give praise, even with my glory.
2 Awake, lute and harp! I will awaken the dawn.
3 I will praise You, O Lord, among the peoples, and I will sing praises to You among the nations.
4 For Your mercy is great above the heavens, and Your truth reaches to the clouds.
5 Be exalted, O God, above the heavens, and Your glory above all the earth;
6 Save with Your right hand and hear me that I may be delivered.
7 God has spoken in His holiness: "I will rejoice; I will divide Shechem and measure out the Valley of Succoth.
8 Gilead is Mine; Manasseh is Mine; Ephraim also is the helmet for My head; Judah is My lawgiver.
9 Moab is My washpot; over Edom I will cast My shoe; over Philistia I will triumph."
10 Who will bring me into the fortified city? Who will lead me to Edom?
11 Is it not You, O God, who cast me off? And You, O God, who did not go out with me?
12 Give me help from trouble, for the help of man is useless.
13 Through You, O God, I will do valiantly, for it is You who shall tread down my enemies.

My Accusers Are Clothed With Shame
Psalm 109

1 Do not keep silent, O God of my praise!

2 For the mouth of the wicked and the mouth of the deceitful have opened against me
and spoken against me with a lying tongue.

3 They have also surrounded me with words of hatred, and fought against me without a
cause.

4 In return for my love they are my accusers, but I give myself to prayer.

5 Thus they have rewarded me evil for good, and hatred for my love.

6 Set a wicked man over him, and let an accuser stand at his right hand.

7 When he is judged, let him be found guilty, and let his prayer become sin.

8 Let his days be few, and let another take his office.

9 Let his children be fatherless, and his wife a widow.

10 Let his children continually be vagabonds, and beg; let them seek their bread also from
desolate places.

11 Let the creditor seize all that he has, and let strangers plunder his labor.

12 Let there be none to extend mercy to him, nor let there be any to favor his fatherless
children.

13 Let his posterity be cut off, and in the generation following let his name be blotted out.

14 Let the iniquity of his fathers be remembered before the Lord, and let not the sin of his
mother be blotted out.

15 Let him be continually before the Lord, that He may cut off the memory of him from the
earth;

16 Because he did not remember to show mercy, but persecuted the poor and needy man,
that he might even slay the broken in heart.

17 As he loved cursing, so let it come to him; as he did not delight in blessing, so let it be far
from him.

18 As he clothed himself with cursing as with his garment, so let it enter his body like water,
and like oil into his bones.

19 Let it be to him like the garment which covers him, and for a belt with which he girds
himself continually.

20 Let this be Your reward to my accusers, O Lord, and to those who speak evil against me.

21 But You, O God, deal with me for Your name's sake; because Your mercy is good,
deliver me.

22 For I am poor and needy, and my heart is wounded within me.

23 I am gone like a shadow when it lengthens; I am shaken off like a locust.

24 My knees are weak through fasting, and my flesh is feeble from lack of fatness.

25 I also have become a reproach to them; when they look at me, they shake their heads.

26 Help me, O Lord my God! Oh, save me according to Your mercy,

27 That I may know that this is Your hand--that You, Lord, have done it!

28 Let them curse, but You bless; when I arise, let them be ashamed, but let Your servant
rejoice.

29 Let my accusers be clothed with shame, and let them cover themselves with their own
disgrace as with a mantle.

30 I will greatly praise You, O Lord; yes, I will praise You among the multitude.

31 For You shall stand at the right hand of the poor, to save him from those who condemn him.

You Rule In The Midst Of Your Enemies

Psalm 110

1 God, You said to my Lord, Jesus, “Sit at My right hand, until I make Your enemies Your footstool.”
2 Lord, You will send the rod of Your strength out of Zion. You will rule in the midst of Your enemies!
3 Your people will offer themselves willingly in the day of Your power; in the beauty of holiness.
4 God, You have sworn and will not relent, saying to my Lord, “You are a priest forever according to the order of Melchizedek.”
5 My Lord is at Your right hand and shall execute kings in the day of Your wrath.
6 He shall judge among the nations, He shall fill the places with dead bodies, He shall execute the heads of many countries.
7 He shall drink of the brook by the wayside; therefore He shall lift up His head triumphantly.

You Remember Your Covenant

Psalm 111

1 Praise the Lord! I will praise You, O Lord, with my whole heart, in the assembly of the upright and in the congregation.
2 Your works are great, O Lord, studied by all who have pleasure in You.
3 Your work is honorable and glorious, and Your righteousness endures forever.
4 You have made Your wonderful works to be remembered; O Lord, You are gracious and full of compassion.
5 You have given food to those who fear You; You will ever be mindful of Your covenant.
6 You have declared to me the power of Your works, in giving me the heritage of the nations.
7 The works of Your hands are verity and justice; all Your precepts are sure.
8 They stand fast forever and ever, and are done in truth and uprightness.
9 You have sent redemption to Your people; You have commanded Your covenant forever: holy and awesome is Your name.
10 Oh Lord, fearing You is the beginning of wisdom; a good understanding have all those who do Your commandments. Your praise endures forever.

I Will Never Be Shaken

Psalm 112

1 Praise the Lord! I am blessed because I fear You, O Lord, I delight greatly in Your

commandments.

- 2 My descendants will be mighty on earth; my generation will be blessed.
- 3 Wealth and riches will be in my house, and Your imputed righteousness endures forever.
- 4 Because I am righteous, light arises in darkness unto me; You are gracious, and full of compassion, and righteous.
- 5 I will deal graciously and lend to others; I will guide my affairs with discretion.
- 6 Surely I will never be shaken; I will be in everlasting remembrance.
- 7 I will not be afraid of evil tidings; my heart is steadfast, trusting in You, O Lord.
- 8 My heart is established; I will not be afraid, until I see Your judgment upon my enemies.
- 9 I have given to the poor and needy; because of You, my imputed righteousness endures forever; my horn will be exalted with honor.
- 10 The wicked will see it and be grieved; he will gnash his teeth and melt away; the desire of the wicked shall perish.

You Lift Me Out Of The Ash Heap
Psalm 113

- 1 Praise the Lord! Praise, O servants of the Lord, praise the name of the Lord!
- 2 Blessed be Your name, O Lord, from this time forth and forevermore!
- 3 From the rising of the sun to its going down, Your name, O Lord, is to be praised.
- 4 You are high above all nations, Your glory above the heavens.
- 5 Who is like You, O Lord God, who dwells on high?
- 6 You humble Yourself to behold the things that are in the heavens and in the earth.
- 7 You raise me out of the dust, and lift me out of the ash heap,
- 8 That You may seat me with princes--with the princes of Your people.
- 9 You grant the barren woman a home, like a joyful mother of children. Praise the Lord!

You Turn Flint Into Fountains
Psalm 114

- 1 When Israel went out of Egypt, the house of Jacob from a people of strange language,
- 2 Judah became His sanctuary, and Israel His dominion.
- 3 The Red Sea saw it and fled; the Jordan River turned back.
- 4 The mountains skipped like rams, the little hills like lambs.
- 5 What ails you, O Red Sea, that you fled? O Jordan River, that you turned back?
- 6 O mountains, that you skipped like rams? O little hills, like lambs?
- 7 The earth trembles, O Lord, at Your presence, at the presence of the God of Jacob,
- 8 Who turned the rock into a pool of water, the flint into a fountain of waters.

I Will Bless You Forevermore
Psalm 115

- 1 Not unto me, O Lord, not unto me, but to Your name give glory, because of Your mercy,

because of Your truth.
2 Why should the nations say, "So where is Your God?"
3 My God, You are in heaven; You do whatever You please.
4 Idols are silver and gold, the work of men's hands.
5 They have mouths, but do not speak; they have eyes, but they do not see;
6 They have ears, but they do not hear; they have noses, but they do not smell;
7 They have hands, but they do not handle; they have feet, but they do not walk; nor do they
mutter through their throat.
8 Those who make them are like them; so is everyone who trusts in them.
9 I will trust in You, O Lord; You are my help and my shield.
10 I will trust in You, O Lord; You are my help and my shield.
11 You who fear the Lord, trust in Him, for He is my help and my shield.
12 Lord, You have been mindful of me; You will bless me; You will bless the house of
Israel; You will bless the house of Aaron. You will bless my house.
13 You will bless those who fear You, both small and great.
14 Lord, may You give me and my children increase more and more.
15 May I be blessed by You, O Lord, who made heaven and earth.
16 The heaven are Yours; but the earth You have given to me and my descendants.
17 The dead do not praise You, Lord, nor any who go down into silence.
18 But I will bless You from this time forth and forevermore. I praise You, oh Lord!

You Have Loosed My Bonds
Psalm 116

1 I love You, Lord, because You have heard my voice and my supplications.
2 Because You have inclined Your ear to me, therefore I will call upon You as long as I
live.
3 The pains of death surrounded me, and the pangs of Sheol (the place of the dead) laid
hold of me; I found trouble and sorrow.
4 Then I called upon Your name, O Lord: "O Lord, I implore You, deliver my soul!"
5 Lord, You are gracious and righteous; yes, You are merciful.
6 Lord, You preserve me; I was brought low, and You saved me.
7 I will say to my soul, "Return to your rest; for the Lord has dealt bountifully with you."
8 Lord, You have delivered my soul from death, my eyes from tears, and my feet from
falling.
9 I will walk before You in the land of the living.
10 I believed, therefore I spoke, "I am greatly afflicted."
11 I said in my haste, "All men are liars."
12 What shall I render to You, Lord, for all Your benefits toward me?
13 I will take up the cup of salvation, and call upon Your name.
14 I will pay my vows to You in the presence of all Your people.
15 Precious in Your sight, O Lord, is the death of Your saints.
16 O Lord, truly I am Your servant; I am Your servant, the son of Your maidservant; You

have loosed my bonds.
17 I will offer to You the sacrifice of thanksgiving, and will call upon Your name.
18 I will pay my vows to You now in the presence of all Your people,
19 In the courts of Your house, in the midst of you, O Jerusalem. Praise the Lord!

Your Truth Endures Forever
Psalm 117

1 Praise the Lord, all you nations! Laud Him, all you peoples!
2 For His merciful kindness is great toward us, and the truth of the Lord endures forever. I
praise You, oh Lord!

I Shall Not Die, But Live
Psalm 118

1 I will give thanks to You, Lord, for You are good! For Your mercy endures forever.
2 Let Israel now say, "His mercy endures forever."
3 Let the house of Aaron now say, "His mercy endures forever."
4 Let those who fear the Lord now say, "His mercy endures forever."
5 I called on You in distress, Lord, and You answered me and set me in a broad place.
6 You are on my side; I will not fear. What can man do to me?
7 Lord, You are among those who help me; therefore I shall see my desire established on
those who hate me.
8 It is better to trust in You, O Lord, than to put confidence in man.
9 It is better to trust in You than to put confidence in princes.
10 All nations surround me, but in Your name I will conquer them.
11 They surround me, yes, they surround me; but in Your name I will conquer them.
12 They surround me like bees; They will be quenched like a fire of thorns; for in Your
name, O Lord, I will conquer them.
13 They push me violently, that I might fall, but You help me.
14 You are my strength and song, and You have become my salvation.
15 The voice of rejoicing and salvation is in my tent; Your right hand, O Lord, does valiantly
in my behalf.
16 Your right hand is exalted; Your right hand does valiantly in my behalf.
17 I shall not die, but live, and declare Your works, O Lord.
18 Lord, You have chastened me severely, but You have not given me over to death.
19 Open to me the gates of righteousness; I will go through them, and I will praise Your
name, O Lord.
20 This is Your gate through which the righteous shall enter.
21 I will praise You, for You have answered me, and have become my salvation.
22 The stone which the builders rejected has become the chief cornerstone.
23 This is Your doing; it is marvelous in our eyes.
24 This is the day You have made; I will rejoice and be glad in it.

25 Save now, I pray, O Lord; I pray, send now prosperity.
26 Blessed is he who comes in Your name, Oh Lord! We bless You from Your house.
27 God, You are my Lord, and You have given me light; I will bind the sacrifice with cords
to the horns of the altar.
28 You are my God, and I will praise You; You are my God, I will exalt You.
29 I will give thanks to You, for You are good! For Your mercy endures forever.

Your Word Has Given Me Life
Psalm 119

1 I am blessed when I walk undefiled in Your law, Oh Lord!
2 I am blessed when I keep Your testimonies and seek You with my whole heart!
3 I am also blessed when I do no iniquity and I walk in Your ways.
4 You have commanded me to keep Your precepts diligently.
5 Oh, that my ways were directed to keep Your statutes!
6 Then I would not be ashamed, when I look into Your commandments.
7 I will praise You with uprightness of heart, when I learn Your righteous judgments.
8 I will keep Your statutes; Oh, do not forsake me utterly!
9 How can I cleanse my way? By taking heed according to Your word.
10 With my whole heart I have sought You; Oh, let me not wander from Your
commandments!
11 Your word I have hidden in my heart, that I might not sin against You!
12 Blessed are You, O Lord! Teach me Your statutes!
13 With my lips I have declared all the judgments of Your mouth.
14 I have rejoiced in the way of Your testimonies, as much as in all riches.
15 I will meditate on Your precepts, and contemplate Your ways.
16 I will delight myself in Your statutes; I will not forget Your word.
17 Deal bountifully with Your servant, that I may live and keep Your word.
18 Open my eyes, that I may see wondrous things from Your law.
19 I am a stranger in the earth; do not hide Your commandments from me.
20 My soul breaks with longing for Your judgments at all times.
21 You rebuke the proud--those who stray from Your commandments.
22 Remove from me reproach and contempt, for I have kept Your testimonies.
23 Powerful men also sit and speak against me, but I meditate on Your statutes.
24 Your testimonies also are my delight and my counselors.
25 My soul clings to the dust; revive me according to Your word.
26 I have declared my ways, and You answered me; teach me Your statutes.
27 Make me understand the way of Your precepts; so shall I meditate on Your wondrous
works.
28 My soul melts from heaviness; strengthen me according to Your word.
29 Remove from me the way of lying, and grant me Your law graciously.
30 I have chosen the way of truth; Your judgments I have laid before me.
31 I cling to Your testimonies; O Lord, do not put me to shame!

32 I will run the course of Your commandments, for You shall enlarge my heart.
33 Teach me, O Lord, the way of Your statutes, and I shall keep them to the end.
34 Give me understanding, and I shall keep Your law; indeed, I shall observe it with my whole heart.
35 Make me walk in the path of Your commandments, for I delight in it.
36 Incline my heart to Your testimonies, and not to covetousness.
37 Turn away my eyes from looking at worthless things, and revive me in Your way.
38 Establish Your word to Your servant, who is devoted to fearing You.
39 Turn away my reproach which I dread, for Your judgments are good.
40 Behold, I long for Your precepts; revive me in Your righteousness.
41 Let Your mercies come also to me, O Lord--salvation according to Your word.
42 So shall I have an answer for him who reproaches me, for I trust in Your word.
43 Do not take the word of truth utterly out of my mouth, for I have hoped in Your ordinances.
44 So shall I keep Your law continually, forever and ever.
45 And I will walk at liberty, for I seek Your precepts.
46 I will speak of Your testimonies also before kings, and will not be ashamed.
47 And I will delight myself in Your commandments, which I love.
48 I will lift up my hands to Your commandments, which I love, and I will meditate on Your statutes.
49 Remember the word to Your servant, upon which You have caused me to hope.
50 This is my comfort in my affliction, for Your word has given me life.
51 The proud have me in great derision, yet I do not turn aside from Your law.
52 I remembered Your judgments of old, O Lord, and have comforted myself.
53 Indignation has taken hold of me because of the wicked, who forsake Your law.
54 Your statutes have been my songs in the house of my pilgrimage.
55 I remember Your name in the night, O Lord, and I keep Your law.
56 This has become mine, because I kept Your precepts.
57 You are my portion, O Lord; I have said that I would keep Your words.
58 I entreated Your favor with my whole heart; be merciful to me according to Your word.
59 I thought about my ways, and turned my feet to Your testimonies.
60 I made haste, and did not delay to keep Your commandments.
61 The cords of the wicked have bound me, but I have not forgotten Your law.
62 At midnight I will rise to give thanks to You, because of Your righteous judgments.
63 I am a companion of all who fear You, and of those who keep Your precepts.
64 The earth, O Lord, is full of Your mercy; teach me Your statutes.
65 You have dealt well with Your servant, O Lord, according to Your word.
66 Teach me good judgment and knowledge, for I believe Your commandments.
67 Before I was afflicted I went astray, but now I keep Your word.
68 You are good, and do good; teach me Your statutes.
69 The proud have forged a lie against me, but I will keep Your precepts with my whole heart.
70 Their heart is enlarged and dull, but I delight in Your law.

71 It is good for me that I have been afflicted, that I may learn Your statutes.
72 The law of Your mouth is better to me than thousands of coins of gold and silver.
73 Your hands have made me and fashioned me; give me understanding, that I may learn
Your commandments.
74 Those who fear You will be glad when they see me, because I have hoped in Your word.
75 I know, O Lord, that Your judgments are right, and that in faithfulness You have afflicted
me.
76 I pray that Your merciful kindness will be my comfort, according to Your word to Your
servant.
77 Let Your tender mercies come to me, that I may live; for Your law is my delight.
78 Let the proud be ashamed, for they treated me wrongfully with falsehood; but I will
meditate on Your precepts.
79 I will turn to You because I know Your testimonies.
80 Let my heart be blameless regarding Your statutes, that I may not be ashamed.
81 My soul faints for Your salvation, but I hope in Your word.
82 My eyes fail from searching Your word, saying, "When will You comfort me?"
83 For I have become like a wineskin--shriveled in smoke--yet I do not forget Your statutes.
84 How many are the days of Your servant? When will You execute judgment on those who
persecute me?
85 The proud have dug pits for me, which is not according to Your law.
86 All Your commandments are faithful; they persecute me wrongfully; help me!
87 They almost made an end of me on earth, but I did not forsake Your precepts.
88 Revive me according to Your loving kindness, so that I may keep the testimony of Your
mouth.
89 Forever, O Lord, Your word is settled in heaven.
90 Your faithfulness endures to all generations; You established the earth, and it abides.
91 I continue this day according to Your ordinances, I am Your servant.
92 Unless Your law had been my delight, I would have perished in my affliction.
93 I will never forget Your precepts, for by them You have given me life.
94 I am Yours, save me; for I have sought Your precepts.
95 The wicked wait to destroy me, but I will consider Your testimonies.
96 Perfection has its limits, but Your commandments are exceedingly broad.
97 Oh, how I love Your law! It is my meditation all day.
98 Through Your commandments, You make me wiser than my enemies; for they are ever
with me.
99 I have more understanding than all my teachers, for Your testimonies are my meditation.
100 I understand more than the ancients, because I keep Your precepts.
101 I have restrained my feet from every evil way, that I may keep Your word.
102 I have not departed from Your judgments, for You Yourself have taught me.
103 How sweet are Your words to my taste, sweeter than honey to my mouth!
104 Through Your precepts I get understanding; therefore I hate every false way.
105 Your word is a lamp to my feet and a light to my path.
106 I have sworn and confirmed that I will keep Your righteous judgments.

107 I am afflicted very much; revive me, O Lord, according to Your word.
108 Accept, I pray, the freewill offerings of my mouth, O Lord, and teach me Your judgments.
109 My life is continually in my hand, yet I do not forget Your law.
110 The wicked have laid a snare for me, yet I have not strayed from Your precepts.
111 I have taken Your testimonies as a heritage forever, for they make my heart rejoice.
112 I have inclined my heart to perform Your statutes forever, to the very end.
113 I hate the double-minded, but I love Your law.
114 You are my hiding place and my shield; I hope in Your word.
115 Depart from me, you evildoers, for I will keep the commandments of my God!
116 Uphold me according to Your word, that I may live; and do not let me be ashamed of my hope.
117 Hold me up, and I shall be safe, and I shall observe Your statutes continually.
118 You reject all those who stray from Your statutes, for deceit is falsehood.
119 You put away all the wicked of the earth like dross; therefore I love Your testimonies.
120 My flesh trembles for fear of You, and I am afraid of Your judgments.
121 I have done justice and righteousness; do not leave me to my oppressors.
122 Be surety for me for good; do not let the proud oppress me.
123 My eyes fail from seeking Your salvation and Your righteous word.
124 Deal with Your servant according to Your mercy, and teach me Your statutes.
125 I am Your servant; give me understanding, that I may know Your testimonies.
126 It is time for You to act, O Lord, for evil men have regarded Your law as void.
127 Therefore I love Your commandments more than gold, yes, than fine gold!
128 Therefore, I consider Your precepts concerning all things right; I hate every false way.
129 Your testimonies are wonderful; therefore my soul keeps them.
130 The entrance of Your words gives light; it gives understanding to the simple.
131 I opened my mouth and panted, for I longed for Your commandments.
132 Look upon me and be merciful to me, as Your custom is toward those who love Your name.
133 Direct my steps by Your word, and let no iniquity have dominion over me.
134 Redeem me from the oppression of man, that I may keep Your precepts.
135 Make Your face shine upon Your servant, and teach me Your statutes.
136 Rivers of water run down from my eyes, because men do not keep Your law.
137 You are righteous, O Lord, and Your judgments are upright.
138 Your testimonies, which You have commanded, are righteous and very faithful.
139 My zeal has consumed me, because my enemies have forgotten Your words.
140 Your word is very pure; therefore Your servant loves it.
141 I am small and despised, yet I do not forget Your precepts.
142 Your righteousness is an everlasting righteousness, and Your law is truth.
143 Trouble and anguish have overtaken me, yet Your commandments are my delights.
144 The righteousness of Your testimonies is everlasting; give me understanding, and I shall live.

145 I cry out with my whole heart; hear me, O Lord! I will keep Your statutes.
146 I cry out to You; save me, and I will keep Your testimonies.
147 I rise before the dawning of the morning, and cry for help; I hope in Your word.
148 I am awake through the night watches, that I may meditate on Your word.
149 Hear my voice according to Your loving kindness; O Lord, revive me according to Your justice.
150 Those who persecute me are closing in. They are far from Your law.
151 You are near, O Lord, and all Your commandments are truth.
152 Concerning Your testimonies, I have known of old that they are forever.
153 Consider my affliction and deliver me, for I do not forget Your law.
154 Plead my cause and redeem me; revive me according to Your word.
155 Salvation is far from the wicked, for they do not seek Your statutes.
156 Great are Your tender mercies, O Lord; revive me according to Your judgments.
157 Many are my persecutors and my enemies, yet I do not turn from Your testimonies.
158 I see the treacherous and am disgusted because they do not keep Your word.
159 Consider how I love Your precepts; revive me, O Lord, according to Your loving kindness.
160 The entirety of Your word is truth, and every one of Your righteous judgments endures forever.
161 Princes persecute me without a cause, but my heart stands in awe of Your word.
162 I rejoice at Your word as one who finds great treasure.
163 I hate and abhor lying, but I love Your law.
164 Seven times a day I praise You, because of Your righteous judgments.
165 I have great peace because I love Your law, and nothing causes me to stumble.
166 Lord, I hope for Your salvation, and I do Your commandments.
167 My soul keeps Your testimonies, and I love them exceedingly.
168 I keep Your precepts and Your testimonies, for all my ways are before You.
169 Let my cry come before You, O Lord; give me understanding according to Your word.
170 Let my supplication come before You; deliver me according to Your word.
171 My lips shall utter praise, for You teach me Your statutes.
172 My tongue shall speak of Your word, for all Your commandments are righteous.
173 Let Your hand become my help, for I have chosen Your precepts.
174 I long for Your salvation, O Lord, and Your law is my delight.
175 Let my soul live, and it shall praise You; and let Your judgments help me.
176 I have gone astray like a lost sheep; seek me, for I do not forget Your commandments.

You Deliver Me From A Deceitful Tongue
Psalm 120

1 In my distress I cried to You, O Lord, and You heard me.
2 Deliver my soul, O Lord, from lying lips and from a deceitful tongue.
3 What shall be given to you, or what shall be done to you, you false tongue?

4 Sharp arrows of the warrior, with coals of the broom tree!
5 Woe is me, that I dwell in Meshech and that I dwell among the tents of Kedar (both
representing barbaric people)!
6 My soul has dwelt too long with those who hate peace.
7 I am for peace; but when I speak, they are for war.

My Help Comes From You
Psalm 121

1 I will lift up my eyes to the hills--from where does my help come?
2 My help comes from You, O Lord, who made heaven and earth.
3 You will not allow my foot to be moved; You keep me and You will not slumber.
4 Behold, You keep me and You shall neither slumber nor sleep.
5 Lord, You are my keeper; You are my shade at my right hand.
6 The sun shall not strike me by day, nor the moon by night.
7 You shall preserve me from all evil; You shall preserve my soul.
8 You shall preserve my going out and my coming in from this time forth, and even
forevermore.

I Am Glad To Go To Your House
Psalm 122

1 I was glad when they said to me, "Let us go into the house of the Lord."
2 My feet have been standing within your gates, O Jerusalem!
3 Jerusalem is built as a city that is compact together,
4 Where the tribes go up to give thanks to Your name, O Lord.
5 For thrones are set there for judgment, the thrones of the house of David.
6 I will pray for the peace of Jerusalem: Those who love you will prosper.
7 Peace be within your walls, prosperity within your palaces.
8 For the sake of my brethren and companions, I will now say, "Peace be within you."
9 Because of Your house, O Lord, I seek their good.

My Eyes Look To You
Psalm 123

1 I lift up my eyes unto You who dwell in the heavens.
2 Behold, as the eyes of servants look to the hand of their masters, as the eyes of a maid to
the hand of her mistress, so my eyes look to You, O Lord my God, until You have mercy
on me.
3 Have mercy on me, O Lord, have mercy on me! For I am exceedingly filled with
contempt.
4 My soul is exceedingly filled with the scorn of those who are at ease, with the contempt
of the proud.

My Help Is In Your Name
Psalm 124

1 If it had not been that You, O Lord, were on my side, I will now declare--
2 If it had not been that You were on my side, when men rose up against me,
3 Then they would have swallowed me alive, when their wrath was kindled against me;
4 Then the waters would have overwhelmed me, the stream would have gone over my soul;
5 Then the swollen waters would have gone over my soul.
6 I am blessed, Lord, for You have not given me as prey to their mouths.
7 My soul has escaped as a bird from the snare of the fowlers; the snare is broken, and I
have escaped.
8 My help is in Your name, O Lord, who made heaven and earth.

I Cannot Be Moved
Psalm 125

1 Because I trust in You, Lord, I am like Mount Zion, which cannot be moved, but abides
forever.
2 As the mountains surround Jerusalem, so You surround me from this time forth and
forever.
3 For the scepter of wickedness shall not rest on the land allotted to me, lest I reach out my
hands to iniquity.
4 Oh Lord, do good to me because I am upright in heart.
5 As for such as turn aside to their crooked ways, You shall lead them away with the
workers of iniquity. Peace be upon Israel!

I Shall Reap In Joy
Psalm 126

1 Lord, when You delivered me from captivity, it was like a dream!
2 Then my mouth was filled with laughter, and my tongue with singing. Then I said among
the nations, "The Lord has done great things for me."
3 Lord, You have done great things for me, and I am glad.
4 Deliver me from bondage, O Lord, as the streams in the south (desert).
5 Because I have sown in tears, I shall reap in joy.
6 If I continually go forth weeping, bearing seed for sowing, I shall doubtless come again
with rejoicing, bringing my sheaves with me.

You Build My House
Psalm 127

1 Unless You build my house, O Lord, I labor in vain; unless You guard the city, I stay
awake in vain.

2 It is vain for me to rise up early, to sit up late, to eat the bread of sorrows; for so You give me, Your beloved, sleep.
3 Behold, children are a heritage from You, Lord, the fruit of the womb is a reward.
4 Like arrows in the hand of a warrior, so are my (spiritual and natural) children.
5 I am happy because my quiver is filled with them; I shall not be ashamed, but shall speak with my enemies in the gate.

I Will Eat The Labor Of My Hands
Psalm 128

1 I am blessed because I fear You, Lord, and walk in Your ways.
2 When I eat the labor of my hands, I will be happy, and it shall be well with me.
3 My mate will be like a fruitful vine in the very heart of my house, my children (both natural and spiritual) like olive plants around my table.
4 I shall be blessed because I fear You, Lord.
5 You will bless me out of Zion, and I will see the good of Jerusalem all the days of my life.
6 Yes, I will even see my children's children!

You Have Cut The Cords Of The Wicked
Psalm 129

1 Many a time they have afflicted me from my youth--let me say it again:
2 Many a time they have afflicted me from my youth--yet they have not prevailed against me.
3 The plowers plowed on my back; they made my furrows long.
4 Lord, You are righteous; You have shattered the yoke of the wicked.
5 Let all those who hate Zion be put to shame and turned back.
6 Let them be as the grass on the housetops, which withers before it grows up,
7 With which the reaper does not fill his hand, nor he who binds sheaves, his arms.
8 Neither let those who pass by them say, "The blessing of the Lord be upon you; we bless you in the name of the Lord!"

You Redeem Me From All My Iniquities
Psalm 130

1 Out of the depths I have cried to You, O Lord;
2 Lord, hear my voice! Let Your ears be attentive to the voice of my supplications.
3 If You, Lord, should mark iniquities, who could stand?
4 But there is forgiveness with You, that You may be feared.
5 I wait for You, Lord, my soul waits, and in Your word I do hope.
6 My soul waits for You more than those who watch for the morning--yes, more than those who watch for the morning.

7 I will hope in You, Lord; for with You there is mercy, and with You is abundant redemption.
8 And You shall redeem me from all my iniquities.

I Have A Calm And Quiet Soul
Psalm 131

1 Lord, my heart is not haughty, nor my eyes lofty. Neither do I concern myself with great matters, nor with things too profound for me.
2 Surely I have calmed and quieted my soul, like a weaned child with his mother; like a weaned child my soul within me has ceased from fretting.
3 I will hope in You Lord from this time forth and forever.

I Will Worship At Your Footstool
Psalm 132

1 Lord, remember David in his afflictions;
2 How he swore to You, and vowed to You:
3 “Surely I will not go into the chamber of my house, or go up to the comfort of my bed;
4 I will not give sleep to my eyes or slumber to my eyelids,
5 Until I find a place for the Lord, a dwelling place for the Mighty One of Jacob.”
6 Behold, we heard about this while in Ephrathah; we found the ark in the fields of the woods.
7 Let us go into His tabernacle; let us worship at His footstool.
8 Arise, O Lord, to Your resting place, You and the ark--the symbol of--Your strength.
9 Let Your priests be clothed with righteousness, and let Your saints shout for joy.
10 For Your servant David’s sake, do not turn away from the face of Your Anointed.
11 You swore in truth to David and You will not turn from it: “I will set upon your throne the fruit of your body.
12 If your sons will keep My covenant and My testimony which I shall teach you, your sons also shall sit upon your throne forevermore.”
13 For You chose Zion; You desired it as Your dwelling place:
14 You declared: “This is My resting place forever; here I will dwell, for I have desired it.
15 I will abundantly bless her provision; I will satisfy her poor with bread.
16 I will also clothe her priests with salvation, and her saints shall shout aloud for joy.
17 There I will make the horn of David grow; I will prepare a lamp for My Anointed.
18 His enemies I will clothe with shame, but upon himself his crown shall flourish.”

I Dwell With Your People In Unity
Psalm 133

1 Behold, how good and how pleasant it is for Your people to dwell together in unity!
2 It is like the precious oil upon the head, running down on the beard, the beard of Aaron,

running down on the edge of his garments.
3 It is like the dew of Hermon, descending upon the mountains of Zion; for there, O Lord,
You have commanded the blessing--life forevermore.

I Lift Up My Hands And Bless You
Psalm 134

1 I will bless You, O Lord, as Your servant, standing by night in Your house!
2 I will lift up my hands in the sanctuary, and bless You.
3 O Lord, who made heaven and earth, You will bless me from Zion!

Your Name Endures Forever
Psalm 135

1 I will praise You, O Lord! I will praise Your name; I will praise You, as Your servant!
2 I will stand in Your house, O Lord, in the courts of Your house,
3 I will praise You, O Lord, for You are good; I will sing praises to Your name, for it is
pleasant.
4 Lord, You have chosen me for Yourself as Your special treasure.
5 For I know that You are great, and above all gods.
6 You do whatever You please in heaven and in earth, in the seas and in all deep places.
7 You cause the vapors to ascend from the ends of the earth; You make lightning for the
rain; You bring the wind out of Your treasuries.
8 You destroyed the firstborn of Egypt, both of man and beast.
9 You sent signs and wonders in the midst of Egypt, upon Pharaoh and all his servants.
10 You defeated many nations and slew mighty kings--
11 Sihon king of the Amorites, Og king of Bashan, and all the kingdoms of Canaan--
12 And gave their land as a heritage, a heritage to Your people.
13 Your name, O Lord, endures forever, Your fame, O Lord, throughout all generations.
14 Lord, You will judge me, and have compassion on me, Your servant.
15 The idols of the nations are silver and gold, the work of men's hands.
16 They have mouths, but they do not speak; eyes they have, but they do not see;
17 They have ears, but they do not hear; nor is there any breath in their mouths.
18 Those who make them are like them; so is everyone who trusts in them.
19 I will bless You, O Lord--I will bless, You O Lord!
20 I will bless and fear You!
21 Blessed are You, O Lord, out of Zion, who dwells in Jerusalem! I will praise You, Lord!

Your Mercy Endures Forever
Psalm 136

1 I will give thanks, O Lord, for You are good! For Your mercy endures forever
2 I will give thanks, O God of gods! For Your mercy endures forever.

3 I will give thanks, O Lord of lords! For Your mercy endures forever;
4 I will give thanks to You who alone does great wonders, for Your mercy endures forever;
5 To You who by wisdom made the heavens, for Your mercy endures forever;
6 To You who laid out the earth above the waters, for Your mercy endures forever;
7 To You who made great lights, for Your mercy endures forever--
8 The sun to rule by day, for Your mercy endures forever;
9 The moon and stars to rule by night, for Your mercy endures forever.
10 To You who struck the firstborn of Egypt, for Your mercy endures forever;
11 And brought out Israel from among them, for Your mercy endures forever;
12 With a strong hand, and with an outstretched arm, for Your mercy endures forever;
13 To You who divided the Red Sea in two, for Your mercy endures forever;
14 And made Israel pass through the midst of it, for Your mercy endures forever;
15 You overthrew Pharaoh and his army in the Red Sea, for Your mercy endures forever;
16 To You who led Your people through the wilderness, for Your mercy endures forever;
17 To You who struck down great kings, for Your mercy endures forever;
18 And slew famous kings, for Your mercy endures forever;
19 Sihon king of the Amorites, for Your mercy endures forever;
20 And Og king of Bashan, for Your mercy endures forever;
21 You gave the land as a heritage, for Your mercy endures forever;
22 A heritage to Israel Your servant, for Your mercy endures forever.
23 Who remembered me in my lowly state, for Your mercy endures forever;
24 And rescued me from my enemies, for Your mercy endures forever;
25 Who gives me food, for Your mercy endures forever.
26 I will give thanks to You, O God of heaven! For Your mercy endures forever.

I Will Not Sing In A Foreign Land
Psalm 137

1 By the rivers of my captivity, there I sat down and wept when I remembered Zion—the city
of God.
2 I hung my harp upon the willows in the midst of my trouble.
3 For those who carried me away captive asked of me a song, and those who
plundered me requested mirth, saying, “Sing us one of the songs of Zion!”
4 How shall I sing Your song, O Lord, in a foreign land?
5 If I forget you, O Jerusalem, let my right hand forget its skill!
6 If I do not remember you, let my tongue cling to the roof of my mouth--if I do not exalt
Jerusalem above my chief joy.
7 Remember, O Lord, the Edomites in the day of Jerusalem, who said, “Raze it,
raze it, to its very foundation!”
8 O daughter of Babylon, who is representative of the destroyer, happy is the one who treats
you as you have treated others! This is the law of sowing and reaping.
9 The seeds of your iniquity will be dashed against the Rock—Christ Jesus.

You Will Perfect That Which Concerns Me
Psalm 138

- 1 I will praise You with my whole heart; before the gods I will sing praises to You.
- 2 I will worship toward Your holy temple, and praise Your name for Your loving kindness and Your truth; for You have magnified Your word above Your name.
- 3 In the day when I cried out, You answered me, and made me bold with strength in my soul.
- 4 All the kings of the earth shall praise You, O Lord, when they hear the words of Your mouth.
- 5 Yes, they shall sing of Your ways, O Lord, for great is Your glory.
- 6 Though You are on high, yet You regard my lowly estate; but the proud You only know from afar.
- 7 Though I walk in the midst of trouble, You will revive me; You will stretch out Your hand against the wrath of my enemies, and Your right hand will save me.
- 8 Lord, You will perfect that which concerns me; Your mercy, O Lord, endures forever; do not forsake the works of Your hands.

I Cannot Flee From Your Presence
Psalm 139

- 1 O Lord, You have searched me and known me.
- 2 You know my sitting down and my rising up; You understand my thoughts afar off.
- 3 You comprehend my path and my lying down, and are acquainted with all my ways.
- 4 For there is not a word on my tongue, but behold, O Lord, You know it altogether.
- 5 You have hedged me behind and before, and laid Your hand upon me.
- 6 Such knowledge is too wonderful for me; it is high, I cannot attain it.
- 7 Where can I go from Your Spirit? Or where can I flee from Your presence?
- 8 If I ascend into heaven, You are there; if I make my bed in hell, behold, You are there.
- 9 If I take the wings of the morning, and dwell in the uttermost parts of the sea,
- 10 Even there Your hand shall lead me, and Your right hand shall hold me.
- 11 If I say, "Surely the darkness shall fall on me," even the night shall be light about me;
- 12 Indeed, the darkness shall not hide me from You, but the night shines as the day; the darkness and the light are both alike to You.
- 13 For You formed my inward parts; You covered me in my mother's womb.
- 14 I will praise You, for I am fearfully and wonderfully made; marvelous are Your works, and that my soul knows very well.
- 15 My frame was not hidden from You, when I was made in secret, and skillfully wrought in the lowest parts of the earth.
- 16 Your eyes saw my substance, being yet unformed. And in Your book all my members were written, the days fashioned for me, when as yet I had not been born.
- 17 How precious also are Your thoughts to me, O God! How great is the sum of them!
- 18 If I should count them, they would be more in number than the sand; when I awake, I am

still with You.
19 Oh, that You would slay the wicked, O God! Depart from me, therefore, you bloodthirsty men.
20 For they speak against You wickedly; Your enemies take Your name in vain.
21 Do they not hate me, O Lord, who hate You? And do I not hate those who rise up against You?
22 They hate me with perfect hatred; I count them my enemies.
23 Search me, O God, and know my heart; try me, and know my thoughts;
24 And see if there is any wicked way in me, and lead me in the way everlasting.

You Cover My Head In The Day Of Battle
Psalm 140

1 Deliver me, O Lord, from evil men; preserve me from violent men,
2 Who plan evil things in their hearts; they continually gather together for war.
3 They sharpen their tongues like a serpent; the poison of asps is under their lips. Selah.
(I will pause and meditate on this.)
4 Keep me, O Lord, from the hands of the wicked; preserve me from violent men, who have purposed to make my steps stumble.
5 The proud have hidden a snare and cords for me; they have spread a net by the wayside; they have set traps for me. Selah. (I will pause and meditate on this.)
6 Lord, "You are my God; hear the voice of my supplications .
7 Oh God, You are the strength of my salvation, You have covered my head in the day of battle.
8 O Lord, do not grant the desires of the wicked; do not further their wicked schemes, lest they be exalted. Selah. (I will pause and meditate on this.)
9 As for the head of those who surround me, let the evil of their lips cover them;
10 Let burning coals fall upon them; let them be cast into the fire, into deep pits, that they rise not up again.
11 Let not a slanderer be established in the earth; let evil hunt the violent man to overthrow him.
12 I know that You will maintain my cause when I am afflicted, and execute justice in my behalf.
13 Surely I shall give thanks to Your name and dwell in Your presence.

You Will Not Leave My Soul Destitute
Psalm 141

1 Lord, I cry out to You; make haste to me! Give ear to my voice when I cry out to You.
2 Let my prayer be set before You as incense, the lifting up of my hands as the evening sacrifice.
3 Set a guard, O Lord, over my mouth; keep watch over the door of my lips.
4 I will not incline my heart to any evil thing, to practice wicked works with men who work

- iniquity; and I will not eat of their delicacies.
- 5 Let the righteous correct me; it shall be a kindness. Let him rebuke me; it shall be as excellent oil; I will not refuse it. For still, my prayer is against the deeds of the wicked.
- 6 When evil rulers are overthrown, their followers shall hear my words, that they are sweet.
- 7 The unburied bones of slaughtered rulers shall lie disregarded as lumps of soil behind the plowman when he breaks open the ground.
- 8 But my eyes are upon You, O God; in You I take refuge; do not leave my soul destitute.
- 9 Keep me from the snares they have laid for me, and from the traps of the workers of iniquity.
- 10 Let the wicked fall into their own nets, while I escape safely.

You Know My Path
Psalm 142

- 1 I cry out to You, O Lord, with my voice; with my voice I make my supplication.
- 2 I pour out my complaint before You; I declare my trouble before You.
- 3 When my spirit was overwhelmed within me, then You knew my path. In the way in which I walk they have secretly set a snare for me.
- 4 Look on my right hand and see, for there is no one who acknowledges me; refuge has failed me; no one cares for my soul.
- 5 I cried out to You, O Lord: I said, "You are my refuge, my portion in the land of the living."
- 6 Attend to my cry, for I am brought very low; deliver me from my persecutors, for they are stronger than I.
- 7 Bring my soul out of prison, that I may praise Your name; the righteous shall surround me, for You shall deal bountifully with me.

You Will Revive Me
Psalm 143

- 1 Hear my prayer, O Lord, give ear to my supplications! In Your faithfulness and righteousness, answer me.
- 2 Do not judge me, for in Your sight no one living is righteous.
- 3 For the enemy has persecuted my soul; he has crushed my life to the ground; he has made me dwell in darkness, like those who have long been dead.
- 4 Therefore my spirit is overwhelmed within me; my heart is distressed within me.
- 5 I remember the days of old; I meditate on all Your works; I muse on the work of Your hands.
- 6 I spread out my hands to You; my soul longs for You like a thirsty land. Selah. (I will pause and meditate on this.)
- 7 Answer me speedily, O Lord; my spirit fails! Do not hide Your face from me, lest I be like those who go down into the pit.

8 Cause me to hear Your lovingkindness in the morning, for in You do I trust; cause me to know the way in which I should walk, for I lift up my soul to You.
9 Deliver me, O Lord, from my enemies; in You I take shelter.
10 Teach me to do Your will, for You are my God; Your Spirit is good. Lead me in the land of uprightness.
11 Revive me, O Lord, for Your name's sake! For Your righteousness' sake bring my soul out of trouble.
12 In Your mercy cut off my enemies, and destroy all those who afflict my soul; for I am Your servant.

You Train My Hands For Battle
Psalm 144

1 Blessed are You, O Lord my Rock, who trains my hands for war, and my fingers for battle--
2 You are my loving kindness and my fortress, my high tower and my deliverer, my shield and the One in whom I take refuge, who subdues nations under me.
3 Lord, what is man, that You take knowledge of him? Or the son of man, that You are mindful of him?
4 Man is like a breath; his days are like a passing shadow.
5 Bow down Your heavens, O Lord, and come down; touch the mountains, and they shall smoke.
6 Flash forth lightning; shoot out Your arrows.
7 Stretch out Your hand from above; rescue me and deliver me out of great waters, from the hand of hostile aliens.
8 Whose mouth speaks vain words, and whose right hand is a right hand of falsehood.
9 I will sing a new song to You, O God; on a harp of ten strings I will sing praises to You,
10 You are the One who gives salvation, who delivers me, Your servant, from the deadly sword.
11 Rescue me and deliver me from the hand of hostile aliens, whose mouths speaks lying words, and whose right hands are hands of falsehood--
12 Make my sons as plants grown up in my youth; Make my daughters as pillars, sculptured in palace style;
13 Let my barns be full, supplying all kinds of produce; Let my sheep bring forth thousands and ten thousands in my fields;
14 Let my oxen be well-laden; Let there be no breaking in or going out; that there be no outcry in the streets of my city.
15 I am happy in such a state; I am happy because You, O God, are my Lord!

You Uphold Me When I Fall
Psalm 145

1 I will extol You, my God, O King; and I will bless Your name forever and ever.

2 Every day I will bless You, and I will praise Your name forever and ever.
3 You are great, O Lord, and greatly to be praised; Your greatness is unsearchable.
4 One generation shall praise Your works to another, and shall declare Your mighty acts.
5 I will meditate on the glorious splendor of Your majesty, and on Your wondrous works.
6 Men shall speak of the might of Your awesome acts, and I will declare Your greatness.
7 I shall utter the memory of Your great goodness, and shall sing of Your righteousness.
8 Lord, You are gracious and full of compassion, slow to anger and great in mercy.
9 You are good to all, and Your tender mercies are over all Your works.
10 All Your works shall praise You, O Lord, and Your saints shall bless You.
11 I shall speak of the glory of Your kingdom, and talk of Your power,
12 I will make known to the sons of men Your mighty acts, and the glorious majesty of Your kingdom.
13 Your kingdom is an everlasting kingdom, and Your dominion endures throughout all generations.
14 Lord, You uphold me when I fall, and raise me up when I am bowed down.
15 The eyes of all look expectantly to You, and You give them food in due season.
16 You open Your hand and satisfy me.
17 Lord, You are righteous in all Your ways, gracious in all Your works.
18 Lord, You are near because I call upon You in truth.
19 You will fulfill my desires because I fear You; You also will hear my cry and save me.
20 Lord, You preserve me because I love You, but all the wicked You will destroy.
21 My mouth shall speak Your praise, O Lord, and bless Your holy name forever and ever.

I Am Happy Because I Have You
Psalm 146

1 Praise the Lord! Praise the Lord, O my soul!
2 While I live I will praise You, Lord; I will sing praises to You, my God, while I have my being.
3 I will not put my trust in princes, nor in a son of man, in whom there is no help.
4 His spirit departs, he returns to the earth; in that very day his plans perish.
5 I am happy because I have You for my help, O God of Jacob, because my hope is in You, my God,
6 Who made heaven and earth, the sea, and all that is therein; who keeps truth forever,
7 Who executes justice for the oppressed, who gives food to the hungry. Lord, You give freedom to the prisoners.
8 You open the eyes of the blind; You raise those who are bowed down; You love the righteous.
9 You watch over strangers; You relieve the fatherless and widow; but the way of the wicked You turn upside down.
10 Lord, You shall reign forever--My God, I will praise You to all generations!

You Heal My Broken Heart
Psalm 147

1 I will praise You, Lord! For it is good to sing praises to You; for it is pleasant, and praise is beautiful.

2 Lord, You build up Jerusalem; You gather together the outcasts of Israel.

3 You heal their broken hearts and bind up their wounds.

4 You count the number of the stars; You call them all by name.

5 Great are You, Lord, and mighty in power; Your understanding is infinite.

6 Lord, You lift me up and cast down the wicked.

7 I will sing to You with thanksgiving; I will sing praises on the harp to You,

8 You cover the heavens with clouds, You prepare rain for the earth, You make grass to grow on the mountains.

9 You give food to the beast and to the young ravens that cry.

10 You do not delight in the strength of the horse; You take no pleasure in the strength of a man.

11 Lord, You take pleasure in those who fear You, in those who hope in Your mercy.

12 I will praise You, O Lord, I will praise You, my God!

13 For You have strengthened the bars of my gates and You have blessed my children within.

14 You make peace in my borders, and fill me with the finest wheat.

15 You send out Your command to the earth; Your word runs very swiftly.

16 You give snow like wool; You scatter the frost like ashes;

17 You cast out Your hail like morsels; who can stand before Your cold?

18 You send out Your word and melt the ice and snow; You cause Your wind to blow, and the waters flow.

19 You declare Your word, Your statutes, and Your judgments to me.

20 You have not dealt thus with those who do not know You. As for Your judgments, the heathen have not known them. But I will praise You, O Lord!

You Have Established Me Forever
Psalm 148

1 I will praise You, O Lord! I will praise You from the heavens; I will praise You in the heights!

2 Praise Him, all His angels; praise Him, all His hosts!

3 Praise Him, sun and moon; praise Him, all you stars of light!

4 Praise Him, you heavens of heavens, and you waters above the heavens!

5 I will praise Your name, O Lord, for You commanded and I was created.

6 You also established me forever and ever; You made a decree which shall not pass away.

7 Praise the Lord from the earth, you great sea creatures and all the depths;

8 Fire and hail, snow and clouds; stormy wind, fulfilling His word;

9 Mountains and hills; fruitful trees and cedars;

- 10 Beasts and all cattle; creeping things and flying fowl;
11 Kings of the earth and all peoples; princes and all judges of the earth;
12 Both young men and maidens; old men and children.
13 I will praise Your name, Lord, for Your name alone is exalted; Your glory is above the earth and heaven.
14 You have exalted the horn of Your people, the praise of all Your saints--of the children of Israel, a people dear to You. I will praise You, O Lord!

You Beautify Me With Salvation
Psalm 149

- 1 I will praise You, O Lord! I will sing to You a new song, and Your praise in the assembly of saints.
2 I will rejoice in You, my Maker; I will be joyful in You, my King.
3 I will praise Your name with the dance; I will sing praises to You with the timbrel and harp.
4 For You take pleasure in me and beautify me with salvation.
5 I will be joyful in glory and sing aloud on my bed.
6 Your high praises will be in my mouth, and a two-edged sword in my hand,
7 To spiritually execute vengeance on the nations, and punishment on the peoples;
8 To spiritually bind their kings with chains, and their nobles with fetters of iron;
9 To pronounce on them Your written judgment--this honor have all Your saints. I will praise the Lord!

I Will Praise You Lord!
Psalm 150

- 1 I will praise You, O Lord! I will praise You in Your sanctuary; I will praise You in Your mighty firmament!
2 I will praise You for Your mighty acts; I will praise You according to Your excellent greatness!
3 I will praise You with the sound of the trumpet; I will praise You with the lute and harp!
4 I will praise You with the timbrel and dance; I will praise You with stringed instruments and flutes!
5 I will praise You with loud cymbals; I will praise You with clashing cymbals!
6 As long as I have breath, I will praise You, Lord!